

north coast

thursday oct. 2, 2014 vol XXV issue 40 • humboldt county, calif. FREE

the journal

OF POLITICS ART

Fear vs. Hope

Debating the merits of Measure P,
a ban on growing GMOs
in Humboldt County

By Heidi Walters

northcoastjournal.com

6 Coming up short on campaign finance 8 Bike bullies 11 Hail Mary J 21 Art dives into the bay 36 The hottest apple products

iPhone 6. A phone this epic deserves the best plan ever.

Get 4 lines and 10GB of data for just \$140 a month. We'll even pay off your old contract.



iPhone 6



Things we want you to know: New Retail Installment Contracts and Shared Connect Plan required. Credit approval required. Regulatory Cost Recovery Fee applies (currently \$1.82/line/month); this is not a tax or gwm, required charge. Add. fees, taxes and terms apply and vary by svc. and eqmt. Offers valid in-store at participating locations only, may be fulfilled through direct fulfillment and cannot be combined. See store or uscellular.com for details. **\$140 Price Plan** based on \$100/mo. 10GB Shared Connect Plan plus 4 lines with discounted \$10 Device Connection Charges for each. Retail Installment Contract required to receive discounts, otherwise regular Device Connection Charges apply. **Contract Payoff Promo:** Offer valid on up to 6 consumer lines or 25 business lines. Must port in current number to U.S. Cellular and purchase new Smartphone or tablet through a Retail Installment Contract on a Shared Connect Plan. Submit final bill identifying early-termination fee (ETF) charged by carrier within 60 days of activation date to www.uscellular.com/contractpayoff or via mail to U.S. Cellular Contract Payoff Program 5591-61, PO Box 752257, El Paso, TX 88575-2257. Customer will be reimbursed for the ETF reflected on final bill up to \$350/line. Reimbursement in the form of a U.S. Cellular MasterCard® Debit Card issued by MetaBank™ Member FDIC pursuant to license from MasterCard International Incorporated. This card does not have cash access and can be used at any merchant location that accepts MasterCard Debit Cards within the U.S. only. Card valid through expiration date shown on front of card. Allow 12-14 weeks for processing. To be eligible, customer must register for My Account. **Retail Installment Contracts:** Retail Installment Contract (Contract) and monthly payments according to the Payment Schedule in the Contract required. If you are in default or terminate your Contract, we may require you to immediately pay the entire unpaid Amount Financed as well as our collection costs, attorneys' fees and court costs related to enforcing your obligations under the Contract. **Kansas Customers:** In areas in which U.S. Cellular receives support from the Federal Universal Service Fund, all reasonable requests for service must be met. Unresolved questions concerning services availability can be directed to the Kansas Corporation Commission Office of Public Affairs and Consumer Protection at 1-800-662-0027. Limited-time offer. Trademarks and trade names are the property of their respective owners. Additional terms apply. See store or uscellular.com for details. ©2014 U.S. Cellular

table of CONTENTS

- 4 Mailbox**
- 4 Poem**
ONE OF THEM
- 6 Views**
A FALSE SENSE OF REFORM
- 8 Buhne Tribune**
WHEN BICYCLES ARE OUTLAWED
- 9 Blog Jammin'**
- 11 Week in Weed**
'A PLATFORM FOR A CAUSE'
- 12 On The Cover**
RISK VERSUS HOPE
- 18 Down and Dirty**
OCTOBER GARDENING TO-DO LIST
- 19 Home & Garden**
SERVICE DIRECTORY
- 21 Art Beat**
A BAY IN THE LIFE OF HUMBOLDT
- 22 Arts Alive!**
SATURDAY, OCT. 4, 6-9 P.M.

- 24 Trinidad Art Night**
FRIDAY, OCT. 3, 6-9 P.M.
- 24 Fortuna's Art Night**
FRIDAY, OCT. 3, 5-8 P.M.
- 26 Table Talk**
HUM PLATE ROUNDUP
- Gray Matters**
SPECIAL INSERT
- 31 The Setlist**
WORLDLY MATTERS
- 32 Music & More!**
LIVE ENTERTAINMENT
- 36 Calendar**
- 42 Filmland**
ALL BOXED UP
- 43 Workshops**
- 48 Sudoku**
- 48 Crossword**
- 48 Marketplace**
- 52 Automotive**
- 54 Body, Mind & Spirit**
- 54 Real Estate This Week**



Happy Humboldt
Up to
30% OFF
All Harvest Gear!
'til end of October

Stop in for all Your Trimming Needs!

NHS
NORTH COAST HORTICULTURE SUPPLY

Have Fun in the Garden!
NHS-Hydroponics.com

FORTUNA 357 Main St. 707.725.5550
EUREKA 60 W 4th St. 707.444.9999
ARCATA 639 6th St. 707.826.9998
McKINLEYVILLE 1580 Nursery Way 707.839.9998

yesonp2014.org

YES ON P

Support Family Farmers!

Fairness | Prosperity | Protection

Ad paid for by these local businesses.



A Clarification

Editor:

In my letter to the editor ("Hey Big Spender," Sept. 18) I mistakenly gave figures from the county assessor's department saying they were Auditor/Controller's office. My bad.

For clarity, a further change would be the word "budget" and substitute the word "revenues." In other words, the assessor department was proposing spending \$1,780,425 over its revenues and will use the general fund to cover the difference; the board of supervisors was proposing spending \$1,124,072 over its revenues and will use the general fund to cover their expenditures. DHHS was proposing spending \$4,268,672 more than they brought in with again the general fund making up the difference.

In my family the budget is our revenue. That was the mistake I made. For instance, I make \$1,000 and that is my budget and my revenues. I cannot spend over this amount but not so in government.

I apologize for this mistake in verbiage to the NCJ, and to Mr. Mellett but stand by the numbers. These numbers are what our county departments spent (expenditures) over the amount they bring in (revenues) in the years mentioned. The numbers are straight from www.humboldt.gov.org/247/Budget. Look it up.

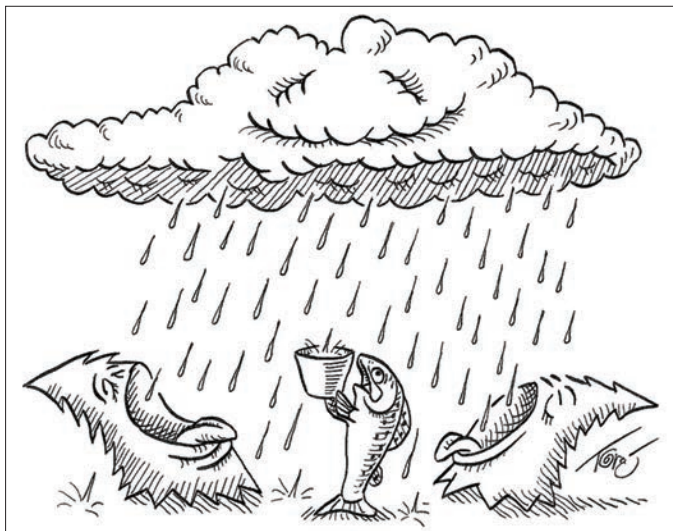
Oh by the way, the auditor/controller was proposing spending \$1,004,931 more than they brought in. This will also come from the general fund.

Rick Brennan, Eureka

The College Try

Editor:

Both the *Journal* and *Times-Standard* have recently run stories regarding the



CARTOON BY TERRY TORGERSON

retirement of the president of College of the Redwoods ("CR Prez to Retire," Sept. 18). Mentioned in the *Times* article was the fact that the current incumbent is the 6th president in the school's 50 year history. Not mentioned, however, is the following:

The current president is the fourth one in the last 12 years not including various interim presidents who stepped in temporarily;

The grotesque amount of money that has been shelled out on a salary for just one position that's been occupied by only two individuals in the last six years;

The disgusting waste of money spent on filling this position over the years because the school seems to think it's necessary to use a third party outside source and they don't come cheap. Gee, what's the matter with using the College's HR department? Are the employee's in this office not up to the task of finding a replacement?

The need to pay a special trustee a monthly five-figure salary for a week's worth of work? Two years on, is this still continuing?

Although the school is now out of the accreditation mess it has been in since 1999, financially it's not the same picture. Total enrollment teeters around 4,000 students currently, however the

amount of money that has been spent for salaries, health benefits, housing allowances and other stipends to secure someone in the position of president for this college borders on the ludicrous. As such, given the current picture and overall health of the economy now and for

the rest of this decade, is it absolutely necessary to pay more than \$200,000 dollars a year or more for one position at this institution? What exactly is the taxpayer of Humboldt County getting for this kind of money that has been spent over the last ten years?

T Kirschbaum, Fields Landing

Mike's Right

Editor:

As a Cloverdale city council member, I have had the pleasure of working with Mike Newman on several occasions over the last four years. We currently serve together on the League of California Cities, Redwood Empire Division, Legislative Committee. I have always found Mike to be a hardworking and dedicated person who truly cares about his constituents. He never hesitates to roll up his sleeve to get the job done. His leadership, integrity and his strong desire to maintain a good "quality of life" for residents shows. I strongly encourage city of Eureka residents to cast their vote to re-elect current councilmember Mike Newman for city council on Nov. 4. Thank you!

Joe Palla, Cloverdale

Comment of the Week

"Thank god!"

— G. Gilbert Yule, commenting on Eureka's decision to settle a lawsuit and stop hosting prayer breakfasts.

Write an Election Letter

The *Journal* will be publishing letters related to the local elections through Oct. 30, meaning you have until Monday, Oct. 27 at noon to get your opinion on GMOs, fair wages, city council candidates and other races affecting the North Coast in print. Election letters must be no longer than 150 words — and we will only run one per writer per week. We'll fit as many as we can into the print edition and run others online. Get writin'. (Letters on the *Journal's* non-election coverage are, as always, welcome and encouraged.) ●

One of Them

To be one of the trees,
Mistaken for one of them.
Unnoticed in their midst,
They include me without thinking.
I grow tall,
Stretch down into the earth
Where my roots hold hands with theirs.
I'm just as still.
And silent.
Unless, caressing the wind,
We sigh and sway.

— Margaret Emerson

HONEST ENGINE SINCE 1976

AUTO REPAIR & PARTS

We service foreign & American cars & trucks.

Scheduled Service • Timing Belts • Clutches • Cooling Systems
Brakes • Engines • Check Engine Light, Diagnostics and More...

EXPERIENCE IS THE DIFFERENCE.
KEEPING HUMBOLDT ROLLING FOR 38 YEARS.

443-9329 • 852 W. WABASH, EUREKA

Allan Dollison Attorney at Law

Former Senior Deputy District Attorney
Lieutenant Colonel in the US Army Reserves
Proven Results Based Upon Experience



(707) 296-9050

937 6th St. • Eureka, CA 95501
(in the Davis and Poovey Building)
humboldtcriminalattorney.com

FREE CASE EVALUATION

- All Serious Crimes
- Domestic Violence
- Drug Prosecutions
- Expungements
- DUI/DMV Cases
- Family Law
- Personal Injury

HUMBOLDT BUY LOCAL

We ship wine & beer

POSTHASTE
SHIPPING • MAILBOXES • NOTARY

600 F St • Arcata • M-F 8:30-6 • Sat 9-5
825-8295 www.posthastemail.com

FedEx **UNITED STATES POSTAL SERVICE** **FedEx**
Authorized ShipCenter Approved Shipper Ground

Fall flower bulbs!

Mad River Gardens
Arcata, CA
OPEN 7 DAYS A WEEK
9am - 5pm
(707) 822-7049
3384 Janes Rd • Arcata

Garlic & Onion Sets Have Arrived!

CRYSTAL SPRINGS
Local Family Owned

Crystal Springs Bottled Water

Artesian Water Bottled On Site
Delivered to Home or Office

Affordable
Free Delivery
3 & 5 Gallon Bottles
Wide Selection of
Dispensers & Cups

707-443-7171
CrystalSpringsHumboldt.com

MasterCard VISA American Express PayPal

OCTOBER 3RD – OCTOBER 11TH



www.VicoDesigns.com
Logos-Websites-Art



Humbrews.com



SixRiversBrewery.com



www.EelRiverBrewing.com



DelRekaDistributing.com



TimesPrinting.com



MadRiverBrewing.com



LostCoast.com



www.BoujieBakingco.com

VISIT OUR WEBSITE FOR
FULL DETAILS
HUMBOLDTBEERWEEK.COM



WWW.LOSTCOASTPRINTING.COM
FINE ART • BUSINESS • FAMILY



Friday Oct. 3rd

6:30pm - Beer & Buffet Food
Pairing at Humbrews - Featuring all
local breweries!

Saturday Oct. 4th

11:30am - 25th Anniversary Party & Release of our 25th Anniversary Old Ale. Better
than Beer Art Show - Silent Auction & Customer Favorite Award
2pm - Humboldt Collaboration Release. Pre Release for Mug Club Members at 2 pm
and to the public at 4pm. at Six Rivers Brewery

Sunday Oct. 5th

9am - 16th Annual Brewers Cup Disc Golf Tournament Pump Station 4, Arcata
11am - Hoppy Hour all day! Sunday Night Football at Mad River Brewery
2pm - Featured Brewery: Humboldt Regeneration: Local Grain Day - Promoting local
agriculture and small scale grain growing and processing.
4pm - Beer Trivia Featuring Co-Owner Talia Nachshon as Special Guest Host at Six
Rivers Brewery

Monday Oct. 6th

12pm - **Lost Coast Shark Attack** - Lost Coast Brewery presents Shark Attack at Angelo's Pizza
all week long featuring Great White and Sharkinator.
12pm - **Pints for Non Profits at Six Rivers Brewery** - \$1 from every pint sold will be do-
nated to Friends for Life Emergency Medical Fund
4pm - **Beer & Dessert Pairing at The Local**
4pm - **Collaboration Release at Humbrews** - Celebrate Humboldt Beer Week with a col-
laborative keg brewed by all of the Humboldt County Head Brewers.
5pm - **Monday Night Football with Football beer bingo at Mad River Tap Room**
7pm - **Featured Brewery: Lost Coast Brewery - Tapas & Beer Pairing**

Tuesday Oct. 7th

12pm - **Mad River, 6Rivers Tasting at Wildberries.**
12pm - **Father son collaboration, Darius & Carlos brewed a fresh Chili IPA released**
3pm - **Redwood Curtain - Dry Hop Wednesday!**
4pm - **Barrel Aged Mess at The Local**
7pm - **Featured Brewery: Eel River Brewing Company - ERB-ingo**

Wednesday Oct. 8th

11:30am - **Wet Hop Medusa IPA Release Six Rivers Brewery**
2pm - **Featured Brewery: Redwood Curtain Brewing Company Special Release Party!**
4pm - **Sour Tap Takeover at The Local**
7pm - **Dog Days at the Mad River Tap Room - Have a Beer with your Best Furry Friend!**
Special Beer Braised hot dog menu and live music by Dog Bone

Thursday Oct. 9th

4pm - **Boujie Baking, Cypress Grove & Beer Pairing at Mad River Tap Room**
4pm - **Tap Takeover at The Local**
6pm - **Featured Brewery: Six Rivers Brewery Kill A Keg. Help us kill a special release keg as
fast as we can (fastest time- 22 minutes) served in a logo pint glass for \$3.**
8pm - **Beer Pong Tournament at Humbrews**

Friday Oct. 10th

4pm - **IPA Tap Takeover at The Local**
5pm - **Beer Float Night, pair any of our beers with your choice of house made ice
cream. at Six Rivers Brewery**

Saturday Oct. 11th

11am - **Beer Week Wind Down \$5 Chili Pepper Ale Bloody Mary's! (House Bloodies
with a splash of Chili Pepper Ale) & \$5 Lamosas at Six Rivers Brewery**
11am - **Hoptoberfest at Perigot Park**
4pm - **Hoptoberfest After Party Mad River Tap Room w/ music by Ultra Secret Good Guy**

Oct. 2, 2014
Volume XXV No. 40

North Coast Journal Inc.
www.northcoastjournal.com

ISSN 1099-7571 © Copyright 2014



The North Coast Journal is a weekly newspaper serving Humboldt County. Circulation: 21,000 copies distributed FREE at more than 350 locations. Mail subscriptions: \$39 / 52 issues. Single back issues mailed / \$2.50. Entire contents of the North Coast Journal are copyrighted. No article may be reprinted without publisher's written permission. Printed on recycled paper with soy-based ink.

publisher Judy Hodgson
judy@northcoastjournal.com

news editor Thadeus Greenson
thad@northcoastjournal.com

arts & features editor Jennifer Fumiko Cahill
jennifer@northcoastjournal.com

assistant editor/staff writer Grant Scott-Goforth
grant@northcoastjournal.com

staff writer Heidi Walters
heidi@northcoastjournal.com

calendar editor Dev Richards
calendar@northcoastjournal.com

contributing writers
John J. Bennett, Simona Carini, Barry Evans,
William S. Kowinski, Jennifer Savage,
Ken Weiderman, Jessica McGuinty,
Genevieve Schmidt

art director/production manager Holly Harvey
holly@northcoastjournal.com

graphic design/production
Amy Barnes, Miles Eggleston,
Carolyn Fernandez, Christian Pennington,
Jonathan Webster

general manager Chuck Leishman
chuck@northcoastjournal.com

advertising manager Melissa Sanderson
melissa@northcoastjournal.com

advertising
Mike Herring mike@northcoastjournal.com
Shane Mizer shane@northcoastjournal.com
Tad Sarvinski tad@northcoastjournal.com

marketing & promotions manager Drew Hyland

office manager/bookkeeper Carmen England
receptionist/classified assistant Michelle Wolff

MAIL/OFFICE:

310 F St., Eureka, CA 95501

PHONE: 707 442-1400

FAX: 707 442-1401

ncjournal@northcoastjournal.com

press releases
newsroom@northcoastjournal.com

letters to the editor
letters@northcoastjournal.com

events/a&e
calendar@northcoastjournal.com

music
thesetlist@northcoastjournal.com

production
ncjournal@northcoastjournal.com

classified/workshops
classified@northcoastjournal.com

on the cover:

John Vevoda, photo by Heidi Walters

VIEWS

A False Sense of Reform

Why the proposed campaign finance reform ordinance falls short

As a scholar of voting rights and constitutional law, I'm opposed to the Humboldt County Board of Supervisors' proposed campaign finance reform ordinance that would restrict individual campaign donations to \$1,500 for county offices. I generally support campaign finance reforms because most contemporary campaign funding undermines the very purpose of elections. However, these reforms must be carefully crafted to be effective. No one casts a ballot for the joy of checking a box; one checks a box because it means something. Elections can be a critical part of the democratic process, but only when they lead to meaningful participation and when that participation, in turn, dictates policy.

Campaign contribution limits can be one way of improving the electoral process, but the supervisors' proposed limit is too high to dramatically change the way county campaigns are funded and would only serve to undermine future attempts at reform.

While elections can be a critical part of the democratic process, elections can also be structured to make casting a ballot futile. Districts can be designed to limit the power of minority groups (called gerrymandering) and certain registration requirements can preclude select groups from voting. The way campaigns are funded can also exclude people from participation. Lawrence Lessig, a leading proponent of campaign finance reform, wrote in *Atlantic Monthly* that only 0.26 percent of Americans give more than \$200 to a congressional campaign. This means that most do not participate in one of the first steps of the election process — often called the “money primary.” The way campaigns are funded can mean elections fail to connect most people to their government.

One way to address this problem is through campaign finance reforms. For example, some states like Maine have instituted public funding of elections. Maine now has a legislature more representative of its population than most. Candidates for office in Maine are freed

from spending time devising fundraising events, and they have an equal incentive to talk to all voters, regardless of a voter's ability to fund their campaign. At the local level, limits to campaign donations are the most common campaign reform; although Albuquerque, New Mexico, currently has publicly funded elections and Portland, Oregon, did until 2010.

Historically there were bans on corporations from donating to campaigns, as well as limits on total campaign expenditures. But in recent years the U.S. Supreme Court has been hostile to most types of campaign finance restrictions. However, candidate contribution limits are still allowed for fear of “quid pro quo corruption,” loosely translated to “this for that.” The idea is that *this campaign contribution* can translate into *that political favor*. When a fear of quid pro quo doesn't exist, the modern Supreme Court has typically ruled against limits on campaign contributions.

Unless the board of supervisors follows Albuquerque's lead with a public funding system (my first choice) it is left with contribution limits to candidates. For those living in Arcata and Eureka, this type of campaign funding system is familiar. Arcata has limited contributions since 1992, currently set at \$190. Eureka caps donations at \$500.

If the way campaigns are funded infringes on the basic principle of elections, then the funding process is as problematic as gerrymandering or restrictive registration requirements. There are immense benefits to low contribution limits. For one, it holds down the cost of elections. Arcata City Council candidates rarely spend more than \$10,000 to reach voters; the cost of entry for potential candidates is widely accessible. A low limit also allows a higher portion of the population to donate the maximum and, in the end, a candidate is no more beholden to a wealthy person donating \$190 than to a poor person donating \$190. Ultimately, a low limit requires candidates to fundraise from more people, thus involving more people in the money primary.

This is not to say that all is rosy with

contribution limits. Because a candidate cannot accept one \$50,000 check (the approximate amount needed for a serious supervisors' campaign in Humboldt County) candidates must spend more time fundraising. While we may not like the idea of candidates spending time fundraising, if the fundraising consists of gathering multiple small donations, then fundraising and connecting with voters overlap. A more pressing concern is that limits on campaign contributions can impair non-wealthy candidates. A candidate of sufficient means can simply self-fund their campaign. (Limits on candidates spending their own money have been interpreted as unconstitutional because there is no risk of quid pro quo corruption). A supervisor candidate who can write a \$50,000 check need not spend time fundraising, while the candidate that cannot needs to invest significant time gathering small contributions. Although it warrants mentioning that, historically, most self-funded candidates lose.

When we remember the point of elections — to involve the public in the governing process — then the benefits of contribution limits outweigh the negatives. Since the type of campaign reform the county can adopt without challenging Supreme Court precedent is limited, the main debates are publicly funded elections or the monetary level for a contribution cap. If the county goes with a contribution limit, the amount has to be lower than the \$1,500 proposed.

The donation limit for Congress is \$2,600; their districts include 700,000 people. Supervisor districts with approximately 30,000 people — and the D.A., sheriff, and coroner offices with 150,000 people — can get by with substantially lower limits. Much of the expense of a campaign in Humboldt County is campaign staff, production and distribution of literature, and buying advertisements. The more people in your district, the more literature to mail; the more people in your district, the more expensive the campaign. The other variable for campaign expense is the rate of advertising in your media market. The Humboldt County media

WITH UP TO 95% FINANCING*...

Make Your Dream Home a Reality

UP TO 95% FINANCING AVAILABLE.* NOW WAIVING ALL LOAN DOCUMENT & PROCESSING FEES. A \$700 VALUE!

Great for first-time homebuyers • As little as 5% Down Payment • Gift funds allowed
Up to 90% financing for 2nd home purchase • Lower your rate on your existing mortgage
Up to 85% financing available for cash out



**Must be primary residence. Requires purchase of private mortgage insurance. Subject to credit approval.*

445-8801



EQUAL HOUSING LENDER

NMLS #808545



Belonging Never Felt Better™
Coast Central
Credit Union 

www.coastccu.org

market is one of the most affordable in the state. The Sonoma County ordinance limits donations to \$2,500 but their population is close to 500,000 people (lots of mailers) and Sonoma County is part of San Francisco's media market, one of the most expensive in the country. (Kern County, with a media market more similar to Humboldt County's, caps donations at \$500.) Campaigns are comparatively inexpensive in Humboldt County; if we want to get significant numbers of people involved in funding them, the contribution limits cannot approach Sonoma County's.

A contribution limit that's too high is nothing more than a false sense of campaign finance reform and is worse than no limit at all. Any limit — even one that is too high — will likely stop further reforms. In the future, if the previous cap failed to improve the electoral process, people will assume that contribution limits in general failed. Reform is important, but how that reform is done is even more important. The county needs to hear from the public regarding publicly funded elections and/or the appropriate contribution limit. Ultimately, the most important limits on public officials (who will again become candidates) shouldn't be donation limits, but the concerns of their constituents.

— **Ryan Emenaker**

newsroom@northcoastjournal.com

Ryan Emenaker is a professor of political science at College of the Redwoods. His research focuses on U.S. politics, constitutional law and American political development. He was also recently named CR's 'Best Professor' by North Coast Journal readers.

Have something you want to get off your chest? Think you can help guide and inform public discourse? Then the North Coast Journal wants to hear from you. Contact us at editor@northcoastjournal.com to pitch your column ideas.

YOU'RE GONNA NEED THESE

press releases: newsroom@northcoastjournal.com **letters to the editor:** letters@northcoastjournal.com **events/a&e:** calendar@northcoastjournal.com **music:** music@northcoastjournal.com **sales:** display@northcoastjournal.com **classified/workshops:** classified@northcoastjournal.com

When Bicycles are Outlawed ...

By Ryan Hurley

When it comes to clinging to the past, there is perhaps no better illustration of the divide than the looming closure of Eureka's post office sorting facility. Here is an institution that loses \$64 quadrillion per quarter (approximately), whose junk-mail delivery trucks dispense ads for pizza and credit cards and don't even bring us **Netflix** anymore.

Thought exercise: When was the last time your mail carrier delivered a letter-sized envelope that you actually wanted to open?

Imagine a post-**USPS** world with email and stuff delivered to your home that you actually want (read: stuff you ordered off **Amazon** and **eBay**).

Are you honestly mourning the "loss" of a bankrupt, black hole of federal waste? Because I'll be celebrating, Irish wake-style.

Chief Ugg Boots

Hiring a public official is a little bit like a Kardashian marriage: Until you actually get into bed with him or her, all you really know about this person is what you've read on the Internet.

This is especially true up here, behind the Redwood Curtain. Ever notice how far local agencies go to out-brag each other over their "national recruiting efforts?" As though our own hip, weird university town can't produce a single qualified candidate capable of enforcing our laws?

Such was the case with the 2013 hiring of **Eureka Police Chief Andrew Mills**, wooed northward from the laid-back climes of San Diego. Despite protestations from many quarters that Eureka's finest could ably promote a chief from within its own ranks, the city council opted for reality show-like, Bacheloresque nuptials.

So we civilians got to know Chief Mills the only way we could — **TMZ**-style — through a series of interviews published in the *Times-Standard*.

What we learned — to our considerable amusement — was that Mills is the kind of guy who likes to say "dude" a lot, along with such SoCal hipster slang as "frickin'" and "hey, man."

At that, everyone put on their Ugg boots, fist-bumped, sang 'Kumbaya' and handed over the squad car keys to our new head cop, **Chief Jeff Spicoli**.

It was epic, man!

Now here we are a year hence — the honeymoon is over — and Chief Spicoli's reign of terror is, like, starting to cause some way-bad vibes, bro.

If we'd had a chance to pitch just one question to him back in 2013, it would've been this: "Like, bro: Are you a nanny-state, big-government liberal?"

Unfortunately, we were never given the opportunity. But we now have our answer, courtesy of Big Jeff's announced crack-downs on those perennial scourges meth-and-weed bicycles and shopping carts: "Big government? Like, totally dude!"

"Like, get your bicycle off the sidewalk, man. And while we're at it, here's a court summons for yer frickin' shopping cart."

Spicoli's mellow has, in other words, soured to rage: Grow the government. Pass more laws. Get waaay harsh on bicycles and shopping carts, man. Build more jails!

How is the existing Eureka Municipal Code — weighing in a full 100,000 words north of Dickens' notorious doorstep, *Bleak House* — not sufficiently "epic" for Chief Ugg Boots?

Big Jeff, we had high hopes for you. It could've been righteous, brah.

But I'm gonna keep riding my bike wherever I want. Just don't Tase me, bro.

The Bus Stop Non-Proliferation Treaty

I've seen you around town. You're the ones always driving those creepy white panel vans. You seem to travel in packs of four to six young people.

I frankly don't have any problem with packs of young people — panel-vanned or otherwise.

But county brass? Now that's a different story.

Was it your mysterious blue construction helmets with matching T-shirts? Something about the way you go around the city picking up cigarette butts and squeegee-ing transit bus stops clean of scunge?

Hard to say. Call them paranoid if you will, but whatever it was, pencil-pushers at the county want to make extra sure those panel-vans aren't secreting mobile ICBMs.

But fear not: The good people at the **county of Humboldt** are here to assure us that **AmeriCorps** is not — repeat, IS NOT — engaged in the manufacture, testing or trafficking of nuclear warheads.

The Greater Eureka Bus Stop Non-Proliferation Treaty, as it were, is written right into Section 20 of their contract. Mere testing or storage of nuclear warheads by AmeriCorps, in fact — never mind detonation — requires immediate disclosure from the trash-pinchin' Blue Helmets.

The fact that the county actually has to ensure AmeriCorps' promise not to nuke us back into the Stone Age in writing is, one might venture, slightly unsettling. And it sure tells you something about the level of trust the county places in garbage-picking civil servants.

Whatever happened to the day you could defuse implications of thermonuclear Armageddon on a simple handshake?

If you happen to be reading this while hunkered down in your bomb shelter, fear not. You may now safely resurface and head back to your McJob.

You can even take the bus, departing soon from any number of sparkling clean, plutonium-free bus stops. ●

Know where the bodies are buried?
Email Ryan: tribune9000@gmail.com



YES

Maintaining Public Safety

www.eurekaQ.com

YES on Q is *not* a tax increase

Measure Q is a continuation of Measure O, approved by voters in 2011, and will maintain funding for Eureka's Police and Fire Departments.

YES on Q is a vote for Eureka's public safety

Approved and paid for by "Yes on Eureka Q"

BLOG JAMMIN'



THEY SAY IF YOU HOLD ONTO AN OUTFIT LONG ENOUGH, IT'LL COME BACK IN STYLE. AIDAN DIAZ WAS EPIC IN HIS ARMOR AT THE EXCALIBUR MEDIEVAL FESTIVAL AND MARKET FAIRE ON SEPT. 28. TWO REN FAIR RUNWAYS ARE ON FOR THIS COMING WEEKEND, SATURDAY, OCT. 4 AND SUNDAY, OCT. 5 (DETAILS IN THIS ISSUE'S CALENDAR, PAGE 36).

PHOTO BY JENNIFER FUMIKO CAHILL

GOVERNMENT

Eureka Pays \$16k for Prayer Lawsuit

Eureka will discontinue prayer breakfasts as part of a settlement stemming from a 2013 lawsuit seeking the separation of church and local government.

The *Times-Standard* reported that, in addition to no longer sponsoring or endorsing the prayer breakfasts (which Mayor Frank Jager conducted specifically in his capacity as mayor), the city will pay \$16,500 to cover legal costs incurred during the lawsuit.

When the lawsuit was filed, Jager told the *Journal*, "If they want to sue us, fine, we'll take them on."

On Sept. 25, Jager told the *Times-Standard* he would have preferred the city go to court over the lawsuit, but that "the council wanted to get it over with and not have this thing drag on."

The lawsuit also sought to stop invocations before city council meetings (a practice that has been ruled constitutional by the Supreme Court)

continued on next page ►

~~1,127~~ 2,200 New Members Needed



As little as
\$5 per month

13 KEET



The Power of One Counts. WWW.KEET.ORG

ZAMORA'S FURNITURE

At the corner of 6th & I in Arcata! • Open Mon-Sat 10:30-5:30pm., Sun Noon-4pm • 845-9148

Futons, dressers, dining room table and chairs, couches, hope chests and MUCH MORE at Zamora's New and Used Furniture!

Stop In And See Our NEW FALL DEALS!

TV Stand
Black
Tempered
Glass

•\$79



Espresso
Finish
Computer
Desk

•\$129



Chocolate
Champion
w/ Bonded
Leather Sofa

•\$429



White
Faux-Marble
Top w/ Black
Finish

•\$304



Espresso
Finish
Shelf
Cabinet

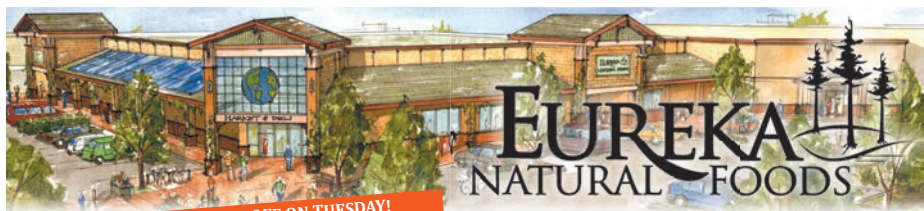
•\$129



Red
Adjustable
Sofa

•\$298





SENIOR DISCOUNT - 10% OFF ON TUESDAY!
STUDENT DISCOUNT (W/ID) - 10% OFF ON SATURDAY!

Eel River Organic BONELESS BEEF BRISKET



\$7.99
Reg. \$8.99 lb. **LB.**

Eel River Organic Boneless Beef Cross Rib Steak

Reg. \$8.99 lb.

\$7.99 lb

Beeler's All Natural Uncured Bacon (Full Service Case Only)

Reg. \$6.99 ea

\$5.99 lb

Local Organic BROCCOLI

Organic Matters Ranch, Freshwater



\$1.99
LB.

California Grown

Organic Carrots

\$1.39 bu

California Grown

Organic Spring Salad Mix

\$2.99 lb

Humboldt Creamery



**ORGANIC
WHOLE MILK**
64 OZ.
\$2.99
Reg. \$3.39

Tofu Shop

Smoked Tofu Sticks

Organic. All varieties, 5 oz. **\$3.49**
Reg. \$4.39

Mas Salsa Por Favor

Salsa

Local. All Varieties, 15 oz. **\$2.69**
Reg. \$3.09



Reg. \$9.99 gallon

\$7.99
Gallon

Nature's Path

Organic Granola

Dark Chocolate & Red Berry, 11.5 oz
Reg. \$5.39 ea

\$3.59 ea

Bionaturae

Organic Fruit Spreads

9 oz., Select Varieties
Reg. \$4.49-\$4.99 ea

\$2.89 ea

Goose Island CRAFT CASE 12 PK BOTTLE BEER



Reg. \$19.89

\$9.69
+ tax,
+ c.r.v.

Pircas Negras

All Varieties, 750 ml. **\$8.89**
Reg. \$12.39

BLOG JAMMIN'

continued from previous page

but was denied by a local judge. Attorney Peter Martin, who brought the lawsuit, says he will appeal that decision.

— Grant Scott-Goforth

FRIVOLITY / POLITICS

Huffman on Colbert!

North Coast Congressman Jared Huffman's long-teased interview with Stephen Colbert aired last week, and, during a lot of talk about sharks, the Huff held his own pretty well.

Check out the video at www.northcoastjournal.com.

— Grant Scott-Goforth

CRIME / EMERGENCY

Officers Stand Down at Standoff

The Humboldt County Sheriff's Office de-escalated a standoff on Sept. 23 in the Cutten area with a man believed to be having mental health issues.

"We had a subject who was mentally

unstable and was acting out some — had some violent tendencies — and his parent had some concerns so she called the sheriff's office," said Undersheriff Billy Honsal.

When deputies arrived on scene, Honsal said the man refused to exit the residence and threatened deputies "that there would be trouble" if the attempted to enter.

Honsal said the sheriff's office called in assistance from county mental health, the Eureka Police Department's Problem Oriented Policing Team and its homeless liaison, Pamlyn Millsap. Law enforcement presence at the scene also swelled.

The group again asked the man to exit the residence, Honsal said, so he could undergo a mental health evaluation. The man again refused.

"At this point, we decided to let him cool off," Honsal said. "We demobilized and left the scene. He's alone inside the residence. His parents are outside. They're going to allow him to cool off and then approach it later on."

The man was taken into custody when officers were called around 9 p.m. that night and taken to county mental health facilities.

— Thadeus Greenson ●

MEDICAL MARIJUANA EVALUATIONS

Dr. Peter J. Rogers, M.D.

24 HOUR Patient Verification

Green Hills
NATURAL HEALTH

940 9th Street, Arcata, CA 95521
(Arcata Holistic Health Center)

www.greenhillsnaturalhealth.org



\$10.00 OFF

(Expires November 30, 2014)

FREE ID CARD



Schedule an Appointment

(888) 799-7270

Veteran and Senior Discounts!

Naturopathic Medicine - Helping You Be Well Naturally

Bringing a Natural Medicine Approach to both Primary Care and Consultation



In Association with Dr. Beverly Copeland, MD

DR. CHERE EDGAR, ND

Naturopathic Doctor

1727 Central Ave, McKinleyville, CA (707) 840-0556

Now Accepting New Patients

www.drchereedgar.com

Treating the Underlying Causes of Illness

* Optimize Health

* Nutritional Counseling

* Food Sensitivities

* Botanical Medicine

'A Platform for a Cause'

By Thadeus Greenson

Forget about the alleged murder of a Guatemalan man at a Kneeland marijuana farm. Tony J Serra wants to put federal pot laws on trial.

The eccentric San Francisco defense attorney who has become a cult figure in the legal profession is defending Mikal Wilde, a 32-year-old Kneeland man accused of gunning down two of his workers at a large-scale marijuana growing operation in 2010, killing Mario Roberto Juarez-Madrid and critically wounding Fernando Lopez. Serra tossed a heck of a curveball recently, as Wilde's case plods toward trial in a federal courthouse.

In an 80-page motion to the court, Serra argues the case against Wilde should be dismissed because marijuana's classification under the federal Controlled Substance Act is "arbitrary and irrational," denying Wilde's rights to due process and equal protection granted under the Fifth Amendment. At first blush, the motion is a head scratcher. After all, what does marijuana's classification as a Schedule 1 Controlled Substance — the same designation given to heroin, ecstasy and LSD — have to do with an alleged murder?

It's the alleged connection between Juarez-Madrid's death and the 1,500-plant marijuana grow that opened the door for the feds to get involved. The federal government doesn't have jurisdiction over a typical local murder, but when said murder is allegedly committed in the furtherance of another federal crime — say, the manufacturing and distribution of more than 1,000 marijuana plants — then the door's open. That's why, back in 2012, the U.S. Attorney's Office took over the prosecution of Wilde, indicting him on charges of conspiracy to distribute marijuana, manufacturing more than 1,000 plants, murder in connection with a drug offense and murder with a firearm in the commission of a drug trafficking offense. Wilde faces life in prison if convicted.

In his motion — which should be considered a must-read for anyone critical of federal marijuana law — Serra cites dozens of court cases and studies to argue that marijuana has medical benefits and therefore is erroneously classified as a Schedule 1 controlled substance.

Further — with legal arguments titled "Cannabis is not a 'gateway' drug and does not cause death or brain damage" and "Cannabis by itself also does not cause fatal car crashes nor adverse effects on driving performance" — Serra argues,

"cannabis prohibition itself is irrational, because when one compares the social effects of prohibition against the social effects of decriminalization, a rational balancing test or cost benefit analysis overwhelmingly favors decriminalization."

University of California Hastings College of Law professor David Levine said Serra's argument is a longshot, but an interesting one.

"Serra's MO is to put the government on trial," Levine said. "That's what he always does. ... He's taking this guy's case and using it as the platform for a cause." But, Levine said, Serra's really pushing the envelope with this one, saying a ruling in Serra's favor would be the epitome of "legislating from the bench."

Courts, Levine said, have a long history of reticence when it comes to stepping on Congress' toes and deciding what criminal laws should be. To make his point, Levine pointed to the U.S. Supreme Court case of *Ewing V. California* in which the court essentially said it empathized with a man given a life sentence for stealing golf clubs under the state's three-strikes law, but said it was up to the Legislature to decide if the law was flawed. Similarly, when a case came before the court challenging crack cocaine's mandatory minimum sentences as being racially biased, the court said the law may be bad policy but that it was a matter for Congress to decide. (A later court ruling gave district judges wider discretion in crack cases.) Levine said he can't imagine a scenario under which District Court Judge Edward Chen grants Serra's motion.

"I can see him saying, 'Mr. Serra, you're making excellent arguments and they should be made to the appropriate legislative committee,'" Levine said. But, the professor added, there's a method to Serra's madness, as he's raising appealable issues in the case and may be able to get a little latitude to raise some of these arguments during trial, where he would need only to convince a single juror to spare his client a life sentence. "This is setting things up for later," Levine explained.

And even if Serra is somehow successful in throwing the nation's marijuana laws into question, Levine said it's not likely Wilde will walk free from the murder allegation.

"Let's assume he wins this thing, the state would just take [back Wilde's case] and prosecute it," Levine said. "Then, it would be just a straight-up murder case." ●

Grand Opening!

for Arts! Arcata
(2nd Friday of October)

Dottie Mays Closet



Arcata's
Affordable Boutique

...

819 J St., Arcata, CA
(Behind the Co-Op, Next to 3 Foods Cafe)

...

**Tues-Weds-Thurs 11-6pm
Fri & Sat 11-8pm
Closed Sun & Mon**

Free Gift with 1st purchase
(while supplies last!!)

www.dottiemayscloset.com



**WELCOME
STUDENTS!**

**PROUDLY SERVING THE
FINEST COFFEE, TEA
& TREATS.**



1603 G St., Northtown Arcata

Danner

**WEATHER
READY
FOOTWEAR**



PICKY PICKY PICKY

STORE SURPLUS & WAREHOUSE WORK & OUTDOOR OUTFITTERS

6th & E and 6th & D, Eureka • 444-9201 • Mon. - Sat. 9:30-5:30 Sun. 11-4



Risk versus Hope

Debating the merits of Measure P,
a ban on growing GMOs in Humboldt County

Story and photos by Heidi Walters

On a recent Friday night in September, less than two months from election day when voters will decide whether to ban the growing of genetically modified organisms (GMOs) in Humboldt County, Mark Wilson stood between a bright screen and his audience inside a lecture room at Humboldt State University. Wilson, a professor of microbiology and genetics at the university, was talking about the science and perceptions of GMOs and, specifically, something he calls “the art of misdirection.”

This, he said, is when people latch onto results from fringe studies — for example, he said, a since-discredited study in which researchers fed glyphosate, the main ingredient in the weed-killer Roundup, to rats naturally prone to tumors and concluded that glyphosate causes tumors. Or when people say herbicide use has skyrocketed since the advent of Roundup Ready corn, which has been genetically modified to resist glyphosate, but don’t mention that it’s mainly Roundup use that’s risen, causing a decrease in the use of more toxic herbicides. And, Wilson said, it’s when these opponents call any GMO-affirming studies biased and corrupt,

performed by scientists funded by big corporate GMO creator Monsanto (most aren’t, he noted) — but don’t see anything wrong with promoting studies funded by organic-favoring, GMO-dismissing entities.

Wilson argued these points back and forth with a few audience members, pointing at charts and other material on the screen while his opponents deployed their own arsenal of studies and findings. The heat rose and, finally, Wilson interrupted a man who was once again detailing the dangers of glyphosate.

“What you’re talking about is a bunch of nonsense,” Wilson barked, and continued his lecture.

Then a woman in the audience said that she’d like to know how Wilson *feels* about this stuff we are introducing “into our environment, into our only world.”

She went on, fervently, about flippant scientists and how we don’t revere our world, and concluded with anguish over Wilson’s discussion of bias.

“You equate the special interests of organic with Monsanto?” she cried, then stamped her foot. “Are you kidding me?”

Wilson said he wasn’t kidding; he was simply pointing out that bias (and the perception of bias) can lurk anywhere. He wanted people to talk more honestly about GMOs, and more broadly — to discuss, for instance, the other GMOs not created by Monsanto that could benefit human and environmental health.

The outrage provoked by his examination of the science and perceptions involved in the debate over GMOs is not unusual. Sometimes anti-GMO outrage has turned nasty: herbicide-resistant sugar beets destroyed in Oregon, rice engineered to contain Vitamin A — and perhaps fend off blindness in poor countries — ripped up in the Philippines.

Into this science-intensive, emotion-roiled topic — to GMO or not to GMO — you, Humboldt voter, must wade if you want to understand Measure P before you cast a ballot on Nov. 4.

Measure P, the “Humboldt County Genetic Contamination Prevention Ordinance,” would make it illegal to propagate, cultivate, raise or grow any

organism (or its offspring) whose DNA — deoxyribonucleic acid, the stuff in cells that carries genetic information — has been altered by genetic engineering. It wouldn’t ban organisms derived through traditional breeding or hybridization, says the ballot summary. It would not prevent licensed health professionals from treating people. It would not prohibit research labs from doing genetic engineering research, as long as their experiments are contained indoors. And it would not prohibit the sale, distribution or consumption of genetically engineered human or animal food brought in from other places.

The ordinance would take effect immediately after being voted in. However, anyone already raising genetically engineered organisms in the county would have until 2016 to, as the proposed ordinance puts it, “destroy and safely dispose of, or remove completely and permanently from the county” the offending organisms.

Any violation would be considered a public nuisance and required to be removed from the county or destroyed, either by the grower or, failing that,



ROBERT VEVODA (LEFT) HELPS HIS DAD, JOHN VEVODA (RIGHT, AND ON THE COVER), RUN THEIR ORGANIC DAIRY IN FERNDALE. THE VEVODAS ARE AGAINST A GMO CROP BAN. “I THINK THERE’S ROOM FOR IT ALL,” SAYS ROBERT. “WE JUST NEED TO WORK TOGETHER ... BECAUSE WE ALL NEED THESE MARKETS, AND WE ALL NEED TO TAKE CARE OF THE CONSUMER.” JOHN SAYS IT’S NOT THAT HE’S GOING TO GROW GMOS: “THERE’S NO WAY. BUT WHAT IF MY CHILDREN COMING INTO THE BUSINESS WANTED TO?”



THE HUMBOLDT COUNTY AGRICULTURAL COMMISSIONER'S OFFICE WOULD BE IN CHARGE OF ENFORCING MEASURE P. AGRICULTURAL COMMISSIONER JEFF DOLF (LEFT) IS DEVELOPING PROTOCOLS FOR THE BAN, AND BRUCE BRYAN, (RIGHT), THE ORGANICS INSPECTOR, WOULD LIKELY BE THE GMO INSPECTOR.

the county. Reports of possible violations would be made to the Humboldt County Agricultural Commissioner's Office, the enforcer.

Agricultural Commissioner Jeff Dolf says he is developing procedures to receive and investigate reports, in case the measure passes. In general, as required by the ordinance, his office would first examine evidence provided by a credible accuser — "We're not going to take anonymous phone calls," says Dolf — and notify the accused of the report. The accused would have 30 days to provide credible proof there's no violation, or, if there is, to prove it's been gotten rid of. The accused could ask for an additional 30 days to do either of these.

If nothing is done or the reporting time passes, the commissioner would send samples of the suspect organisms to a lab to verify whether they've been genetically engineered. If so, the commissioner would declare the GMOs a public nuisance — a threat to health and safety — and destroy or remove them.

"We don't know what the costs would be yet," Dolf says. "One of my concerns is the costs can be high at the lab, possibly several hundred dollars per test."

Rollin Richmond, former HSU president and a geneticist, warns that it might not be possible to know, in some cases, what to test for.

"You can test for Roundup Ready corn, because we know exactly what genes have been introduced to make it resistant to glyphosate," he says. But there might be other suspected GMOs whose genetic modifications are unknown.

Proponents of Measure P say the costs of enforcement would be far outweighed by the costs of not banning the cultivation, raising, propagation or growing of

GMOs in the county. And opponents worry about the future costs of removing what one local dairy farmer, John Vevoda, refers to as the number of tools in his toolbox.

Backers of Measure P needed 4,387 valid signatures to get it on the ballot; they got 6,467. Judging by the several hundred endorsements listed on GMO Free Humboldt's website, the measure is driven by a large portion of the county's organic farmers — mostly those raising vegetables, fruits and nursery plants, but also some vineyards, live-stock ranches and one dairy — as well as many of the consumers and sellers of their products. The North Coast Co-op, says Marketing and Membership Director Melanie Bettenhausen, polled its membership and found it "overwhelmingly" in support of the ban; the Co-op donated more than \$1,000 to the cause and joined with two others, Chautauqua Natural Foods and Eureka Natural Foods, in a multimedia ad campaign.

Dairy farmers are scarce on the endorsement list. Maybe that's because, as GMO Free Humboldt spokesperson Bill Schaser notes, the ban would mainly impact those who grow, or want to grow, GMO silage corn to feed their cows. GMO silage corn, as far as Schaser or anyone else can say, is the only genetically engineered crop that's been grown in Humboldt. (The main genetically modified crops in the United States are soy, canola, corn, sugar beets, and papaya — not generally Humboldt kinds of crops.)

"There's some word of [GMO] alfalfa" growing in Humboldt, says Schaser, as well as a rumor of beets.

But then, we only know if a farmer's

continued on next page ►

LEON'S

CAR CARE CENTER

Vehicle Repair & Maintenance

"WE DO THAT!"



We'll shuttle you to and from work!

7:30-5:15 M-F

707 444-9636

929 Broadway

Eureka, CA 95501




leons-carcare.com



Are you in the
wedding
.....or.....
party biz?

Be a part of the North Coast's most complete wedding and party guide!

2015 edition hits newsstands in early January.

Call 442-1400 to speak to a rep today.



Annual Fall Sale

October 1-31st

25% OFF 1st Pair & 50% OFF 2nd Pair





851 Bayside Road
Arcata, Ca
(707)822-7641
www.atozeyecare.com

growing a GMO crop if he or she tells us; no agency keeps track. Some farmers talked openly about their GMO corn in 2004, during the first push for a GMO-growing ban in Humboldt — and violations of that ban would have led to fines and possibly even imprisonment. Poor wording, including an incorrect definition of DNA, and likely the harsh penalties as well doomed that measure.

That said, not much silage corn, overall, is grown in Humboldt — just 227 acres in 2012, according to the U.S. Department of Agriculture's most recent census, a smidgen of the 593,597 acres total occupied by farms. Local dairies rely heavily on pastures (which comprise more than 60 percent of Humboldt's farm acreage), and they import much of their supplemental feed.

Nevertheless, dairy itself is big business here. After timber and livestock, dairy ranks third highest in annual gross value — even though, in 2012, only 62 of the total 930 farms in Humboldt were dairies. Milk products, as a commodity group, were valued at \$73 million, compared with not quite \$4 million for vegetables, melons, potatoes and sweet potatoes. The total value of agriculture products sold in Humboldt in 2012 was around \$203 million. Of the 62 dairies, 46 were organic — comprising a third of the roughly 135 total organic farms in the county. Most of the other 795 farms — the conventional dairies, livestock, nursery stock, field crops, fruit and nut crops and vegetable crops — are not growing GMOs.

But the possibility

is there, say proponents of Measure P. Other crops are in development, they say. (And one angry opponent to Measure P has threatened to grow GMO squash if the measure passes.) That poses what they consider to be a very real threat to Humboldt's growing organic community.

Backers fear that GMOs can contaminate non-GMO crops, their genetically modified pollen carried by wind or winged creatures to neighboring crops. They say such contamination could result in a farm losing its organic certification. And even if contamination didn't occur, they say, the perception would be that it could. They worry about the effects of GMOs, and the herbicides used with them, on human health and the environment. Those are some of their chief concerns.

Banning GMOs would eliminate those risks and consequently, the measure says, boost the economy "by helping local farmers maintain access to the growing markets for GMO-free and organic food."

"We are a community that has really embraced sustainable agriculture," says Schaser, a retired Eureka High School science teacher. "There's a huge movement in community-supported agriculture. Every town now has a farmers market."

Anything that cuts the legs out from under that growth, he says, he's against. A pristine Humboldt County, he says, would be a major selling point. Join a GMO-free Humboldt with Trinity and Mendocino counties (who both have bans, with Mendocino the first jurisdiction in the country to enact one in 2004), and that creates "a nice little zone," says Schaser. "It just gives us an economic advantage."

Juan Gagne, perishables manager at Eureka Natural Foods, agrees.

"It's a sales tool," he says, "if we want to have Humboldt County known as a very clean area where very high quality food comes from." It's like Fetzer Vineyards in Mendocino County, he says, which advertises that it comes from a non-GMO region.

Blake Alexandre, of Alexandre Family EcoDairy Farms, says he's concerned about the perceived health dangers.

"I don't think people should be eating GMOs," he says. "God don't make 'em and it's not natural and normal."

Alexandre has an organic dairy and raises organic eggs, with operations in Del Norte County as well as here in Humboldt where the family runs two dairies in Ferndale on about 1,000 acres.

"We just believe in the organic philosophies and approaches to agriculture and simply don't believe that the GMO process is safe for food," he says.

If Measure P passes, it'll be business

as usual for the conventional farmers, most of whom don't grow GMOs. They'll be able to keep applying non-organic-approved pesticides and fertilizers and, if they're livestock or dairy farmers, buying supplemental conventional and possibly even GMO feed.

But it will be tougher for local dairy farmers who want to grow, or keep growing, their own silage, because most of the seed varieties are genetically engineered. There are some non-genetically engineered seed varieties, however, and the Organic Seed Alliance has been conducting field trials of 10 of them on organic farmer Paul Giuntoli's Warren Creek Farms in Arcata. Most corn's bred in the Midwest, and the idea of the trials, says coordinator Jared Zystro, is to discover what varieties mature best in Humboldt's cool, coastal summer climate with enough yield and nutritional quality to be viable.

If Measure P passes, will there be



ABOVE ORGANIC FARMER PAUL GIUNTOLI (LEFT) OF WARREN CREEK FARMS, HELPED ORGANIC SEED ALLIANCE'S JARED ZYSTRO (RIGHT) TEST ORGANIC SILAGE CORN VARIETIES ON HIS LAND. GIUNTOLI NORMALLY GROWS ORGANIC POTATOES, WINTER SQUASH, DRY BEANS AND SWEET CORN. HE'S FOR MEASURE P: "YOU CAN BUILD A FENCE TO KEEP YOUR NEIGHBOR'S COW OUT BUT NOT TO KEEP POLLEN OUT."



ABOVE ALTHOUGH GMO VEGETABLES ARE RARE IN HUMBOLDT, SOME ORGANIC VEGETABLE FARMERS FOR MEASURE P SAY THE BAN WOULD GIVE THEM AN ECONOMIC EDGE.



widespread tattling and bust-ups of non-complying crops? Hard to say. Mendocino County Agriculture Commissioner Chuck Morse says in the 10 years his county's GMO-growing ban has been in place, there's only been one report filed of a possible GMO violation, and it proved unfounded. In Arcata, which also passed a ban in 2004 that also makes it unlawful to sell genetically engineered seeds and crops, there've been no reported violations, says the city's environmental services director, Mark Andre.

But neither of those locales, just like Humboldt, had much in the way of GMOs in the first place.

Measure P love isn't hard to find. The anti-P camp is more elusive, with no website, ads or signs. It has, however, maintained a steady presence in the *Mad River Union* where pieces by *Union* co-founder Kevin Hoover, Wilson, Richmond and others have accused the anti-GMO people of poisoning discussion of GMOs with a fear-mongering focus on GMO foods and with confirmation bias, or looking for information, regardless of its validity, that supports their beliefs — in this case, that GMOs are dangerous. Also, there are the final speakers (including Wilson) in the GMO speakers series at HSU; they were added belatedly, according to the *Union's* Hoover, following complaints from Wilson, Richmond and others that the first speakers lined up by GMO Free Humboldt's Schaser were all anti-GMO and, Hoover said, "outlier scientists who dissent from the mainstream scientific consensus."

Wilson, Richmond and others fret at how the GMO conversation too readily turns political with the invocation of the name of market-dominating megacorporation Monsanto. As a result, say Wilson and others, the potential benefits of

GMOs not created by Monsanto are distrusted, dismissed, or sometimes not even discussed — like the vitamin A golden rice, genetically engineered insulin or the Rainbow papaya grown by small farms in Hawaii that's been genetically engineered to resist a virus that had wiped out that state's papaya industry.

Still, what about those fears?

Alison L. Van Eenennaam, who is speaking at HSU Oct. 3, is a geneticist who works in animal science at University of California Davis' U.C. Cooperative extension. She's become a prominent voice in the discussion about GMOs since 2004, when the first round of ban measures appeared on county and municipal ballots. A recent review she co-authored, published this September, looks at data on worldwide consumption by food-producing animals between 1983, 13 years before genetically engineered crops were introduced, and 2011. It concludes that there've been no ill effects or nutritional changes, no increased infertility or sickness, in the 100 billion animals that ate genetically engineered (GE) crops in the 15 years post-introduction. Most of the GE crops in the world are consumed by these food animals — animals we people eat, that is. And, here in the United States, most of our food animals eat GE crops.

Reached by phone

recently, Van Eenennaam said "there's literally thousands of studies" that have shown that GMOs are not dangerous. The world's major scientific societies, she says, have reached the consensus that GMOs currently in public consumption are no riskier to people's health, or to the environment, than traditionally bred crops and animals (including organics). Only the methods of their creation differ. Unlike the slower process of traditional breeding or hybridization, for instance, in genetic engineering one can precisely pluck one piece of genetic information from one organism and insert it into another organism's DNA — or put it back into the same organism in a way that causes it to express a different trait. It's more complex, and as Richmond laments, more difficult for scientists to explain in lay terms.

Van Eenennaam cautions, however, that "you can't just say 'GE is safe.'"

"That's too broad," she said. "That's like saying 'electricity is safe.' People who've been in the electric chair would disagree."

But you can't say the less-modern methods of organism manipulation are necessarily "safe," either. People have been breeding organisms to select for specific traits, and creating hybrids by



LEFT RESIDENTS WERE INVITED TO EXAMINE THE 10 VARIETIES OF ORGANIC CORN SILAGE BEING TESTED ON A FARM IN ARCATA FOR COMPATIBILITY WITH HUMBOLDT COASTAL CONDITIONS. PRO-MEASURE P SUPPORTERS SAY SOME OF THESE MIGHT BE AN ALTERNATIVE TO GMO SILAGE.

continued on next page ►

Fire Arts Center Pottery & Kiln-formed glass

3 DAYS ONLY!

SALE

UP TO 50% OFF!

OCTOBER 10-12

FRIDAY NOON-9PM • SATURDAY & SUNDAY 9-4



Fire Arts Center

520 South G St., Arcata CA 95521

Across from the Marsh Interpretive Center

(707) 826-1445 www.fireartsarcata.com

prius goes plural



**MID-CITY
Motor World**

(707) 443-4871

www.mid-citytoyota.com • 4800 N. US Hwy 101, Eureka, CA

TOYOTA
Let's Go Places

ToyotaCare

crossing two species (such as a horse and donkey to get a mule) for thousands of years. Both techniques mix masses of genes without precision. People also have, for more than 50 years, used radiation or chemicals to induce genetic mutations to achieve certain traits.

These methods can sometimes produce, along with the desired traits, less welcome accompanying genetic changes (such as allergens).

Genetic engineering, on the other hand, is precise, although it does require the use of bacteria, or other transfer mechanisms, to insert DNA, which also worries some people.

What about the claim that herbicide use has increased with the advent of GMOs? It's true, she and others say: The herbicide glyphosate (Roundup) is used more often now that there are crops engineered to resist it. But, they say, Roundup can kill more kinds of weeds and is less

toxic than the selective herbicides (that kill specific weeds but not the desired crop) conventional farmers previously relied on. Roundup, says Van Eenennaam, "is a very safe herbicide from an ecological perspective. And it doesn't have huge impact on humans; it has way less toxicity than coffee." It also eliminates the need for a farmer to till his land before planting, which cuts back on fuel use.

Then what about crops bred to produce their own insecticide? Scientists say it's the same insecticide, composed of the bacteria *Bacillus thuringiensis*, that some organic farmers spray on their crops. And Wilson points out that even organic and conventional, non-genetically engineered plants can produce their own pesticides, sometimes toxic ones.

And if weeds grow resistant to Roundup, or if pests become inured to insecticide-resistant GMOs, then farmers can alternate their control mechanisms,

she says. "Plant Roundup Ready soy one year," she says, "then the next year plant a cover crop that's not Roundup resistant and control weeds with a different herbicide that takes out any volunteer plants that come up that are GE resistant."

It's the same method, called integrated pest management, that farmers have used for years, long before GMOs came on the scene, to deal with pests and weeds that developed resistance to the sprays designed to kill them.

Well, can GE crops contaminate non-GMO crops, through pollen drift? They can, says Van Eenennaam. But farmers can do what they always have done when they're afraid of cross-pollination from their neighbor's crops — talk to their neighbors and stagger their crop plantings so they flower at different times, for instance.

"Certified organic seed producers have been doing this for years to minimize

cross-pollination" from conventional crops, Van Eenennaam says, adding that "the USDA has said they will not decertify an organic grower who's taken reasonable precautions — like working with a neighbor — to avoid contamination."

The Vevodas' dairy is

far out in the fertile Ferndale bottoms where farm roads elbow-bend through lush pastures, pass numerous dairies and, occasionally, skirt by small oceans of corn with shining tassels.

The Vevodas milk 550 cows and feed them primarily on a combined 580 acres of irrigated pasture and dry rangeland. The operation is organic. But the dairy used to be conventional, milking 1,000 cows and, for four years in the early 2000s, even grew some GMO silage corn.

"I was probably the largest producer of GMO corn here, back in 2004," John Vevoda says.

By 2006, the farm had transitioned to organic, a move Vevoda says he made because the price of organic milk is stable, unlike that of conventional milk which is traded on the commodities market.

The farm is organic, but Vevoda, who manages the feed, and his eldest son, Robert, who takes care of the cows, are against Measure P.

"I want to be able to go back to conventional farming if I need to," John says, which likely would mean a return to using, and possibly growing, GMO corn for his cows. What if the drought continues or gets worse, and drought-resistant feed is developed that could help farmers through it? He wants such options to remain open to local farmers.

He doesn't plan to leave organic farming, he says. He prefers it. His organic cows aren't producing as much milk as his conventional cows did because they're not being "pushed" with extra grain and hay. But they're healthier, living longer and having more lactations. An organic cow, he explains, has to go out and harvest at least 30 percent of her feed from pasture.

"So she's out there, she's walking around, she's getting all kinds of exercise, sunshine, rain — and that has to be for 120 days," John says. "So she's not confined, and it just makes for better health."

His conventional cows could produce milk for 4 1/2 years, he says. His organic cows last for eight.

But he says neither he, nor anyone else, should get to tell another farmer — now or in the future — what he can grow on his own land. The option to go GMO should remain open.

The Vevodas also say that a ban might actually hurt organic farmers.



ABOVE JOHN VEVODA USED TO GROW GMO CORN SILAGE FOR HIS DAIRY COWS. NOW HE'S ORGANIC AND SAYS HE HAS MUCH HEALTHIER COWS. BUT HE SAYS A GMO CROP BAN MIGHT CONFUSE ORGANIC CONSUMERS. **ABOVE RIGHT** A SIGN LEFTOVER FROM THE EARLY 2000S WHEN THE VEVODA'S WERE SWITCHING FROM CONVENTIONAL TO ORGANIC FARMING.

BELOW A FIELD OF CORN IN THE EEL RIVER VALLEY. IS THE CORN GENETICALLY ENGINEERED? IS IT ORGANIC? IT'S HARD TO KNOW UNLESS THE FARMER — OR A LABORATORY — YIELDS THE EVIDENCE.



"I think it's going to decrease the value of our product because it will cause confusion for the consumer," Robert says.

John explains this view: Once the ban's in place, word will get out that Humboldt County is "GMO free" and some consumers might assume that's the same as organic. So, they might unwittingly choose more of the conventionally grown (and cheaper) products — some of which might have been fed GMOs from elsewhere — over the true (but more expensive) organics.

John Vevoda says instead of a ban, farmers worried about GMOs and having their crops contaminated by them should just do what organic farmers have

been doing for years: have buffers, talk to their neighbors about when they're growing and when they're spraying.

That's what farmers in San Luis Obispo County ended up doing after a GMO-banning measure failed there in 2004. Mary Bianchi, the county director and horticulture advisor for San Luis Obispo and Santa Barbara counties, says after voters rejected the ban, she continued to facilitate a working group that the agricultural commissioner had formed to come up with practices that would allow conventional, organic and genetically modified crops to coexist in the county. This led to a series of commodity-specific publications that growers can use as guides for getting along with each other.

"Coexistence is not a new idea," Bianchi says.

But it's been working. And, she says, nobody's pushed for a GMO-ban in San Luis Obispo County since.

If Humboldt's ban fails, this is the sort of thinking critics of Measure P hope to see come forth. Sure, says Richmond, the retired university president and geneticist, even though GMOs have not been proven dangerous, the federal government could and should do a better job of testing foods — "all foods," he says, "not just genetically modified foods."

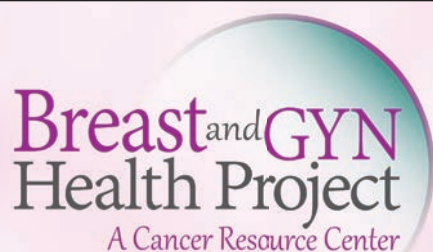
And, he says, perhaps anti-GMOers could take a deep breath and acknowledge the potential and already realized benefits of genetic engineering.

But that gets at the crux of these heated political discussions on GMOs, and at the heart of what makes such discussions so difficult, says Yana Valachovic, forest advisor and county director for the Humboldt and Del Norte U.C. Cooperative Extension. Valachovic emphasizes that she and her office haven't taken a side in the Measure P debate because they work with all farmers. And she finds compelling arguments on both sides of the issue.

The challenging question that everything boils down to in the GMO debate, she says, is: "Are we more concerned about the risks or more hopeful of the opportunities?"



11TH ANNUAL



SALES FOR SURVIVORS

October is National Breast Cancer Awareness Month

10% or more of your purchase supports BGHP
services when you shop & dine at these businesses on the following days:

OCTOBER 1

Humboldt Brews, Arcata

OCTOBER 3

Dutch Brothers 1108 Broadway St. & 430 N St., Eureka — Donating all proceeds
Luke's Joint, Arcata — Donating 50%

OCTOBER 4

In Arcata: **All Under Heaven** — Donating 50% • **Arcata Exchange** • **Art Center** • **Bubbles** • **Caravan of Dreams** • **Garden Gate** • **Hot Knots** • **Humboldt Hot Dogs**, Arcata Farmers' Market • **Northtown Books** • **Plaza Shoe Shop** • **Simply Macintosh** (excluding new Apple products) • **Stars Hamburgers**, Arcata & Eureka — Donating 15% •

The Ladies of Second Street: **Booklegger** • **Ciara's Irish Shop** • **Going Places** • **Humboldt Herbals** • **The Linen Closet** • **Sassafras** • **Yarn**, Eureka

Visit **Good Relations**, 223 2nd St., Eureka for Arts Alive & enjoy a Mad River Flor de Jamaica beer

OCTOBER 6

Signature Coffee Company, Redway

OCTOBER 7

Blue Moon Gift Shop, Garberville • **Lost Coast Brewery**, Eureka • **Renata's Creperie**, Arcata

OCTOBER 8

It's Alive Kombucha, Bayside
Donating proceeds from two taps

The Linden & Company Salon & Spa, 1122 5th St., Eureka — Donating 100%

OCTOBER 10

Beachcomber Café, Bayside • **Libation**, Arcata
• **Plaza**, Arcata • **Plaza Grill**, Arcata
• **Sweet Grass**, Garberville



Scrapper's Edge, 728 4th St., Eureka — Donating 10% of sales & \$10 of Annual "Breast Friends" Benefit fee.

OCTOBER 11

Roy's Club Italian Restaurant, Eureka
Scrapper's Edge, Eureka

OCTOBER 12

Fin-n-Feather Pet Shop, Eureka

OCTOBER 13

Humboldt Machine Works at **Robert Goodman**, Arcata • **Humboldt Juice Works**, Arcata

OCTOBER 14

Banana Hut, Eureka

OCTOBER 15

Join BGHP at **Mad River Brewing Company** for Pints for Nonprofits. Old Dog will be playing!

All Month



Mad River Brewing Company will donate \$1 for each pint of Flor de Jamaica, Hibiscus infused ale.

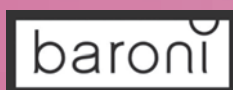


Six River's Brewery will donate \$1 for each pint of Raspberry Lambic. Also, check out the month-long raffle!

Primal Décor will be donating \$5 from each nipple piercing, t-shirt and hoodie sale.



Multipure Drinking Water Systems will be offering \$30 off plus a \$30 donation for each unit sold. Grab coupon at: pwn.com/OctoberBGHPSpecial.php



Breast and GYN Health Project • 987 8th Street, Arcata, CA 95521 (707) 825-8345 • Download a printable calendar at www.hcbhp.org

October Gardening To-Do List

By Genevieve Schmidt

downdirty@northcoastjournal.com

Autumn seems to be coming earlier this year, with the spring and summer drought causing deciduous plants to show fall color and drop leaves about a month ahead of schedule. We also seem to have gotten a jump start on our rainy season, which means the time we've all been waiting for has finally arrived: planting season! Here's what to tackle in the garden this month.

Plant hardy perennials, shrubs and trees. It's long been ingrained in gardeners that fall is for planting, and that's absolutely the case. Not only can you score some great deals at nurseries looking to reduce stock, but fall and winter rains help plants develop a deep root system that will set them in good stead come spring. For immediate gratification, two varieties to consider are 'Black Magic' camellia (*Camellia japonica* 'Black

Magic'), with gothic burgundy blooms even a brooding teenager would like, and dogwood shrubs with colored stems such as our native *Cornus sericea* or the more dwarf 'Midwinter Fire', both of which make a minimalist, modern display in a vase.

Fill containers with fall and winter plants. As the weather cools, the growth of plants slows down, so it's getting to be your last chance to cram your containers full of annual flowers and foliage plants and expect them to actually fill in. I love evergreen sedges such as 'Prairie Fire' or 'Everillo' (*Carex* cvs.), or cheerful dwarf spurge (*Euphorbia* cvs.) such as 'Ruby Glow', 'Ascot Rainbow', and 'Tasmanian Tiger'. With some interesting colors of viola, lush 'Bright Lights' Swiss chard, and ornamental flowering kale or cabbage, you can create fun combinations that will look good for months to come.

Geek out on some unusual bulbs. I'm not much of a bulb expert, so I asked Hans Langeveld of Longfield Gardens for some out-of-the-box picks for our rainy North

Coast climate. Fritillaries, such as 'Lutea' (yellow) or 'Rubra Maxima' (orange), are a woodland favorite with a cluster of hanging bell-shaped flowers atop elegant bare stems. Langeveld says the bulbs should be planted 8 inches under the soil surface, and that the aroma of the bulb repels both squirrels and deer. (No word on whether it repels gophers!) Daffodils are another great pick for our climate, and he recommends 'Pheasant's Eye', which has a small golden center ringed with a vivid orange flare, and split corona daffodils, which have a ruffler look than the traditional ones. Both are great as cut flowers.

Transplant anything that's in the wrong spot.

With our first serious rains already arriving, this is the perfect time to transplant anything you've been meaning to move. For woody shrubs and trees, only transplant things that have been in the ground fewer than three years, or shrubs with a shallow root system such as rhododendrons. Perennials can also be transplanted now. Just wait for an overcast day and use a sharp shovel or spade to dig around the entirety of the plant, making your first exploratory digs around the outer edge of the plant's foliage. If the soil is crumbling away and you are not cutting roots, you can try digging ever so slightly closer to the trunk until you do find the rootball. Tempting though it is, don't dig in soggy soil, as you can permanently damage the soil structure. Much better to dig when dry, and water thoroughly after you're done.

Stop deadheading roses and let them form hips. This encourages roses to go dormant gracefully, even in warmer coastal locations where they might otherwise hang on and bloom through the winter. I've noticed fewer pest problems in roses that are allowed and encouraged to drop their leaves and experience a few months of true dormancy. Plus, the rosehips are gorgeous to look at and they can be added to winter bouquets or wreaths. If you are an organic gardener, the high vitamin C content of your rosehips can help stave off winter colds if brewed into a tart and flavorful tea.

Prune plants off the house and gutters.

A beautiful planting of shrubs, trees and perennials makes a house into a home, though there's no denying that plants are better off

not touching the house itself. Winter winds can whip shrub and tree branches onto gutters, windows and walls, which can scrape off paint and protective finishes and make a racket during storms. Also, at this time of year ants are rushing around looking for safe places to eat, drink and take shelter, and I've heard from pest companies that they often find ant trails going up a tree or shrub onto,

and then into, the house. That's why now is the perfect time to check up on your foundation plantings to make sure that all have been gently pruned and guided off of the house.

Add seed and compost to your lawn. While lawns are very tough once established, cajoling grass seeds into sprouting and forming a lush green carpet can be

challenging at the wrong time of year. It's still warm enough in October for the seeds to sprout, yet it's also cool and moist enough that the seedlings need less coddling to survive. If you have any areas of your lawn that are thin or have bare spots, rake a half-inch of compost over the existing grass, sprinkle seeds over the top, and do one more gentle rake to mix the seeds with the compost. Water it in, keep it moist, and keep pets (especially chickens) off of it until it's looking thick and healthy.

Get in the spirit of Halloween by adding black plants to your garden. Plants with black flowers or foliage go surprisingly well in nearly any style of garden. Try 'Black Taffeta' heuchera (*Heuchera* 'Black Taffeta') in containers or the foreground of the garden bed, upright 'Tuxedo' California lilac (*Ceanothus griseus* 'FIT02') along the fence line for a vertical accent, 'Black and White Minstrels' dianthus (*Dianthus chinensis* var. *hed-dewigii* 'Black and White Minstrels') near an entry where you can enjoy that spicy clove fragrance, and 'Black Beard' black mondo grass (*Ophiopogon planiscapus* 'Black Beard') nestled at the feet of taller grasses and perennials. If you're anything like me, you'll fall in love with the dark beauty of these plants and will be looking to incorporate them year-round. ●

Genevieve Schmidt is a landscape designer and owns a fine landscape maintenance company in Arcata. Visit her on the web at www.GenevieveSchmidtDesign.com.



SPLIT CORONA DAFFODIL.
LONGFIELD GARDENS.

Miller Farms

FALL SALE

SEPT. 30 - OCT. 11

Buy 3,
Get 4th
FREE

3 cu ft

25% OFF

- Adirondack Chairs and Bistro Sets
- Pottery
- Telescoping Water Wands
- Black Metal Garden Arbors
- Ames Dual Purpose Rake
- Metal Folding Fences
- Straw Hats
- Colorful Metal Garden Stakes

20% OFF
ALL PLANTS AND
BULBS

75%
OFF

CLEARANCE
SECTION

1828 Central Ave. • McKinleyville • 839-1571 x5
Mon-Sat 8:30-5:30 • www.millerfarmsnursery.com



GREEN EARTH CLEANING
You've never worn anything like it.™

Treat your clothes to a day at the beach with

Norman's DRY CLEANERS & LAUNDRY
Since 1977

Eureka
442-2527
2907 'E' Street

Arcata
822-3570
Sunny Brae Center

Fortuna
725-9003
743 Fortuna Blvd.

GRAND OPENING!



NOW OPEN IN ARCATA

– in the Uniontown Shopping Center –
AdvancedCellularRepair.com

ARCATA
825-1067
686 F ST.

EUREKA
443-2355
710 5TH ST.

FORTUNA
725-1728
1717 MAIN ST.



QUEEN SETS
starting at **\$1099**



eco|friendly

- Organic cotton cover
- 100% pure natural botanical latex
- High density soy based foam support
- Reduces pressure points for more restful sleep
- Cooler in summer, Warmer in winter

LIVING STYLES
Furniture & Mattress Showroom



SECOND & A • OLD TOWN EUREKA • MON-SAT 10-5:30 • SUN 11-5 • 707-443-3161
18,000 Sq. Ft. Showroom • Living Room, Dining Room, Bedroom, Home Office, Mattresses & More

FORBUSCO LUMBER & BUILDING SUPPLY **WEEKLY SPECIAL!**
Sale Starts September 18th
Sale Ends October 18th

Save like a Pro

Quality Custom Cabinetry by **KARMAN**

Kitchen Cabinets **48% off**
Manufacturer's List Pricing

Computerized Cabinet Layout System

Beauty. Versatility. Functionality.

Preferred Series and Artisan Collection

Baypointe

All Lavatory, Tub/Shower and Kitchen Faucets In stock

20% off
Excluding already sale-priced items.
Similar to illustration.

"Lavabo"

JENSON

All Vanities In Stock
Improve your bathroom!

20% off
On Everyday Low Prices
Special Orders Included.

U-Haul Only...Limited Stock On Hand
CHECK BACK AGAIN TO VIEW OUR NEXT CIRCULAR

FORBUSCO LUMBER • 1784 SMITH LANE • FORTUNA, CALIFORNIA • (707) 725-5111

14-0018 CU

COPYRIGHT 2014, CIRCULARS UNLIMITED circulars.com



Largest Inventory of Oak Furniture in Humboldt County

Fall Clearance Sale
EVERYTHING
IN STOCK
25% OFF AND
NO SALES TAX!

707-444-8081

402 West Harris Street (at Union) • Eureka



Green Future
SOIL PRODUCTS

- BULK SOIL
- COMPOST
- EARTHWORM CASTINGS

The Heart and Soul of Humboldt
825-1225 /// 4651 West End Rd. Arcata, CA

TRINITY DIESEL, INC
WE'RE THE SOLUTION!



Kubota RTV900

Rugged & Reliable
(707) 826-8400
5065 Boyd Rd Arcata
Monday - Friday — 8am - 5pm

Joan Woodcock Insurance Services
725-1200



CA License #0E34152
1506A Main St.
Fortuna, CA 95540

I Can Help!
Medicare Supplements
Dental • Life • Rx

Hensel's ACE Hardware
Benjamin Moore

Kitchen Store • Furniture • Appliances • Old Fashioned Candy Store

10% OFF*
FINAL PURCHASE PRICE
with this coupon

*Excludes power tools. Not valid with other discounts.

(707) 822-2965
884 9th Street, Arcata

SHADY LADY
WINDOW COVERINGS & DESIGN

HunterDouglas
SEASON OF STYLE
event
SEPTEMBER 16 - DECEMBER 16, 2014



It's time to decorate your windows for the holidays.

Save with mail-in rebates on a selection of stylish Hunter Douglas window fashions, September 16-December 16, 2014. Ask for details.

*Manufacturer's mail-in rebate offer valid for qualifying purchases made 9/16/14 - 12/16/14 from participating dealers in the U.S. only. Rebate will be issued in the form of a prepaid reward card and mailed within 6 weeks of rebate claim receipt. Funds do not expire. Subject to applicable law, a \$2.00 monthly fee will be assessed against card balance 7 months after card issuance and each month thereafter. Additional limitations apply. Ask participating dealer for details and rebate form. ©2014 HunterDouglas. All rights reserved. All trademarks used herein are the property of HunterDouglas.

405 Henderson St. Eureka
707.442.1500
California Contractor's License #772848
www.shadylady.biz

HunterDouglas Gallery

Blinds Shutters Shades Shadings

If you can't put it in the bank...

KEEP IT SAFE!




PROTECTED BY
SECURITY LOCK & ALARM
2116 4TH STREET • EUREKA, CA
(707) 443-7226

Burglary • Fire • Floor Wall • Depository • Gun

2116 4th Street, Eureka
707-443-7226

GO SOLAR
\$0 down!*



WESTHAVEN
SOLAR HVAC
www.westhavensolar.com
CA Lic #965111
DESIGN. INSTALL. SAVE.
PHONE: **866.575.4112 #1**

LOWER your electric bill and SAVE \$\$\$!
\$0 DOWN LEASE FINANCING AVAILABLE!*
Or OWN your system and the Federal Govt. pays for 30% of your system cost!*

\$0 DOWN CASH FINANCING AVAILABLE!*
*Terms and restrictions apply.

A Bay in the Life of Humboldt

First Street Gallery presents *A Negotiable Utopia*

By Ken Weiderman

artbeat@northcoastjournal.com

Rocky, man-made shores echo with barking dogs and squawking riparian life. Inky waters bob with seals, kayaks, porpoises and sputtering boats. Cyclists challenge 18-wheelers; hikers meet the homeless. High tide to low tide, day in and day out, Humboldt Bay is host to recreation, mariculture, economy and life.

"Simply by dint of its geographical power — its organizational reality — it's at the center of everything we do," says First Street Gallery Director Jack Bentley. "From transportation to our economy to its effects on our environment," he says, the influence of Humboldt Bay cannot be overstated.

This month, Humboldt State University's First Street Gallery presents *A Negotiable Utopia*, a show examining how the bay shapes life for and is shaped by the people of the North Coast, connecting us as a community and linking us with the rest of the world.

Situated a block from the bay, the First Street Gallery is in a unique position to examine these issues from an artistic perspective. *A Negotiable Utopia* is part of HSU's Art in the Environment series, combining the university's scientific strengths with artistic vision. Indeed, Bentley describes the work of the two featured artists as "artful design driven by careful scientific observation." Mary Mallahan's monumental sculpture details life below the surface, Cynthia Hooper's video and essay installations highlight activities above water.

Mallahan has created an interpretive sculpture that presents the bay's floor as a

visual, color-coded map detailing natural and man-made fields. Over 18 feet long, 7 feet wide and 2 feet high, Mallahan's sculpture is composed of 41 individual pieces. Using satellite imagery and scientific reports, she divided the bay along its major water channels — those aqueous avenues still present during low tide — and crafted ceramic slabs to form a puzzle-like model of the bay.

With liberal artistic license, Mallahan took the generally flat profile of the bay and added a swelling undulation to reflect the local geography adjacent to it. The anticlines and synclines, mountains and valleys that outline the bay create a sloping topography for her sculpture, adding both visual interest and visceral form to her work.

Along the exposed edges of the piece, several distinct layers interpret the structure of Humboldt Bay's earthen strata. From the side, you can see protruding shell fragments, smooth clay deposits, sandy layers and rough-textured sediment. These layers, while based in science, are not accurate to scale per se, but remind us that the subterranean surface of the bay is comprised of countless levels of natural and human-made deposits.

For the top, Mallahan drew upon hard geological data to map out much more than mud. Using textured underglazes, the surface of her massive sculpture accentuates the diversity of plant life, terrestrial deposits and marine habitats on the bay, distinguishing tomato red regions of macro algae, silvery-green sections of patchy eel grass and chocolate-brown blotches of oysters and clams.

Hooper's interpretation of the bay fo-

cuses on human interaction with it — fishing cranes lining commercial docks, former pulp mills dominating the skyline and power plants anchoring the southern shores. Six documentary videos capture hard evidence of the sights and sounds that emerge from the water, and accompanying essays poetically explain how we've arrived at this historic clash of natural and economic forces.

"Humboldt Bay is this incredibly exhaustive topic," gushes Hooper. "Oh my God! There's so much to it!"

Facts and figures fly from her tongue at breakneck speed and sentences barely finish before another passionate spiel spills forth. She's a voracious researcher, documenting the images and imprints that humans have made upon our waterway.

When looking at the politicized landscapes of Humboldt Bay, Hooper sees all sides. "We find common ground here and yet we find controversy in these places, as well," she says, noting that she avoids political stumping in her work, but "it's impossible to be politically neutral."

It's hard to argue with her videos, though.

Averaging 10 minutes, each video documents one of six topics: water, power, transportation, conservation, shoreline and natural resources. Each topic gets its own video monitor and, to one side, an informed essay. Hooper says she's "cleaving to the factual" in her writings, yet "condensing the information in a manner that's entertaining and amusing and interesting and has my own artistic take on it."

The images can rest alone, but beg the viewer to look more closely at the explanations of how things got this way. Throughout the installation, the sounds of the bay mingle to create an aural simulation of the place and a metaphor for the overlapping intentions of those who use it.

Hooper shares a story about her project, describing how a First Street Gallery intern was unaware of the Coast Seafoods dock

only a few blocks away, and how a fisherman Hooper met while filming at those docks had never heard of HSU's gallery.

A Negotiable Utopia, with its simultaneous scientific and artistic threads exposes the

living organism as we've never seen it before, setting the stage for a wider discussion of our bay's historic and future significance to life on the North Coast. ●

A reception for the artists will be held from 6-9 p.m. Saturday, Oct. 4. The gallery's South Room will feature traditional landscape works by Stock Schlueter, Kathy O'Leary, Mimi LaPlant, and Andrew Daniel.



ONE OF 41 PIECES FROM MARY MALLAHAN'S MASSIVE "CONSEQUENTIAL ESTUARY," AN INTERPRETIVE CERAMIC SCULPTURE OF THE BAY. PHOTO COURTESY OF FIRST STREET GALLERY.



WWW.PLAZAARCATA.COM
707.822.2250
808 G STREET ARCATA, CA

MON-SAT 10am-6pm | SUNDAY 11am-4pm



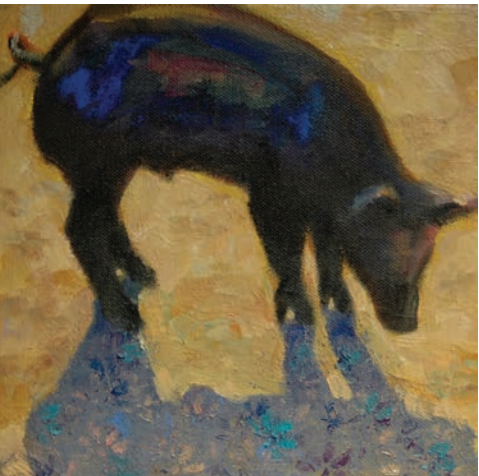
SEWELL GALLERY
FINE ART

RACHEL K. SCHLUETER

Free Range Figmentum
October 1-25

The Finest Art for Your
Home, Office & Garden

423 F Street, Eureka, CA
Tues-Sat 10-6pm • Sun Noon-5pm
(707) 269-0617 www.SewellGallery.com



ARTS ALIVE!

First Saturday Night Arts Alive! Oct. 4, 6-9 p.m.

Presented by Eureka Main Street. Opening rec3eptions for artists, exhibits and performances are held the first Saturday of each month. For more information, phone Eureka Main Street at 442-9054 or go to www.eurekamainstreet.org



BROWSE THE INSTALLATION ARCHIVE OF OVER 70,000 IMAGES AND DOCUMENTS RELATED TO HUMBOLDT BAY AT SCOTT HOLMQUIST'S "LOW TIDE EXHIBIT #3: GRAPHIC ALCHEMY." (13A)
PHOTO BY TRAVIS SCHLAFMANN.

2. **HUMBOLDT ARTS COUNCIL** at the Morris Graves Museum of Art 636 F St. **Performance Rotunda:** Music by Lemon Lemon Cherry. **William Thonson Gallery:** "Disconnecting the Dots," Joseph Bellacera. **Homer Balabanis Gallery:** Humboldt artists. **Anderson Gallery:** "Time," Mark Bowles, paintings and sculptures. **Knight Gallery:** "Aldaron's Walkabout: An Artistic and Scientific Exploration of the Bay," Aldaron Laird, photography. **Floyd Bettiga Gallery:** "5x7 Art Splurge," anonymous works to benefit HAC's Youth Art Education programs. **Rotunda Gallery:** "Taking Flight," Paula Wenzl Bellacera, charcoal drawings and ceramic sculpture. **Youth Gallery:** Masks from the HAC permanent collection. **Humboldt Artist Gallery:** Erin Moore, mixed media paintings.
3. **EUREKA THEATER** 612 F St. "Humboldt History in Motion," Humboldt County Historical Society, Humboldt State University Library, and the Eureka Theater present historic films depicting North Coast life.
4. **REDWOOD ART ASSOCIATION** 603 F St. 56th annual Fall Exhibition and Membership Show.
6. **DALIANES WORLD TRAVEL SERVICES** 522 F St. "Birds of Costa Rica," Deborah Ketelsen, DK Creative Media HD Digital Video, Production & Photography.
7. **F ST. FOTO GALLERY** at Swanlund's Camera 527 F St. "Emerging Photographers," Steve Conger, Jon Exley, Tibora Girczyz-Blum, John Lynch, and Dona Moxon.
- 7b. **REDWOOD MUSIC MART** 511 F St. New Orleans street music by Gregg Moore and Jared Coyle.
- 8a. **EUREKA STUDIO ARTS** 526 Fifth St. Nancy Shelby, pastel paintings; Work by ESA students and teachers including: Micki Dyson-Flatmo, Linda Mitchell, Rachel Schlueter, Jim McVicker, Brent Eviston, Leo Stafnes, Amy Stewart and Pearl Huang.
9. **MIKKIMOVES' LIVING ROOM GALLERY** 805 Seventh St. Augustus Clark, acrylic paintings. Music by Lyndsey Battle and Brian Hennesy.
10. **EUREKA SPA AND SALON** 601 Fifth St. Complimentary hair chalking, braiding, stress fix ritual. Artist TBA.
11. **BOLLYWOOD INDIAN CUISINE** 535 Fifth St. Indian art. Belly dancing.
- 11a. **ROSE'S BILLIARDS** 535 Fifth St. Customer Appreciation Day Arts Alive Special Party.

12. **HUMBOLDT REPUBLIC** 535 Fourth St. Artwork on canvas.
13. **SEWELL GALLERY FINE ART** 423 F St. Featured artist: "Free Range Figmentum," Rachel Schlueter; Kathryn Englin Shaini, monotypes. Music by 4/4 Jazz. Beverage service benefits Sequoia Humane Society.
- 13a. **GROSS BUILDING** 437 F St. "Low Tide Exhibit #3: Graphic Alchemy," Scott Holmquist, Humboldt Bay installation.
- 15a. **SIDEWALK GALLERY** at Ellis Art and Engineering 401 Fifth St. "Bridges of Humboldt County," Fiber Art Friends.
16. **AMIGAS BURRITOS** 317 Fifth St. Boat photography.
17. **PRIMATE TATU** 139 Fifth St. "Old School Art," Michael Arneson.
18. **CHERI BLACKERBY GALLERY and THE STUDIO** 272 C St. "Visual Vocabulary," Elizabeth Thompson, John Taylor and Bob Hanna, mixed media. Raffle of Gerri Sadler's acrylic painting, "Cher in Leather Jacket."
- 18a. **C STREET STUDIOS & HALL GALLERY** 208 C St. C Street Studio Artists
- 18c. **SAILOR'S GRAVE TATTOO** 138 Second St. Tattoo-related art, antiques and memorabilia.
- 18d. **MANTOVA'S TWO ST. MUSIC** 124 Second St. Accordion music by The Great Morgani and Angel's Guitar Orchestra.
- 18f. **THE BLACK FAUN GALLERY** 120 Second St., Suite B. Christine Swingdler, paintings
19. **SWEET SEA STUDIO** 129 Second St. Photography.
- 19a. **GALLAGHER'S IRISH PUB** 139 Second St. Ron Thompson, oil paintings.
20. **BAR FLY PUB AND GRUB** 91 Commercial St. Kathleen Bryson's collection; Marnie Schneider, artwork.
21. **STEVE AND DAVE'S** First and C streets. Marni Schneider, photography.
- 21a. **REDWOOD CURTAIN** 220 First St. Students from Arcata Arts Institute (AAI), artwork and performances.
22. **CHAPALA CAFE** 201 Second St. Kylan Luken, photography.
- 22a. **C.L. LEATHERS** 215 Second St. Music by Joe Garceau.
- 22c. **GOOD RELATIONS** 223 Second St. Noelle Cox, oil paintings.
23. **HUMBOLDT HERBALS** 300 Second St. "Plants & Places," Barbara Saul, acrylic paintings.

- Guitar by Jon Parmentier.
- 23a. **FOREVER YOUNG BEAUTY SALON** 308 Second St. Food, drinks and Scentsy giveaway.
- 23b. **OLD TOWN HAIR WORKS** 320 Second St. #2E. Matthew Filar, pigment-based color photographs of local scenes, new works.
24. **ROMANO GABRIEL SCULPTURE GARDEN** next to Healy Bros. Building. Music by The Small Axe Ensemble.
- 24a. **BRENDA TUXFORD GALLERY** 325 Second St. Ink People's "Maskhibition," performance and art masks.
- 24c. **RUSTIC WEST TRADING CO.** 339 Second St. Carol Mallard, jewelry; Tom Saucier, redwood boxes; Helen and Susan Torgerson, knits; Casey Smith, vintage accessories.
25. **CIARA'S IRISH SHOP** 334 Second St. Susan Strobe, artwork.
- 25a. **CLARKE HISTORICAL MUSEUM** 240 E St. Girl Scout's History display.
- 25b. **CALIFORNIA MENTOR** 317 Third St. Shoshana McAvoy, drawings.
26. **POP-UP ART SHOW** 424 Third St. Works by Jesse Wiedel, Randy Terra, Lush Newton, Jorden Goodspeed, Shannon Sullivan, Phyllis Material Magpie, Tibora Bea Girczyz-Blum, Joaquin Dominick, Scott Hemphill, Violet Crabtree, Roberta Heidt-Preble, Jeff Cross, Ananda Oliveri, Jeff Langdon, Darren Dunnand others. Proceeds benefit Natalie Arroyo's campaign.
- 26a. **SHIPWRECK** 430 Third St. Mari Persson, portraits. Music by Pie in the Sky.
- 26b. **BECAUSE COFFEE** 300 F St. "Isobel Milena," Catherine Brooks and Tamara Cervenka, mixed media assemblages.
27. **CAFÉ NOONER** 409 Opera Alley. Acoustic guitar by John Myers and Jim Silva.
28. **RAMONE'S** 209 E St. Art Barab, photography. Acoustic guitar by Norm Bradford.
29. **BOOKLEGGERS** 402 Second St. Bill McBride signs *Me and Lonesome*.
30. **TRUCHAS GALLERY/LOS BAGELS** 403 Second St. "Dia de Los Muertos," Greta Turney, paintings.
31. **BELLE STARR** 405 Second St. Martha Johnson, watercolors.
- 31a. **NORTHCOAST KNITTERY** 407 Second St. Rachel Marie Ashman, paintings and sculpture. Live broadcast with Lost Coast Communications.
32. **SASSAFRASS** 417 Second St. Serving cookies.
- 32a. **OLD TOWN ART GALLERY** 417 Second St.

- Featured artist: Sara Westfahl, oils. Cheryl Rau, watercolors.
33. **CORNUCOPIA** 425 Snug Alley. Jessica Hall, mixed media.
- 33b. **NEW AMERICAN FUND** 108 F St. Matt Beard, paintings. Music TBA.
34. **HSU FIRST STREET GALLERY** 422 First St. "A Negotiable Utopia: The Humboldt Bay Project," Cynthia Hooper, documentary videos and essays; Mary Mallahan, ceramic Humboldt Bay model. "Humboldt Bay Landscape Painters," Andrew Daniel, Mimi LaPlant, Kathy O'Leary and Stock Schlueter, paintings.
35. **F STREET PLAZA** F Street at First St. Gospel Tabernacle Choir.
- 35a. **BAYFRONT RESTAURANT** 1 F St. Plaza. Richard Duning, paintings.
36. **LIVING THE DREAM ICE CREAM** 1 F St. Emily Reinardt, charcoal drawings.
37. **LINEN CLOSET** 127 F St. Nancy Ayers, mixed media.
38. **EUREKA FABRICS** 414 Second St. Quilts from Sit & Sew; fifth birthday party with cake.
39. **THE LITTLE SHOP OF HERS** 416 Second St. Rhianna Gallagher, photography; Kendahl Anne Faron, mannequin art.
- 39a. **YARN** 416 Second St. "Sales for Survivors," benefit for Humboldt Community Breast Health Project.
- 39b. **GEMINI VINTIQUES** 420 Second St. "Sorsew-fresh," Stacy King Minty, crochet sculpture.
40. **EUREKA BOOKS** 426 Second St. 19th century medical caricatures from Jack Irvine's collection. Wine served by Sequoia Humane Society.
- 40a. **COCO CUVÉE Inside Riverbend Cellars** 434 Second St. "Inside," Rob Hampson, paintings.
- 40b. **MANY HANDS GALLERY** 438 Second St. "Freak Show," Simone Smith, taxidermy.
41. **THE BROW BAR** 226 F St. Roman, live painting.
- 41a. **ALIROSE** 229 F St. Susan Strobe, paintings.
- 41b. **THE WINE SPOT** 234 F St. "More Than Wine," Bob and Donna Sellers, painting.
42. **OLD TOWN JEWELERS** 311 F St. Donvieve, masks and shields.
43. **GYPSY SISTERS** 527 Third St. Anniversary celebration.
- 43a. **DISCOVERY MUSEUM** Corner of F and Third streets. Kids Alive ages 3-11. Drop-off 5:30 p.m. to 8 p.m. \$15, call for reservations 443-9694.
44. **AMERICAN INDIAN ART GALLERY** 241 F St. Silvia



ALDARON LAIRD'S PHOTOGRAPHS TAKE ANOTHER ANGLE ON HUMBOLDT WATERS IN HIS SHOW "ALDARON'S WALKABOUT: AN ARTISTIC AND SCIENTIFIC EXPLORATION OF THE BAY." (2)
PHOTO COURTESY OF THE ARTIST.

- Houle, pastels.
45. **HUMBOLDT BAY COFFEE** 526 Opera Alley.
Jan Hollander, paintings. Music TBA.
- 46a. **FUNK SHUI** 213 F St.
Nicael Leistikov, upcycled accessories.
- 46b. **OLD TOWN COFFEE and CHOCOLATES** 211 F St.
"Syncromystic," Roman Villagrana. Blues by Jenny & David and the Sweet Soul Band.
47. **OLD TOWN ANTIQUE LIGHTING** Second and F streets. "Fresh Impressions," Susan Walsh Harper, watercolors.
- 48a. **ST. VINCENT DE PAUL** 528 Second St. Brandon Williams, Phoenix Photography, photo booth.
50. **WOLF DAWG** 525 Second St. Carol LaLonde, watercolors. Music by David Young Conspiracy, "Smokestack" CD release party.

- 50b. **HUMBOLDT HARDWARE** 531 Second St.
Ravenwood leather masks.
51. **ORIGIN DESIGN LAB** 621 Third St. Teresa M. Hodgson, quilts.
- 51a. **PRAXIS FITNESS** 239 G St. Winn Wright, colored pencil drawings.
53. **ORANGE CUP CORAL SALON** 612 Second St.
Rob Hampson, oils. Music by Hip Replacements.
54. **PIANTE** 620 Second St. Gwenn Theole, paintings. Rachel Thoele, photography.
- 54a. **STUDIO 622 Gallery** 622 Second St.
"Designed by Nature," Jennifer Mackey.
55. **SMUG'S PIZZA** 626 Second St.
Brandon Garland, pen and ink.
56. **STUDIO S** 717 Third St. Multiple artists, landscapes. ●

continued on next page ►

OLD TOWN'S PREMIERE TATTOO STUDIO

SAILOR'S GRAVE

FULL CUSTOM TATTOOING

• FEATURING •
HENRY KRÜGER
STACEY KEILITZ
JOHN LOPEZ

TUES-SAT 11 AM-7 PM
OPEN FOR ARTS ALIVE

• WALK-INS WELCOME •
• APPOINTMENTS PREFERRED •

Like us on Facebook **SAILORS-GRAVE-TATTOO**

TATTOO

"Dedicated to the Art and History of Tattooing"

138 2ND ST. EUREKA, CA 95501 • 707-443-0666

BRICK & FIRE
...a bistro

Great food,
great wine, great fun!

LUNCHES WEEKDAYS! DINNERS EVERYDAY
BUT CLOSED FOR BOTH ON TUESDAYS

reservations never hurt! 707.268.8959

BrickAndFireBistro.com
1630 F ST EUREKA
707.268.8959

2 doors DOWN

Relax, rejuvenate, reflect
over a nice glass of wine.

open every day at 4:30
closed on Tuesdays! We're on F St.
between Henderson Center & Old Town
Come on by! 707.268.8989

2DoorsDownWineBar.com
1626 F ST EUREKA
707.268.8989

Free Dessert With any meal over \$20*

*limit one per person



EUREKA INN
518 7TH STREET, EUREKA, CA • 707-497-6093

**TALISMAN
BEADS**



214 F Street
Old Town Eureka

*Fulfilling your Beading
dreams for over 20 years*

Open daily
(707) 443 1509

Trinidad Art Night Friday, Oct. 3, 6-9 p.m.

This is the final event this year. For more information on openings, exhibitions and events, visit trinidadartnights.com.

Upper Trinidad

SAUNDER'S PARK (start of Patricks Point Drive). Circus of the Elements performs fire dancing at 8:45 p.m.

OCEAN GROVE 480 Patricks Point Drive. After-party at 9:30 p.m. Funk by River Valley Mud (\$5).

TRINIDAD MUSEUM 400 Janis Court at Patricks Point Drive. "The Trinidad Lighthouse 1871-Present," photography. Jazz by Val Leone.

TRINIDAD TRADING COMPANY 460 Main St. TBA.

WINDANSEA 410 Main St. TBA.

Trinidad East

SAUNDER'S PLAZA EAST Music TBA.

THE LIGHTHOUSE GRILL 355 Main St. Bea Stanley, oil paintings; "Jill's Whims," Jill Overbaugh, recycled mixed media.

BERGERON WINERY 359 Main St. TBA

STRAWBERRY ROCK GALLERY 343 Main St. Works by various artists.

Trinidad West

BEACHCOMBER CAFE 363 Trinity St. Rebecca and Kagan Crow, artwork. Music by Terrapin Breeze.

TRINIDAD TOWN HALL 409 Trinity St. Art demonstration by Ann Anderson.

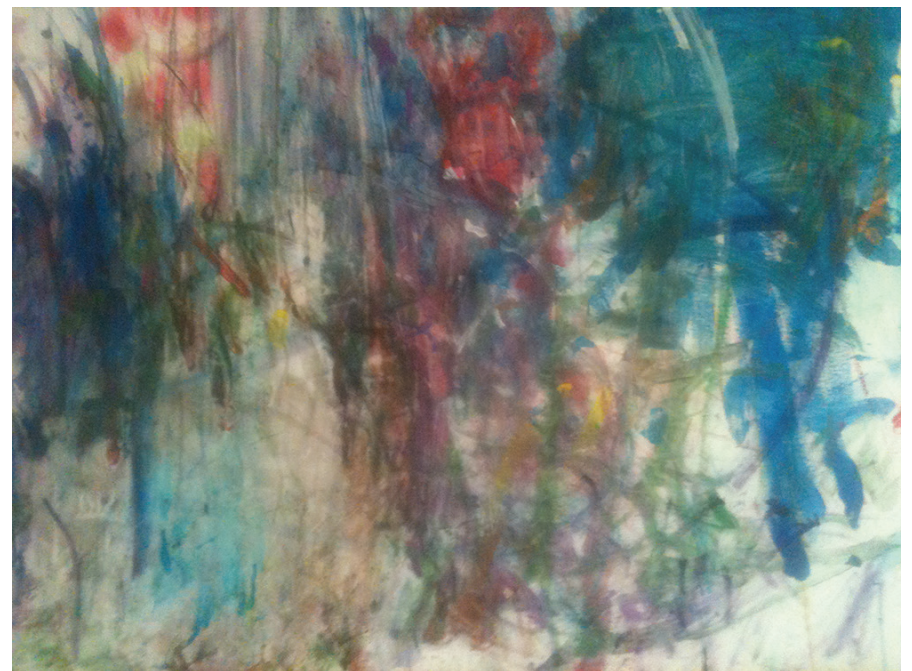
TRINIDAD ART GALLERY 490 Trinity St. Amy Taylor, mosaics.

TRINIDAD EATERY 607 Parker Road. Rick Gustafson, photography; live painting by Antoinette "Toni" Magyar. Music by The JD Jeffries Trio, Sajha Eaton and Mark Noyes.

MOONSTONE CROSSING 529 Trinity St. Amber Van Dunk and Jill Garinger, mosaics; Mare Dodd, paintings. Guitar jazz by Tony Roach.

SEASCAPE RESTAURANT AND PIER 1 Bay St. Jeff Stanley, acrylic paintings. ●

CHILD PRODIGY
KAGAN CROW
IS SHOWING HIS
COLORFUL PAINTINGS
ALONGSIDE HIS
MOTHER REBECCA
CROW'S WORK AT
BEACHCOMBER CAFÉ.



Fortuna's First Friday Oct. 3, 5-8 p.m.

The Fortuna Downtown Business Association invites you to a fun-filled night of art, music, refreshments and merchant specials on the first Friday of every month. Enter to win \$50 in Fortuna Bucks by picking up a "Passport to Downtown" at a participating business and getting it stamped at 10 more shops.



SEE JED STOLL HEAT THINGS UP WORKING WITH GLASS AT HUMBOLDT CORNER. PHOTO COURTESY OF PRECISION INTERMEDIA.

BARKY DOGZ BATHHOUSE 1041 Main St.

Stacey Bigley, handcrafted pet products.

CINDY'S STYLING CENTER 1021 N. St. "Selfie with a Zombie" fundraiser for Safe and Sober 2015 (\$1).

CORNERSTONE REALTY 1131 Main St. Artist TBA.

DAKOTA'S DESIGNS 1040 Main St. Dakota Dae-twiler, paintings; local youth photography.

FORTUNA ART & OLD THINGS 1026 Main St. Alice Shaw prints, cards and hand-painted wooden pieces.

HEALTHSPORT 1023 Main St.

Ken Nunes, acrylic paintings.

HOPPY'S FROYO 1151 Main St.

Jacqueline Walker, photography.

HUMBOLDT HEALTHY FOODS 939 Main St.

Artist TBA.

L'S KITCHEN 734 10th St. Artist TBA.

MAIN STREET ART GALLERY & SCHOOL 1006 Main St. Artist TBA.

MARIAN'S BEAUTY SALON 741 11th St.

Ashley Bones, jewelry.

MCLEAN FOUNDATION 1336 Main St. Featuring multiple artists and live music. Abby Perrott, paintings and sculpture; work by Fortuna High School and Hydesville Elementary students. Taste of the Harvest hard cider tasting and live music from 6 to 10 p.m. (\$25, 21 and over).

PRECISION INTERMEDIA 1012 Main St.

"Classic Universal Monster Heads," Christopher Stroud, illustrations.

RAIN ALL DAY BOOKS 1136 Main St.

Fortuna Art Council Artist TBA.

RARE BIRD 1022 N. St.

"Day of the Dead," Greta Turney.

STREHL'S 1157 Main St. Howdy Emerson, paintings.

TACO LOCO 955 Main St.

Richard Leamon, paintings.

THE HUMBOLDT CORNER 899 Main St.

Jed Stoll, glassblowing demonstrations.

THE LEARNING PLACE 1508 Main St.

Grand opening. Music TBA. ●

October 17th-19th
1st Annual
HUMBOLDT HARVEST
Glass Gathering

Banjo • BlueGrass Man • Chunk • Jared DeLong • Mr. Gray
Jack and Emily Hanshaw • Hermit • Tristan Hodges • Little B
Piper Dan • W.C. Stearns • Talon • Vela G • Mike Warren and more...

with music by
The M Notes, DJ Dirtbag and The No Good Redwood Ramblers
and paintings by Roman Villagrana and Jeff Stanley

at Lost Coast Gallery 1131 Westhaven Drive South
Trinidad, CA 95570

To Purchase VIP Tickets Please Email, Call or order online at
HumboldtHarvestGlass@gmail.com (707) 677-5027 www.lostcoastgallery.bigcartel.com

18 AND OVER Friday: Doors open 5pm
VIP Gallery Opening and
Private Dinner with Artists, Live Music,
Live Fire & Light Dancing, VIP Gift Bags
Limited to 150

Saturday: 10am-6pm \$10 charity donation at door
Glass Demos, Gallery Viewing, Charity Raffle,
Vendors, Food, Drinks and Music

Sunday: Open Gallery 11am-5pm



CO-OP SPECIALS

Prices Valid through Oct. 20, 2014

LIBERTE
Coconut Yogurt
6 oz



5 FOR \$5
It's a BIG Deal

ADDITIONAL SAVINGS WITH IN STORE COUPON **coop deals**

NORTH COAST CO-OP
Sticky Buns
\$2.50
each



NORTH COAST CO-OP BAKERY

\$5.99



Nature's Path Organic Cereal
Eco Pac, 26-32 oz **coop deals**

\$2.69



TERRA
real vegetable chips
PUMPKIN SPICE

final price \$1.69
with **coop coupon**

Terra Pumpkin Spice Chips
5.75 oz **coop deals**

\$5.99



Alden's Organic Ice Cream
48 oz **coop deals**

Kettle Potato Chips
Selected Products 4 oz **coop deals**



2 FOR \$4
It's a BIG Deal

CO-OP SPECIALS



Start off the Fall with Sweet Harvest™ from North Coast Co-op Deli.

Find more Local Specials inside.

PLUS

See our sales flyer in stores or online for more Co-op Specials!

www.northcoast.coop

NORTH COAST CO-OP

811 I Street, Arcata • 25 4th Street, Eureka • www.northcoast.coop



3 foods cafe
 835 J Street Arcata (707) 822-9474
 3foodscafe.com
 open at 5:30 tues-sun
 Check out our facebook page
 for news and specials!



Z&J ASIAN SUBS
 EUREKA, CA
 Fresh Asian Subs,
 Salad, Boba Tea, and More!
 2336 3rd Street, Eureka
 Near Target & Bulletproof Graphics
 707.268.1188



Tandoori Bites
 Indian Cuisine
Indian Cuisine
 Lunch Buffet \$9.99
 11:30 to 3 (all you can eat)
 Dinner Menu Service
 5 to 9:30
 1735 4th St. Eureka • 443-2080



The Sea Grill
 The finest and freshest local catch
 316 E ST. • OLD TOWN, EUREKA • 443-7187
 DINNER MON-SAT 5-9 • LUNCH TUE-FRI 11-2



MOCHA FOR A RAINY DAY.



A TORTILLA YOU COULD CUDDLE UP IN.



THE REAL THING AT BECAUSE COFFEE.

Hum Plate Roundup

The itch for something made from scratch

Story and photos by Jennifer Fumiko Cahill

tabletalk@northcoastjournal.com

Slow Mocha

Is that rain? Quick, run into Café Mokka (495 J St., Arcata), slide into a window seat and watch the back garden get all misty. We can't afford to waste wet days anymore, so make your mocha a double (\$3.10). There is no pit crew of headset-wearing baristas, and you are not going to slug this down one-handed while you drive. This one comes in a two-hands cup, brimming with homemade whipped cream and dusted with cocoa and sugar. Do you think freshly whipped cream doesn't matter? Well, everyone is entitled to his or her opinion and taste is subjective, but you are wrong. *So very wrong.* Taste the real thing and think on your sins. There are also no mysterious containers of whatever-the-hell-accino mix and no cloying syrups. Just two shots of espresso, steamed milk and a generous scoop of Guittard chocolate (note the little melted lump at the bottom of the cup) that make for an old-fashioned, bittersweet mocha to sip while you watch the trees drip on the path outside.

Soft Sell

The pair of tipsters who sent me to Taco Loco (955 Main St., Fortuna) rattled off a list of dishes, but they had me at soft tacos and chile relleno (\$9.99). The homemade corn tortillas are thick and soft enough to use as a bedroll. Not to take anything away from the carnitas inside — meaty and fall-apart tender, sprinkled with chopped onion and cilantro — but the warm tortilla would be good if it was wrapped around pencil shavings. The chile relleno is fairly doused in melted Jack cheese, but you can still taste the bright, bitter flavor of the fresh pepper, dipped in egg batter and fried. Not overly salty, it comes with a green tomatillo salsa and, if you spring for the extra \$1.99, a side of encremado, which is probably Spanish for *this should fatten you up* and is made of chiles, tomatoes, onions and sour cream. Go for it.

Cremini!

Real cream of mushroom soup has been so thoroughly overshadowed by the Warhol-esque army of cans at the market that we no longer remember the original.

Instead, we recall the sound of the congealed stuff, its vacuum suck and plop into the pot. Not that we don't love Aunt Martha's green bean casserole when it comes around, or the legion of other back-of-the-can recipes that call for it, but enough. Retrain yourself to expect more.

Frankly, I scooted down to Because Coffee (corner of F and Third streets, Eureka) to get the evangelical fans of the cream of mushroom soup off my back. For \$3.75 you get a cup that is really a bowl — earthy and herby with shallots and heavy on the thyme. There's a white wine or sherry flavor and enough minced cremini mushrooms to make a little heap in every spoonful. Best of all, there is cream. Real cream that's not in the least bit goopy.

Sit on the rust velvet sofa with your winkingly mismatched china and pretend you are reading one of the brainy books left on the coffee table. Nobody has to know about the trashy novel on your nightstand or those cans of soup in your cupboard. ●

Check out Hum Plate at northcoastjournal.com and email your hot tips to jennifer@northcoastjournal.com



What's your food crush?

Devouring Humboldt's best kept food secrets. www.northcoastjournal.com/HumPlate

2197 Central Avenue,
McKinleyville, CA 95519
f LIKE us on Facebook
www.mckinleyvilleace.com
707.839.1587



**Sale Good Through
Oct 1st - Oct 6th**

HARVEST SALE



\$10.88

**Regular or Wide
Mouth Quart Jars**

~ Box of 12
~ Comes with lids and bands
~ Replacement lids and caps
AVAILABLE HERE! 62296, 62299



\$3.88
**1 Gallon
Mums**

7298243



FREE



Buy a Coleman Camo Jacket get a pair of Camo Pants FREE



\$99.99

Little Chief Smoker

~ Top Loading
~ Removable Grilling Rack
~ Smoke up to 25lbs

84435



carhartt

**Buy a Double Front
Dungaree Pants
get a Carhartt
Work Force Tee FREE**

SMOKEHOUSE Wood Chips

**Alder, Apple, Mesquite,
Hickory, and Cherry**

8061897, 8061889, 8061871, 84437, 8095952

~ 1.75lb Bags
~ For smokers & BBQs
~ Poly bagged

\$3.88





\$9.88



Heritage Collection Jars

~ Comes in Green or Blue
~ Box of 6 Pint Jars
6263842, 6237663



\$6.88



Canner Guide Book

65798

~ 21 qt Canner
~ Canning Rack
~ Jar Lifter, Lid Lifter, Funnel, Bubble Remover

\$64.88

Canner Kit

6187850

~ Over 300 Recipes for canning jams, jellies, tomatoes, pickles, meats, & more!

\$12.88

Apple & Potato Peeler

25364



~ Suction Base
~ Peels, Slices, & Cores
~ Cast Iron, Stainless Steel



\$6.88

Pyrex Glass Measuring Cup

61413

~ 4 cup
~ Oven, Microwave, Freezer, Refrigerator, & Dishwasher Safe



\$26.88

Food Mill

62973

~ Stainless Steel
~ 3 Blades for fine, medium, and coarse
~ 2qt

\$99.88

FoodSaver Food Sealer

6209233



~ Space saving vertical design
~ Dishwasher Safe Drip Tray
~ Keeps foods up to 5 times longer



8" x 20' Roll
11" x 16' Roll

6166763

6166698

~ For making custom sized bags
~ Refrigerate, Boil, Wash, Reuse

\$10.88

Rubbermaid

24pc Food Storage Set \$17.88

~ Lids Snap Together ~ Dishwasher Safe ~ 1/2 cup, 2 cup, 3 cup, 5 cup, 7 cup containers



6137764

Mr. Beer Kit

~ 2 Gallon Fermenter
~ Recipe and Instructions
~ Empty Liter Bottle for your brew



\$49.88

Gold Kit

125204

\$49.88

Cider Kit

125205

\$39.88

Premium Kit

25206

\$19.88

24 qt

133381

\$24.88

32 qt

133380

\$32.88

40 qt

133379

\$42.88

52 qt

132514

\$56.88

64 qt

132515

Steamer Pots





\$168.88
Q 1000 LP
Gas Grill

8379224



~2 pc. porcelain-
enameled cast iron
cooking grates
~189 Square-inch
Cooking area

\$838.88
Genesis S-310

~3 Stainless Steel
Burners
~637 Square-inch
Cooking area

8295180



\$448.88
Spirit S-210

~ 2 Stainless Steel
Burners
~ 360 Square-inch
Cooking Area

8256455



\$19.88
Weber
Cookbooks

~Over 200
Recipes!

125409, 125408,
9222746, 134666, 134665



Fall Outdoor Care



\$7.88
Fall Lawn
Seed

7121759

~ Apply in the fall for thicker
greener lawn in the spring



\$7.88
Winterizer

7134141

~ Promotes root
development and protects
lawn from winter stress



\$13.88
Hand
Spreader

70581



\$17.88
Fruit
Picker

7205990



\$7.88
Poly Rake

72877



\$6.88
Popup
Leaf Bag

6222178

\$788.88
Jim Bowie
Grill

135494

\$578.88
Daniel Boone
Grill

135493

\$338.88
Davy Crockett
Grill

135492

~Made for
tailgate parties
~12v adapter



Green Mountain
Pellet Grills



Green Mountain Grills
function as both an
eco-friendly grill and
a smoker.

\$12.88 Wood Pellets
Texas Blend, Fruitwood Blend

135500, 135499



\$14.88
Life Vests

Sku #Assorted



\$4.88
Pro-Cure Bait

Sku #Assorted



\$88.88
Crab Pot

111816



\$2.88
Fillet Knife

117129



\$12.88
Panther
Martin
Lures
6 pack

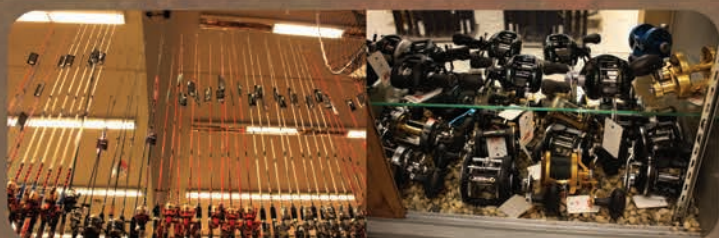
125505, 114284



\$7.88
Fisherman's
Knife Set

116225

~ 3 Stainless steel blades
~Cutting board and gloves
~Stainless steel scissors
~Sharpening steel and
fish scale



Hunting and Fishing Licenses Available



20% OFF
Rod & Reel
Combos



Charles Daly **\$609.88**
Charles Daly 600 Shotgun
Semi-Automatic 12 Ga

134797



\$248.88 
Ruger 10/22 Semi Auto 22LR
Wood or Synthetic Stock

134811, 135740



 **\$469.88**
Remington 870
Super Mag 12 ga

134785



 **\$499.88**
Mossberg M500
12 Ga

136220



\$9.88
Deer Sock
Game Bag

111394

20% OFF
Gun Cases



\$6.88
24 PC
Handwarmers

130298



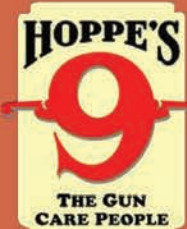
\$44.88
Shotgun
Cleaning
System

121607

~ 3 Memory Flex
 Cleaning Rods
 ~ Slotted Brass Tips
 ~ 2 Obstruction
 removers
 ~ 6 Bore Brushes &
 Bore Cleaner

\$19.88
Hoppes's
Bore Snakes
Assorted Sizes

Sku #Assorted



\$6.88
Rem Oil
Wipes

114307



Custom Embroidery



20% OFF

Get your brand out there
 with our in house designs
 or something you already have!
www.blackdog-outfitter.com/es

Limit 1 per customer

Offer Expires Oct 6th



All Ammo
5% OFF



We have one of the largest
 selections of ammo in
 Humboldt County!

Limited to stock on Hand
 Limit 1 per customer

Offer Expires Oct 6th



Harvest & Hunting
Special

1 Free Knife
Sharpening
 (non-serrated Pocket,
 Hunting, or Cooking)
 Limit 1 per customer

Offer Expires Oct 6th



Rental Department
Special

Rent a Wood Splitter
Get a Chainsaw Rental
FREE

Limit 1 per customer

Offer Expires Oct 6th

Worldly Matters

Think locally,
rock globally

By Jennifer Savage

thesetlist@northcoastjournal.com

Humboldt! We have many things happening.
A really big show

Many readers know famed violinist-singer-songwriter **Jenny Scheinman** launched her stunningly successful career from the wilds of Petrolia. Within those homestead beginnings, a major talent was cultivated. Scheinman moved to Brooklyn in 1998, her album *12 Songs* ranked among the *New York Times*' Top Ten Albums of 2005, she's played with Norah Jones, Bruce Cockburn, Lucinda Williams, Bill Frisell, Nels Cline and Lou Reed, among others, and recently played Carnegie Hall. She does not need to play intimate venues — but she wanted to use her current short tour with Chicago singer-songwriter **Robbie Fulks** to have an official hometown CD release party for her newest recording, *The Littlest Prisoner*, at the Arcata Playhouse.

The Thursday evening show opens with Scheinman performing her songs with Fulks on guitar and vocals, as well as **Robbie Gjersoe** on national guitar. The night will continue with the trio doing selec-



WHO: Chubritza

WHEN: Friday, Oct. 3, 7:45 p.m./

Saturday, Oct. 4, noon

WHERE: Redwood Raks/St. Innocent

Orthodox Church

TICKETS: \$5/Free

PHOTO
COURTESY OF
THE ARTIST

tions from Fulks' repertoire, including his newest release, *Gone Away Backwards*, a sparse, acoustic-only effort that echoes the sounds he heard as a child growing up in rural Appalachia. Fulks was born in Pennsylvania but became a mainstay in the Chicago music scene in the mid-'80s and his reputation is that of a clever songwriter and guitar virtuoso whose broad range keeps audiences happily off-balance.

Doors open at 7:30 p.m., show starts at 8 p.m. Tickets are \$18 general, \$15 members and are available at Wildwood Music, Wildberries or 822-1575.

(Happy note: Scheinman continues to tour nationally and internationally, but has moved back to Humboldt County. Yay, us!)

Too much talent for one night

A show so good they're offering it twice! Yes, **Leftover Salmon**, featuring **Bill Payne** of **Little Feat**, plus local cool cats **Absynth Quintet** perform at the Arcata Theatre Lounge Thursday and Friday night. Leftover Salmon has spent 25 years perfecting rootsy, string-based music — credit them with helping found the "jamgrass" scene — and as for AQ, my favorite description of those ridiculously talented guys references their "reckless, virtuosic and often zany approach." This show will

be musically brilliant and stupidly fun.

Doors open at 8 p.m., show starts at 9 p.m., tickets are available at Wildberries and are \$25 for one night, \$45 for both. This show is 21-and-over.

Expand your world

You don't dance enough. **The Humboldt Folk Dancers** host a **World Dance Party** Friday at the Redwood Raks World Dance Studio in The Creamery that features an easy dance lesson and music played by international-sounding bands **Musaic** and **Chubritza**. All ages and dance levels encouraged. The event runs from 7:45 to 11 p.m., and a \$5 donation is asked.

If you miss the above event — or have so much fun you need another fix right away — good news! The **Ethnic Food and Dance Festival** takes place Saturday at St. Innocent Orthodox Church in Eureka from noon to 3 p.m., also featuring **Chubritza**, a longtime Arcata band founded after a trip to Bulgaria and featuring a range of international instruments including bagpipes, tamburi, gadulka, dumbeks and tsimbl. The six members also sing in a dozen languages and switch instruments covering wind, string and percussion. Seems to be a free, all-ages event.

Irresistible indie

Los Angeles rock band **Nacosta** stops at the Thirsty Bear Lounge at Bear River Casino on

Saturday as part of a West Coast tour supporting *Under the Half Moon*, a debut release consisting of restrained pop and moody melodies — the sort of sound typically referred to as "atmospheric," which means lots of layers and digressions into slightly tripped-out instrumental moments. The band rides the line between melancholy and buoyant quite nicely. Show starts at 9 p.m., is 21-and-over, and it's advertised without a cover charge, but bring some money to throw into the hat, buy merch, etc.

Superb strings

Fans of high quality musicianship and general good times are in for a treat Sunday when **The Dry Branch Fire Squad** and **The Blackberry Bushes Stringband** play the Arcata Theatre Lounge. Dry Branch Fire Squad has long been a favorite in the bluegrass scene, in no small part due to the quartet's live performances, which are enhanced by Ron Thomason's droll outpourings of wit. It's like a Sunday dinner with the family made so much better because your favorite raconteur uncle dropped in. As for The Blackberry Bushes, the traditional flavor of music the trio plays belies the exquisite skill evident in the playing. Listen carefully and note the various threads of different genres woven into adept string instrumentation — "a daredevil sound," as the website notes, that is "delicate, bold and, like their thorny namesake, rooted and growing, growing, growing." Doors open at 6 p.m., show starts at 7 p.m. — early! Tickets are \$18 advance at Wildwood Music, People's Records and The Works, \$20 at the door. The show is 21-and-over.

Etc.

Full show listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoast-journal.com. ●



WHO: Jenny Scheinman

WHEN: Thursday, Oct. 2 at 8 p.m.

WHERE: Arcata Playhouse

TICKETS: \$18, \$15 members

PHOTO
COURTESY OF
THE ARTIST



WHO: Leftover Salmon

WHEN: Thursday, Oct. 2

and Friday, Oct. 3 at 9 p.m.

WHERE: Arcata Theatre

Lounge

TICKETS: \$25

PHOTO
COURTESY OF
THE ARTIST



The Only Alibi You'll Ever Need!

744 9th St. on the Arcata Plaza
822-3731
www.thealibi.com

Open Daily
8am - 2am



music & more LIVE ENTERTAINMENT GRID ARCATA + NORTH EUREKA + SOUTH ON NEXT PAGE ▶					
venue	thur 10/2	fri 10/3	sat 10/4	sun 10/5	m-t-w 10/6-10/8
ABRUZZI 826-2345 780 Seventh St., Arcata		After Dark Dance Party (DJs) 9pm \$5			
ARCATA PLAYHOUSE 1251 Ninth St., 822-1575	Jenny Scheinman and Robbie Fulks (Americana) 8pm \$18, \$15 students	Anything is Tossible (theater) 7pm \$15, \$12	The Zoppe Family Circus 2pm, 7pm \$25, \$15, \$5	The Zoppe Family Circus 2pm \$25, \$15, \$5	[T] Krista Detor with Marc Jeffares (Americana) 8pm \$15, \$12 advance
ARCATA THEATRE LOUNGE 1036 G St., 822-1220	Leftover Salmon (bluegrass) 8pm \$25, \$45 both nights	Leftover Salmon (bluegrass) 8pm \$25, \$45 both nights		Dry Branch Fire Squad (bluegrass) 7pm \$20, \$18 advance	[M] Movie Screen Football 4pm Free w/\$5 food/bev, All Ages [T] Wild and Scenic Film Festival 6pm \$10 [W] Sci-Fi Night w/The Bat 6pm Free w/\$5 food/bev, All Ages
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free	Asha Nan with Madi Simmons (world beat) 8pm Free		Jazz Night 7pm Free	[M] Quiz Night 7pm Free [T] BeTH isBell Band (rock) 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	Safety Orange (rock) 9pm Free	Safety Orange (rock) 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2013 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free			
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		707 (vintage rock) 9pm Free	Eyes Anonymous ('80s hits) 9pm Free	Karaoke w/Chris Clay 8pm Free	[T] Karaoke w/Chris Clay 8pm Free
CLAM BEACH INN 839-0545 4611 Central Ave., McKinleyville		Kindred Spirits (bluegrass) 10pm Free			
HUMBOLDT BREWS 826-2739 856 10th St., Arcata		Beer and Buffet Pairing 6:30pm \$30			
HUMBOLDT MACHINE WORKS AT ROBERT GOODMAN 937 10th St., Arcata, 826-WINE	Roots & Culture Reggae 9pm Free	The M-Notes (acoustic) 9pm Free	Roots & Culture Reggae 9pm Free		[W] Salsa! (lessons + dance) 9pm \$5
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928		Her Own Way (theater) 7:30pm \$5, free students	Her Own Way (theater) 7:30pm \$5, free students	Nick Offerman (comedy) 8pm \$55, \$25 students	[M] Kate Buchanan Room: DJ Shadow and Cut Chemist (DJ) \$45, \$30 students [T] Branford Marsalis (jazz) 8pm \$65, \$10 students
JAMBALAYA 822-4766 915 H St., Arcata		CBaker and friends (hip-hop) 10pm TBA	Naive Melodies (Talking Heads tribute) 9pm TBA	DGS Sundaze (EDM DJs) 9pm \$5	[T] Savage Henry Comedy Night 9:30pm \$5 [W] The Whomp (DJs) 9pm \$5

Arcata's Newest Fast & Fresh Food Spot!



PANINIS • WAFFLES • SOUPS • SALADS

Call In Your Order
(707) 599-1733

Check Us Out At 601 "I" Street, Arcata

NORTH COAST JOURNAL

COCKTAIL COMPASS

100+ BARS
80+ HAPPY HOURS

NORTHCOASTJOURNAL.COM /COCKTAILCOMPASS



Cafe Brio
on the Arcata Plaza

Friday Night Bistro
Casual Locavore Cuisine
Fridays from 6-9

Farm to Table Dinners
5 Course Locavore Prix Fixe Menu
Saturdays: Aug 30, Sept 27, Oct 25

Monday-Friday 7 - 5 Weekend Brunch 9 - 3
Menus @ www.briobaking.com/cafe

SUSTAINABLE LOCAVORE ORGANIC

Northern Redwood
FEDERAL CREDIT UNION

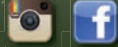
FREE!

Checking • Mobile Banking • Online Banking
Debit Card • E-Statements • Bill Pay

WE WORK FOR YOU!

WWW.NORTHERNREDWOODFCU.ORG

707 822-5902 or 800 822-5902 • 1270 Giuntoli Lane • Arcata, CA 95521



arcata • blue lake • mckinleyville
trinidad • willow creek

clubs, concerts
and cafés

Submit your
events online!
Deadline noon Friday



venue	thur 10/2	fri 10/3	sat 10/4	sun 10/5	m-t-w 10/6-10/8
LARRUPIN 822-4766 1658 Patricks Point Drive, Trinidad		Blue Lotus Jazz 6pm Free		Dogbone (feral jazz) 6pm Free	[W] Aber Miller (jazz) 6pm Free
LIBATION 825-7596 761 Eighth St., Arcata	Claire Bent (jazz) 7pm Free	Claire Bent (jazz) 7pm Free	Blue Lotus Jazz 7pm Free		[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 677-0077 355 Main St., Trinidad				Kelly Busse (folk) 5pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Open Mic 8pm Free	'80s Night (DJ) 9pm Free	Garage Rock a Go-Go (DJ) 9pm Free	Potluck (food) 6pm Free	
MAD RIVER BREWERY 668-5680 101 Taylor Way, Blue Lake	Blake Ritter (fiddle) 6pm Free	Jenni & David and the Sweet Soul Band (funk) 6pm Free	Anniversary Party w/Samba Na Chuva, Miss Massive Snowflake, Grafitti 2:30pm Free		[T] Anderson and Gould (blues) 6pm Free [W] Dogbone (feral jazz) 6pm Free
MOSGO'S 826-1195 2461 Alliance Road, Arcata			Bradley Dean (rock/country) 4pm Free		
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad		River Vally Mud (funk) 9:30pm Free			[M] Dancehall Mondayz w/Rude Lion 8pm \$5
PLAZA GRILL 826-0860 780 Seventh St., Arcata	Thursday Night Shake Up 8pm Free				
REDWOOD CURTAIN BREW 550 South G St. #6, Arcata 826-7222			Roland Rock (surf doom) 8pm Free		
SIDELINES 822-0919 732 Ninth St., Arcata	Rude Lion Sound (DJ) 10pm \$2	DJ Music 10pm \$2	Sidelines Saturdays w/Rude Lion 10pm \$2		
SILVER LINING 839-0304 3561 Boeing Ave., McKinleyville			Good & Evil Twins Karaoke 8pm Free		[T] Good & Evil Twins Karaoke 8pm Free
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville	Itchie Fingaz (DJ) 9pm Free	Them Travelin' Birds (folk) 9pm Free	The Georgia Handshakers (folk) 9pm Free	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free [T] Sunny Brae Jazz Collective (jazz) 8pm Free
SUSHI SPOT 839-1222 1552 City Center Road, Mck.					[M] Anemones of the State (jazz) 5pm Free
TOBY & JACKS 822-4198 764 Ninth St., Arcata		DJ Itchie Fingaz (glitch/hip-hop) 9pm Free	DJ Music 10pm Free		[W] Reggae Wednesdayz w/Rude Lion 10pm Free

THE ORIGINAL • SINCE 2002

Humboldt

CLOTHING CO.

**It's Camo Season
in Humboldt!**

Bayshore Mall Eureka (707) 476-0400
987 H ST Arcata (707) 822-3090

or shop online at
www.humboldtclothing.com

Know your local Breweries...

Drink Local!

It's that time of the year again! As part of Humboldt Beer Week, your local breweries will all be joining forces to create a collaborative brew! Available at each of our locations, hits the taps Oct. 4th.

www.humboldtbeerweek.com | [#humboldtbeerweek](https://twitter.com/humboldtbeerweek)




NOW OPEN!

Discount Tobacco

Local Roasted Humboldt Bay Coffee

Drive Thru



HWY 101 TO LOLETA

NEXT TO BEAR RIVER CASINO

music & more LIVE ENTERTAINMENT GRID EUREKA + SOUTH ◀ ARCATA + NORTH ON PREVIOUS PAGE					
venue	thur 10/2	fri 10/3	sat 10/4	sun 10/5	m-t-w 10/6-10/8
BAR-FLY PUB 443-3770 91 Commercial St., Eureka		Bar-Fly Karaoke 9pm Free			[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	Dr. Squid (dance hits) 9pm Free	Nacosta (indie rock) 9pm Free		
CHAPALA CAFÉ 443-9514 201 Second St., Eureka		The Tumbleweeds (cowboy) 6-8pm Free	The Tumbleweeds (cowboy) 6-8pm Free		
EUREKA INN PALM LOUNGE 518 Seventh St. 497-6093	Throwback Thursday (DJs) 8pm Free	Pressure Anya Shuffle Dance Party (DJs) 9pm Free			[T] Anna Banana (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
EUREKA THEATER 612 F St., 845-8795			Historical Movie Night 6pm Free		
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Papa Paul (folk) 6pm Free			
INK ANNEX 442-8413 47B w. Third St., Eureka		Bloodmoon, Bumbklaatt and Dullahan (punk) 7pm \$6			
MATEEL COMMUNITY CTR. 59 Rusk Lane, Redway 923-3368			Rapunzel (theater) 8pm \$15		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600			Jenny & David and the Sweet Soul Band (funk) 7pm Free		[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 444-2017 507 Second St., Eureka	Dirty Thursdays (DJs) 9pm Free	Rude Lion (DJ) 10pm Free	JSun (DJ) 10pm Free		
PERSIMMONS GALLERY 923-2748 1055 Redway Drive, Redway		April Moore and Ranch Party (country) 7pm Free	Raw Food Party (food, DJs) 6pm Free		[W] Jefferson Parson (folk) 7pm Free



LIQUORS

DOWNTOWN PLAZA
786 9TH STREET ARCATA



GROCERY LIQUORS

NORTHTOWN (RIGHT OVER THE FOOTBRIDGE)
1644 G STREET • ARCATA • 822-1865

100 Different Bottles of Whiskey on the Wall

Study them all.

Welcome Back Students!

Russian Standard® Vodka.....	\$19.99
The Kraken® Black Spiced Rum	\$20.99
Sailor Jerry® Spiced Caribbean Rum.....	\$20.99

Alumni Owned



MARGARITAS & MEXICAN GRILL

HAPPY HOURS

Rita's on Harris

\$2 Well Drinks

Extremo Happy Hour 4-5pm

& Regular Happy Hour

Rita's on 5th Street

\$4 Jumbo Margaritas

\$2 Pints & Full Size Drinks

Regular Happy Hour

M-Sa 3-5pm

Rita's in Arcata

\$2 Pints • \$3 Margarita

M-F 3-5pm

Eureka

1111 5th St • 443-5458

427 W. Harris St • 476-8565

Arcata

855 8th St. Suite 3 • 822-1010

RitasCafe.com

☆ WOMEN-OWNED ☆

GENTLEMEN'S CLUB

NIGHTLY 9PM-3AM 21+ ONLY

FABULoustIPTOP.COM

CLUB: 443-5696 BAR: 443-6923

King Salmon Exit, Hwy. 101, Eureka



~12~ BEERS ON DRAFT

FULL BAR & BOTTLE SERVICE

ALWAYS CONTRACTING NEW DANCERS

THE FABULOUS

Tip Top



eureka • fernbridge • ferndale • fortuna
garberville • loleta • redway

clubs, concerts
and cafés

Find live music
and more!



venue	thur 10/2	fri 10/3	sat 10/4	sun 10/5	m-t-w 10/6-10/8
SHAMUS T BONES 407-3550 191 Truesdale St., Eureka	Kenny Ray and the Mighty Rovers (honky-tonk) 7pm Free				
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Accident Lab Poetry Night w/DJ Goldylocks 7:30pm \$5	Face Your Fears (comedy/hip-hop open mic) 9pm Free	Zombie Party (DJs, costume party) 9pm Free		[T] White Manna, Midday Veil and Swahili (psych. rock) 9pm TBA
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244			Buddy Reed and the Rip It Ups (booty shakin' blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free



WHO:
Robbie Fulks
WHEN:
Thursday,
Oct. 2 at 8 p.m.
WHERE:
Arcata Playhouse
TICKETS:
\$18, \$15 members

Lia's 怡東
Oriental Cuisine
Chinese & Asian Cooking
Beer & Wine
Lunch & Dinner Monday to Friday
Dinner Only Saturday
823 Broadway, Eureka
(former KFC building) 707-269-2618


Bayfront Restaurant
One F Street, Eureka, CA 443-7489
Open Daily 11-9:30pm | BayfrontRestaurant.net


BERON GRILL
HAPPY HOUR
4-6PM TUES.-SUN.
DAILY SPECIALS
LUNCH • DINNER
OLD TOWN EUREKA
516 2ND ST. ♦ 443-3663
WWW.OBERONGRILL.COM


Dear HumCo,
Tell us your food crush!
Yours always,
NCJ
P.S. Email jennifer@northcoastjournal.com

RESTAURANT 301 &
CARTER HOUSE INNS
301 L ST, EUREKA
(707) 444-8062
CARTERHOUSE.COM

HAPPY HOUR
4-6PM


JIM BEAM MANHATTAN BEEFEATER MARTINI
M&M SPECIAL
\$2.50
*LIMIT TWO PER CUSTOMER

ASK ABOUT OUR
WEEKLY ½ OFF BAR
MENU ITEM

BAR MENU:
TRUFFLE FRIES · BLACK BEAN QUESADILLA
301 GRASSFED SLIDERS · CARTER DOG
FRESH FISH TACOS · ARTISAN CHEESE PLATE

UPCOMING EVENTS

Thirsty Bear
LOUNGE
ROCKTOBER

10.3 DR. SQUID
Pop/Rock/Dance
10.4 NACOSTA
Psychedelic Rock from L.A.
10.10 THE BLACKSAGE RUNNERS
High Energy Rock
10.11 NIGHTHAWK
Pop/Rock/Dance


ALBUM RELEASE PARTY
10.17 & 10.18
HUNTER & THE DIRTY JACKS
From L.A., Retro Rock & Roll

THURSDAYS | 8 PM
KARAOKE WITH CHRIS CLAY
FRIDAYS & SATURDAYS | 9 PM - 1 AM
FEATURED LIVE MUSIC
KARAOKE CONTEST ON OCTOBER 30TH
WIN CASH & FREE PLAY!


WWW.DIAMONDTALENT.COM PRESENTS
HUNKS
The Show

America's HOTTEST
Ladies Night Out!
OCTOBER 17TH
SHOW AT 7 & 9PM
\$15 OR \$10 WITH PLAYERS CARD
PURCHASE TICKETS AT THE PLAYERS CLUB

BEAR RIVER
CASINO & HOTEL
800.761.2327 | bearrivercasino.com
Must be 21 years or older to enter Casino, or must be accompanied by an adult. Event and promotional details are subject to change without notice. Management reserves all rights.

Stroll the square on **Saturday, Oct. 4** to see the ephemeral art at **Pastels on the Plaza**, the annual fundraiser for North-coast Children's Services (free). Artists will be transforming sidewalk squares for local business sponsors by **9 a.m.** Bask in the color before it's all washed away (assuming that rain thing wasn't a fluke).

PHOTO BY
DREW
HIGHLAND



Redwoods competition. PHOTO BY SCOTT SCHAPPELL

The **Redwood Coast Belly Dance Festival** shakes up **Redwood Raks** on **Friday, Oct. 3** through **Sunday, Oct. 5** (\$5 donation). Warm up with the dance party at **8 p.m.** on **Friday** and come back for a weekend of performances, workshops, a fashion show and the Jewel of the

Get to **Stone Lagoon Visitor Center** by **9:30 a.m.** or **1:30 p.m.** and register for a **free, guided kayak tour** on **Sunday, Oct. 5** (donations accepted).

Folks from **Kayak Zak** will suit you up, give you a lesson and take you out on the water, all to raise funds to reopen the **Dry Lagoon** campsites.

PHOTO BY
CHUCK
JOHNSON



8 DAYS A WEEK

2 thursday

ART

Plein Air at the Lost Coast. 8 a.m.-9 p.m. Downtown Shelter Cove, Machi Road. A five-day outdoor painting festival with workshops, prizes, auctions and more for artists and art lovers of all ages and levels. Free to attend, \$65 registration. nancynlm@yahoo.com. 986-7120.

LECTURE

Maral Attallah. 5 p.m. Van Duzer Theatre, Humboldt State University, Arcata. The Excellence in Teaching Award winner presents "The Stories We (Don't) Tell: Re-writing Collective Memory and Identity." Free.

Scaling Renewable Energy. 5:30-7 p.m. BSS 166, Humboldt State University, Arcata. HSU's Sustainable Futures Speaker Series presents Sam Arons and "A Perspective from Google." Free. serc@humboldt.edu. www.schatzlab.org. 826-4345.

MUSIC

Leftover Salmon. 8 p.m. Arcata Theatre Lounge, 1036 G St. The bluegrass legends are joined by the Absynth Quintet. \$25, \$45 both nights. www.arcatatheatre.com.

THEATER

The Addams Family Preview. 8-10:30 p.m. Ferndale Repertory Theater, 447 Main St. A macabre musical comedy by *Jersey Boys* authors Marshall Brickman and Rick Elice. Wednesday Addams brings her new "normal" boyfriend to dinner. \$5. info@ferndale-rep.org. www.ferndalerep.org. 786-5483.

EVENTS

Buffalo Field Campaign Roadshow. 7 p.m. Native American Forum, Humboldt State University, Arcata. Co-founder Mike Mease shares music, stories, video and activism inspired by the Yellowstone bison. He is joined by musicians Goodshield and Mignon Geli and author Derrick Jensen. mkfiske@gmail.com. www.buffalofieldcampaign.org.

FOR KIDS

Storytime. 10-10:45 a.m. Trinidad Library, 380 Janis Court. Stories, songs, fingerplays and more for you and your youngsters. Free. 677-0227.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson near F Street, Eureka. Fresh local produce, straight from the farmer. Tony Roach plays this week. www.humfarm.org. 441-9999.

McKinleyville Farmers Market. 3:30-6:30 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. Fresh local vegetables, fruit and flowers straight from the farmer. Also fresh barbecued meats and live music.

Restaurant Week. Locations throughout Humboldt County. Over 20 participating Humboldt restaurants offer fixed price menu items, giving diners a chance to sample local, delicious food. Prix fixe. info@locally-delicious.org.

MEETINGS

Human Rights Commission. First Thursday of every month, 5 p.m. County Courthouse, 825 Fifth St., Eureka. This month's agenda includes the use of public property and prison conditions. Free. 668-4095.

Our Pathways to Health. 5:30-8 p.m. Del Norte Community Health Center, 550 E Washington Blvd. Suite 100, Crescent City. Individuals with long-term health conditions can learn to manage their symptoms and more. Free. www.aligningforcershumboldt.org. 445-2806.

OUTDOORS

Cocktail Cruise. 5:30 p.m. C Street Market Square, Foot of C Street, Eureka. Have a drink and enjoy a slow ride around the bay on the Madaket. \$10. 445-1910.

Narrated Bay Cruise. 1, 2:30 & 4 p.m. C Street Market Square, Foot of C Street, Eureka. Tour the bay with the captain of the Madaket as your guide. Learn about the history and wildlife of Humboldt Bay. \$18, \$16 seniors and kids under 17, \$10 kids under 12, free to kids under 4. 445-1910.

ETC

Cribbage Group. Every other Thursday, 6-8 p.m. New Wine Church, 1180 Evergreen Road, Redway. Please bring a board, if possible; refreshments will be served. Free. lizcarey333@icloud.com. 497-8281.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and other fiber artists as they socialize and work on their current projects. 442-9276.

3 friday

ART

Arts Fortuna. First Friday of every month. Main Street. Fortuna's arts night. Free. 845-2038.

Plein Air at the Lost Coast. 8 a.m.-9 p.m. Downtown Shelter Cove, Machi Road. See Oct. 2 listing.

DANCE

World Dance Party. 7:45 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Start with a lesson, then dance the night away to music from Chubritza and Musaic. \$5. ckurumada@aol.com. www.humboldtfolk dancers.org. 496-6734.

LECTURE

Flood. 7 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Historian and author Jerry Rohde presents unusual facts, stories and images of Humboldt County's infamous 1964 flood. Free. www.facebook.com/humboldt.grange. 442-7107.

GMO Talk. 7-9 p.m. Native American Forum, Humboldt State University, Arcata. Alison Van Eenennaam, an animal genomics and biotechnology specialist at UC Davis, presents "Understanding GMO Myths and Misconceptions" as part of the GMO Speaker Series. Free. msw13@humboldt.edu. 826-5557.

MUSIC

Leftover Salmon. 8 p.m. Arcata Theatre Lounge, 1036 G St. See Oct. 2 listing.

THEATER

The Addams Family: The Musical. 8 p.m. Ferndale Repertory Theater, 447 Main St. The zany and macabre family takes the stage with an original story set to music. \$18, \$16. www.ferndalerep.org. 786-5483.

Anything is Tossible. 7-9 p.m. Arcata Playhouse, 1251 Ninth St. Mountain Motion's high-flying comic crusade weaves together juggling, dangerous stunts and high-impact humor. \$15, \$13 advance, \$10 kids advance, \$12 kids. info@mountain-motion.com. 209-743-1261.

Her Own Way. 7:30-9 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Derek Lane conducts this radio-style reading of the first play ever performed at Humboldt State University. \$5, free. www.HSUSTage.blogspot.com. 826-3928.

I Hate Hamlet. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. This dramatic comedy follows the struggles of a young actor who is tackling the role of Hamlet, trying to maintain his relationship and being haunted by the ghost of John Barrymore. \$16, \$12. 442-6278.

EVENTS

Friday Night at the Refuge. First Friday of every month, 7-8 p.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Enjoy a walk along the trail followed by a natural resource presentation. Betsy Elkinton presents "Foraging Strategies of Black Brant During Spring Staging on South Humboldt Bay." Free. denise_seeger@fws.gov. 733-5406.

Harvest Fiesta. 3-10 p.m. Garberville Town Square, Church Street. This celebration of the harvest features a tri-tip dinner and dancing as a benefit for Town Square improvements. Vegetarian options available. \$20 suggested donation. george.nancy32@yahoo.com. 672-5224.

North Coast Stand Down. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. A service fair and

assistance event for all veterans. Free. www.northcoast-standdown.org.

Taste of the Harvest. 6-10 p.m. McLean Foundation, 1336 Main Street, Fortuna. Sample several hard ciders and enjoy music from Cliff Dallas and the Death Valley Troubadours at this benefit for Wild Souls Ranch. \$25, \$10 for sober driver.

FOR KIDS

Children's Clothing Swap. First Friday of every month, 3:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Bring your kids' hand-me-downs to trade for fresh new-to-you's. Sizes newborn-12, in wearable condition (no holes, stains, etc.). Free. facebook.com/ChildrensClothingSwapArcata. 985-8084.

FOOD

Beer and Buffet Pairing. 6:30-9:30 p.m. Humboldt Brews, 856 10th St., Arcata. Enjoy delicious local food and microbrews as part of Humboldt Beer Week. TBA. www.humboltdtbrews.com.

Restaurant Week. Locations throughout Humboldt County. See Oct. 2 listing.

Southern Humboldt Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh produce, meats, baked goods and more, plus live music and family activities. Free. www.facebook.com/Southernhumboldt-farmersmarket.

OUTDOORS

Cocktail Cruise. 5:30 p.m. C Street Market Square, Foot of C Street, Eureka. See Oct. 2 listing.

Narrated Bay Cruise. 1, 2:30 & 4 p.m. C Street Market Square, Foot of C Street, Eureka. See Oct. 2 listing.

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

4 saturday

ART

Plein Air at the Lost Coast. 8 a.m.-9 p.m. Downtown Shelter Cove, Machi Road. See Oct. 2 listing.

BOOKS

Book Signing. 6-9 p.m. Booklegger, 402 Second St., Eureka. Meet William McBride, author of the novel *Me and Lonesome*. nancybooklegger@suddenlinkmail.com. 445-1344.

Roshni Book Sale. 9 a.m.-4 p.m. Arcata United Methodist Church, 1761 11th St. Buy new-to-you books and help raise money for girl's education in rural Swat Valley, Pakistan. Every \$30 earned enables one girl to attend school for a year. miacprall@gmail.com or roshni_1994@hotmail.com. 677-9031.

DANCE

Redwood Coast Belly Dance Festival. 12-8 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. The 10th and final festival celebrating belly dancing with vendors, henna, performances and fun for the whole family. \$5 donation, free for kids. dance@shoshannaland.com. www.redwoodcoastbellydance.com. 616-6876.

LECTURE

Art Talk. 5-6 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Join artists Joseph Bellacera and Paula Wenzl Bellacera in a discussion about their inspiration, techniques and the challenges and joys of being an artist couple. Free. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

Historical Society Lecture Series. First Saturday of every month, 1-3 p.m. Eureka Main Library, 1313 Third St.

Enjoy a variety of lectures and slideshows about people, places and events pertaining to local history. Free. www.humboldthistory.org/whatsnew.html. 269-1905.

MOVIES

Historical Movie Night. 6 p.m. Eureka Theater, 612 F St. View films from the Humboldt County Historical Society and Humboldt State University archives. Free. www.theeurekatheater.org.

MUSIC

Jazz Orchestra and Symphonic Band. 8-9:30 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Dan Aldag and Paul Cummings direct this tribute to composer and pianist Horace Silver. \$8, \$5, free. www.HSUMusic.blogspot.com. 826-3928.

THEATER

The Addams Family: The Musical. 8 p.m. Ferndale Repertory Theater, 447 Main St. See Oct. 3 listing.

Her Own Way. 7:30-9 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See Oct. 3 listing.

I Hate Hamlet. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Oct. 3 listing.

Rapunzel. 8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. The Missoula Children's Theatre presents a youth cast for this classic story. \$15. www.mateel.org.

The Zoppe Family Circus. 2 & 7 p.m. Creamery District, 1251 Ninth St., Arcata. Nino the Clown stars in this show of acrobatic feats, horseplay and general circus mayhem. \$25, \$15, \$5.

EVENTS

Apple Harvest Festival. 9 a.m. Locations throughout Fortuna. The whole town celebrates the apple harvest with fun games, vendors, tours and more! Free.

Arts Alive. First Saturday of every month, 6-9 p.m. Art,

continued on next page ►



CHER-AE HEIGHTS CASINO IS HOSTING A

FREE Health Fair
October 9, 2014 from 11am - 4pm
in our Events Center.

There is no fee for the event and we will have several community partners.

Cloney Pharmacy On-Site Providing Flu Shots \$25.00 Blood Mobile On-Site American Cancer Society Tobacco Cessation Free Blood Sugar/Pressure Testing & Diabetes Info. First Aid, CPR Demonstration With Humboldt Fire Kid Zone with Games Dental Care Information Back Health Information Wic/Calfresh & Community Resources	Free Cholesterol Testing Healthy Food Options By Food For People Senior Citizen Health & Self Management Zumba Demonstration Healthy Buffet Insurance Providers Red Cross Emergency Bags Community Outreach Programs On-Site Home Remedies/Indian Herbal Health Crossfit Information
---	---

FREE

THIS IS AN ALL AGES EVENT.

Minors must use the side entrance to the Event Center, but all are encouraged to join us.

12th Annual

Medieval Festival of Courage

A Family Weekend of Stories, Skill, Amusements, Medieval Morsels, Treasures, Knights & Royal Horses

... Celebrating Agricultural Traditions

Blue Lake, October 4 & 5

10 to 5 daily - Christie's Pumpkin Patch & Corn Maze

\$5.00 Adults \$3.00 Children 3 - 12, 2 years & under are free

Knights of Mayhem

Jousting 12:30 & 3:30 daily

Enchanted Village Tour - 10 to 12 Saturday (1st 200 children)

Fairy Horse Parade/Equestrian Demonstrations - 2 Saturday

Parzival's Quest/Costume Contest - 1:30 Sunday (1st 150 children)

www.medievalfestivalofcourage.org

Benefits Coastal Grove PTO & Local Schools & Nonprofits

Good Company/Sam McNeill
Joanne Rand
Carpathian
Seabury Gould
Celtic Bagpipes & Fiddle
Tribal Oasis Bellydance
Unsane World Theater
Emerald Coast Irish Dancers
Mihael Kavanaugh
Josephine Johnson
Roving Minstrels
Student Performances
Vanishing Pints
Redwood Coast Women's Chorus
Humboldt Aerial Collective
4H Petting Zoo
Pony & Hay Rides
Biodynamics/Bees
Apple Pressing/Cider Making
Wool Processing
4H Archery, Boofing
Games, Crafts, Pumpkins
Golden Dragon Games
Smoking Dragon BBQ, Tavern
NO DOGS PLEASE



RED LION HOTEL BRIDAL EXTRAVAGANZA!



YOU'RE INVITED TO THE EUREKA RED LION'S BRIDAL SHOW

OCTOBER 19, 2014
1:00 P.M. TO 4:00 P.M.

PRESALE TICKETS: \$6 | DOOR TICKETS: \$10

ONE LUCKY BRIDE WILL WIN A
\$1,000 BRIDAL GOWN FROM PROMISES BRIDAL

COME HAVE A GREAT TIME SEEING SPECTACULAR
VENDORS AND WHAT THEY HAVE TO OFFER
YOU FOR YOUR WEDDING! PRIZES & FUN!



CALL FOR MORE INFORMATION
(707) 441-0844



EUREKA.REDLION.COM WWW.FACEBOOK.COM/REDLIONEUREKA

Calendar 8 DAYS A WEEK

continued from previous page

and a heap of it. All around Old Town, Eureka. Free. www.eurekamainstreet.org. 442-9054.

Excalibur Medieval Tournament and Market Faire. 10 a.m. Mad River Hospital, 3800 Janes Road, Arcata. Musicians, a horse parade and jousting knights. Try grape stomping, archery and swordplay. Enjoy costumed entertainers, sample food and drink and browse the craft booths. \$8, \$5 kids, free to kids under 5. 834-8060.
Humboldt Sponsors Rummage Sale. 9 a.m.-3 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. The 49th annual sale features housewares, furniture, electronics, tools, books, clothing, jewelry, toys, and sporting goods in four buildings, including new items donated by local merchants. All proceeds benefit local youths. Free. www.humboldtsponsors.org.

Medieval Festival of Courage. 10 a.m. Christie's Ranch and Pumpkin Patch, 2870 Glendale Drive, Blue Lake. Travel back in time for a weekend of family amusements, skills, treasures, morsels, a petting zoo, archery, jousting, aerial dance and much more at this fundraising festival. \$5 adults, \$3 children, age 2 and under are free. 825-8804.
North Coast Stand Down. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See Oct. 3 listing.
Pastels on the Plaza. 9 a.m. Arcata Plaza, Ninth and G streets. This event is sponsored by area businesses to support North Coast Children's Services and features more than 100 artists chalk drawing on the plaza during the Arcata Farmer's Market. Free. www.ncsheadstart.org. 825-1302.

Taste of Orthodoxy. 12-4 p.m. St. Innocent Orthodox Church, 939 F St., Eureka. Music by Chubritza and a variety of Central European and Greek food booths. The choir presents Byzantine chants during guided tours of temple. www.eurekafirstchurch.com. 443-2099.

Wine by the Sea. 3-6 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Indulge in wine tasting and live music with a view at a benefit for Friends of the Dunes. \$30.

Zombie Walk. 5 p.m. County Courthouse, 825 Fifth St., Eureka. Limp and drag your way through Arts! Alive. Free.

FOR KIDS

Baby Read and Grow Story Time. First Saturday of every month, 10-11 a.m. McKinleyville Library, 1606 Pickett Road; 11 a.m. Rio Dell Library, 715 Wildwood Ave.; noon, Willow Creek Library, Highways 299 and 96. Children ages 3-23 months old can enjoy finger-plays, songs and a story reading together. After stories, there is free play time for the children. Free. mckhumi@co.humboldt.ca.us. 839-4459.

KEET Kids Club. First Saturday of every month, 12-2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Kids aged 2-8 hear a story and create art. Each family leaves with a free book. Free. www.humboldttarts.org. 442-0278 ext. 201.

Kid's Alive. First Saturday of every month, 5:30 p.m. Discovery Museum, 501 Third St., Eureka. While the adults enjoys Arts Alive! the little ones can do arts and crafts. Registration begins the previous Saturday. \$15 non-members. info@discovery-museum.org. www.discovery-museum.org. 443-9694.

FOOD

Arcata Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Locavores' delight: fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Mad River Rose plays this week. Free. www.humfarm.org. 441-9999.

Dream Quest Farmer's Market. 9 a.m.-2 p.m. Post Office, 100 Country Club Drive, Willow Creek. Produce from local farms and the Dream Quest garden. Operated by Dream Quest teens. Free. 530-629-3564.

Raw Food Party. 6-10:30 p.m. Persimmons Garden Gallery, 1055 Redway Drive, Redway. Enjoy a four-course tasting feast of raw foods and live music from Leib & Cynthia and DJ CopperTon3. RSVP. Free. persimmonsgardengallery@outlook.com. www.persimmonsgardengallery.com. 601-7794.

Restaurant Week. Locations throughout Humboldt County. See Oct. 2 listing.

GARDEN

Biodynamic Agriculture. 10 a.m.-5 p.m. Christie's Ranch and Pumpkin Patch, 2870 Glendale Drive, Blue Lake. Luke Frey and Colum Riley demonstrate balanced farming practices for better crops and healthier land. \$5, \$3 kids, free for 2 and under. coastalgrove@coastalgrove.org. www.medievalfestivalofcourage.org. 825-8804.

DIY Drought Solutions. 11 a.m.-4 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The event features a tradeshow, kids' activities and presentations with topics including building a rain barrel, greywater systems, permaculture and more. Free. rprice-hall@trinidad.ca.gov. www.tiny.cc/diydrought. 449-6454.

Native Plant Sale. 10 a.m.-3 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Shop the wide variety of plants for all growing conditions and meet knowledgeable people to assist you in creating or adding to your garden. www.baysidegrange.org. 822-6918.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 600 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Katy Allen. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. The tour guide this week is Cedric Duhalde. Free. www.rras.org/calendar.

Cocktail Cruise. 5:30 p.m. C Street Market Square, Foot of C Street, Eureka. See Oct. 2 listing.

Godwit Days Fall Preview. 7:30 a.m.-5 p.m. Locations throughout Humboldt County. Experience the rare migrant bird species in the region's birding hot spots. Small groups, half-day, three-quarter day and full-day trips offered. Visit the website for registration and more info. \$25-50. godwitdaysreg@yahoo.com. www.godwitdays.org. 826-7050.

Kayak Tours. 130-3:30 a.m. Stone Lagoon Visitor Center, 115336 Highway 101, Trinidad. This fundraiser to reopen Dry Lagoon Hike-in Campground features guided tours with life jackets, paddles and a short safety lesson. Bring a change of clothes and shoes you can swim in. Foul weather cancels. Donations accepted. info@kayakzak.com. 498-1130.

Lanphere Dunes Guided Walk. First Saturday of every month, 10 a.m. Pacific Union School, 3001 Janes Road, Arcata. Join a Friends of the Dunes naturalist and tour part of the Humboldt Bay National Wildlife Refuge. Free. info@friendsofthedunes.org. www.friendsofthedunes.org. 444-1397.

Narrated Bay Cruise. 1, 2:30 & 4 p.m. C Street Market Square, Foot of C Street, Eureka. See Oct. 2 listing.

Hammond Trail Work Day. First Saturday of every month, 9-11 a.m. Hammond Trail, Mad River Bridge, Arcata. Work on a water drainage project, remove graffiti, pick up trash and paint bollards. Dress for work. New volunteers welcome. Contact for meeting place. sbecker@reninet.com. www.humtrails.org. 826-0163.

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Oct. 3 listing.

Eureka SYMPHONY

With Music Director & Conductor
CAROL JACOBSON

2014
2015



SEASON OPENING

Friday and Saturday,
October 10 & 11 at 8 pm
Free Musical Notes lecture at 7pm
John Chernoff & Terrie Baune

MOZART & MORE

Copland, Mussorgsky and
Mozart's Clarinet Concerto
Featuring Bill Kalinkos principal clarinet
with Oakland East Bay Symphony

SPONSOR: **13 KEET**



Carol Jacobson

Discounted Season Ticket Packages and Single Concert Tickets now ON SALE! Choose seats online at www.eurekasymphony.org or by phone (707) 845-3655; Also at the door. Student rush tickets \$10 each with I.D. one hour before curtain, at the door only.

At the Arkley Center for the Performing Arts, Eureka

Run for the Seals. 9 a.m. Northcoast Marine Mammal Center, 424 Howe Drive, Crescent City. Start stretching for this 5K/10k around the Crescent City Harbor on the California Coastal Trail. Registration opens at 7:30 a.m. All proceeds benefit the return of injured seals to the wild. \$20 walking, \$25 running.

ETC

Introductory Bridge. First Saturday of every month, 11:30 a.m. First United Methodist Church, 520 Del Norte Street, Eureka. New and old players are all welcome. Start with a lesson and then play a game. Free for July and August. 499-7790.

5 sunday

ART

Plein Air at the Lost Coast. 8 a.m.-5 p.m. Downtown Shelter Cove, Machi Road. See Oct. 2 listing.

DANCE

Redwood Coast Belly Dance Festival. 11 a.m.-5 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. See Oct. 4 listing.

LECTURE

Art Talk. 2-3 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Join photographer and environmental planner Aldaron Laird for a discussion about his photography exhibition *Walkabout: An Artistic and Social Exploration of Humboldt Bay*. \$5, \$2 seniors and students. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 442-0156.

Eureka Symphony Gala. 5-8 p.m. Baywood Golf & Country Club, 3600 Buttermilk Lane, Arcata. This benefit features a no-host bar, silent and live auction, dinner and performances from Carol Jacobson, Terrie Baune, John Chernoff, Bear Winkle and Albert Clark. \$100 per seat, \$700 for table of 8. www.eurekasymphony.org. 825-8911.

THEATER

The Addams Family: The Musical. 2 p.m. Ferndale Repertory Theater, 447 Main St. See Oct. 3 listing.

Auditions. 6-8 p.m. Arcata Playhouse, 1251 Ninth St. People ages 14-25 are invited to try out for the Paths 2 Prosperity troupe. Members write, create and perform their own skits in local schools, theatres and community events. charlie@financialresourcecenter.org. www.financialresourcecenter.org. 822-8536.

Christmas Carol Auditions. 6:30-8:30 p.m. Ferndale Repertory Theater, 447 Main St. Parts available for 11 men, six women, four boys and two girls. Free. www.ferndalerep.org.

I Hate Hamlet. 2 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Oct. 3 listing.

Nick Offerman. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. A one-man show that goes beyond standup comedy and enters a world of hand-crafted, American-made tomfoolery. \$55, \$25.

The Zoppe Family Circus. 2 p.m. Creamery District, 1251 Ninth St., Arcata. See Oct. 4 listing.

EVENTS

Apple Harvest Market. 11 a.m. Fortuna Main Street.

Peruse the open-air market and take a hayride to Clendenen's Cider Works for a tour of the orchard. Free.

Eureka Heritage Society Home Tour. 12-5 p.m. Eureka Heritage Society, 517 Third St. Cross over the thresholds to the past and tour eight of Eureka's historic structures. Enjoy live music, refreshments, antique cars, and door prizes. \$20. info@eurekaheritage.org. www.eurekaheritage.org. 443-4061.

Excalibur Medieval Tournament and Market Faire. 10 a.m. Mad River Hospital, 3800 Janes Road, Arcata. See Oct. 4 listing.

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. \$3. nugamesonline.com. 497-6358.

Humboldt Flea Market. First Sunday of every month, 9 a.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. It's like searching for buried treasure. \$1. www.redwoodacres.com.

Medieval Festival of Courage. 10 a.m. Christie's Ranch and Pumpkin Patch, 2870 Glendale Drive, Blue Lake. See Oct. 4 listing.

North Coast Stand Down. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See Oct. 3 listing.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. 503-828-7421.

The Great Freshwater Sunday Breakfast. First Sunday of every month, 8-11 a.m. Freshwater Grange, 49 Grange Road, Eureka. Hot cakes, eggs, ham, sausage, and strong French roast coffee await you in historic Wrangletown. \$5, \$3 for kids. 442-7107.

Potluck Dinner. 6 p.m. The Logger Bar, 510 Railroad Ave., Blue Lake. Bring a dish to share with friends old and new. Free. www.facebook.com/LoggerBar.

Restaurant Week. Locations throughout Humboldt County. See Oct. 2 listing.

GARDEN

Biodynamic Agriculture. 10 a.m.-5 p.m. Christie's Ranch and Pumpkin Patch, 2870 Glendale Drive, Blue Lake. See Oct. 4 listing.

MEETINGS

Animism International. First Sunday of every month, 4 p.m. North Coast Co-op, Eureka, 25 Fourth St. Inquisitive thinkers are invited to a reading and discussion group. Free. animisminternational@gmail.com. AnimismInternational.org. 382-7566.

OUTDOORS

Discovering Arcata Bay Cruise. 11 a.m.-12:30 p.m. C Street Market Square, Foot of C Street, Eureka. Join the Madaket for close encounters with the many creatures that call these waters home. Reservations required. \$20, \$18 seniors and juniors, \$12 for children 4 and older, free for children under 4. 445-1910.

Dune Restoration. First Sunday of every month, 1-4 p.m. Lake Earl Wildlife Area, 2591 Old Mill Road, Crescent City. Ensure that a lush island of the most diverse native dune plants can survive and spread, providing homes and food for native animals. Free. 954-5253.

Godwit Days Fall Preview. 6:30 a.m.-5 p.m. Countywide, Locations throughout Humboldt County, Humboldt. See Oct. 4 listing.

Kayak Tours. 9:30-11:30 & 11:30-1:30 a.m. Stone Lagoon Visitor Center, 115336 Highway 101, Trinidad. See Oct. 4 listing.

Willows, Alders, Birds and Insects. 2-3:30 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Join expert entomologist Pete Haggard for an insect walk sponsored by the Redwood Region Audubon Society. Free. phag-

gard@suddenlink.net. www.rras.org/calendar.html. 839-0307.

SPORTS

Brewers Cup Disc Golf Tournament. 9 a.m.-5 p.m. Pump Station #4, 375 Warren Creek Road, Arcata. Vie for the cup against other disc golf players as part of Humboldt Beer Week. TBA.

ETC

Dinner and Auction. 6:15-9 p.m. Cher-Ae Heights Casino, 27 Scenic Drive, Trinidad. This is a fundraiser for the Mad River Youth Soccer League. \$20. mrysltim@gmail.com. www.mrysl.net. 822-3333.

Grain Awareness Night. 11 a.m.-8 p.m. Humboldt Regeneration Brewery, 2320 Central Avenue Unit F, McKinleyville. Start Humboldt Beer Week with a showcase of small-scale grain growing and malting. Free. humboldtregeneration@gmail.com. www.humboldtregeneration.com. 738-8225.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

6 monday

DANCE

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music featuring tunes from the 1930s, '40s and '50s. Refreshments are served during break. \$4. 725-5323.

MUSIC

DJ Shadow and Cut Chemist. 9:30 p.m. Kate Buchanan Room, Humboldt State University, Arcata. The Renegades of Rhythm Tour celebrates the legacy of hip-hop pioneer Afrika Bambaata with soul, rap, soca, calypso, dub, salsa and more. \$45, \$30 students. carts@humboldt.edu. www.humboldt.edu/asrepresents. 826-3928.

Humboldt Folklife Society Sing-along. First Monday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Come sing your favorite folk, rock and pop songs of the '60s with Joel Sonenshein. Songbooks are provided, just bring your voice. Free. joel@asis.com. 839-7063.

Apples and Apples



If an apple a day keeps the doctor away, you may not see yours for some time after the **Apple Harvest Festival in downtown Fortuna**. The fruity fun starts early on **Friday at 6 p.m.** when the **McLean Foundation** hosts **Taste of the Harvest**, a night of **cider sampling** with music by **Cliff Dallas and the Death Valley Troubadours** (\$25, \$10 sober drivers). Proceeds go to the **Wild Souls Ranch** and its mission to help at-risk kids by teaching them to work with horses, so cheers to that.

The old-fashioned **street fair** runs on **Saturday, Oct. 4 from 10 a.m. to 4 p.m. on Main Street**. Just follow the smell of apple pie, apple fritters, apple jelly and Texas barbecue. What, you thought it was just going to be fruit?

Hop a hay wagon over to the volunteer fire department for an engine ride, then to Rohner Park to hear **Doug Fir and the 2x4s** rock out at **noon**. Don't forget you've got pressing business at **Clendenen's Cider Works and Apple Orchard**, where you can see the cider made before you sample. A **speeder car** will zip you back to Eighth Street.

Come back with your shopping bags for the **Apple Harvest Market on Sunday, Oct. 5 from 11 a.m. to 5 p.m.** (free). You'll want to load up on all the apple goodies, crafts and, of course, apples.

—Jennifer Fumiko Cahill

Joel's Song Circle. First Monday of every month, 7-9:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Joel provides song books and accompanies the group on guitar. All you need to bring is your voice. Free. 839-7063.

THEATER

Christmas Carol Auditions. 6:30-8:30 p.m. Carson Block Building, 517 Third St., Eureka. See Oct. 5 listing.

FOOD

Beer and Dessert Pairing. 4 p.m. The Local Beer Bar, 517 F St., Eureka. Enjoy local treats and microbrews as part of Humboldt Beer Week. TBA. www.thelocalbeerbar.com.

Restaurant Week. Locations throughout Humboldt County. See Oct. 2 listing.

MEETINGS

Bayside Grange Monthly Meeting. First Monday of every month, 7 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Lively conversation, noshing and discussions about the restoration and program diversity of the Bayside Grange. Free. hallmanager@baysidegrange.org. www.baysidegrange.org. 822-9998.

Building Better Caregivers. 2-4:30 p.m. Aligning Forces Humboldt, 1125 16th Street, Suite 204, Arcata. Learn to deal with everyday care-giving challenges. Free. www.aligningforceshumboldt.org. 445-2806.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

continued on next page ►

Excelsior

Medieval Tournament and Market faire

Oct 4 & 5, 2014
3800 Janes Rd, Arcata, next to Mad River Hospital
Saturdays 10 - 6, Sundays 10 - 5

Jousting daily 12 & 4 **Dancing horse Show** daily 2pm
Irish Dancers **Tribal Oasis** **Mountain Motion Jugglers**
Madrigal Singers **Good Company** **Grape Stomping**

Archery & Children's Tourney Highland Games & Swordplay
Mead, Ale & fine Food Horse Rides & Cart Rides
Craft Market Mead Making
Boffer Arena ...and so much more!
Fairyland

Mad River Community Hospital
SIX RIVERS BREWERY
Times-Standard
PEPSI

Adults - \$8
Kids 5 to 18 - \$5
Kids under 5 - Free
Free Parking

bookmark us: m.northcoastjournal.com

BOOKLEGGERS

"In my view, nineteen pounds of old books are at least nineteen times as delicious as one pound of fresh caviar."
~ Anne Fadiman

Used Books • New Books
Special orders welcome for new books!
402 2nd Street • Corner of 2nd & E • Old Town, Eureka • 445-1344

Calendar

8 DAYS A WEEK

continued from previous page

SPORTS

Giant Screen Football. 4 p.m. Arcata Theatre Lounge, 1036 G St. All ages. Free with \$5 food or beverage purchase. info@arcatatheatre.com. www.arcatatheatre.com.

ETC

Cribbage Lessons. First Monday of every month, 5:30-7 p.m. Moose Lodge, 4328 Campton Road, Eureka. Brush up on your cribbage skills or learn how to play. Free.

7 tuesday

MOVIES

Lauren Bacall Film Series. 6:30 p.m. Eureka Main Library, 1313 Third St. The late legend in literary adaptations. This week Charity Grella presents *The Big Sleep*. Free. 269-1962.

Wild and Scenic Film Festival. 6-9 p.m. Arcata Theatre Lounge, 1036 G St. EPIC's night of environmental and adventure films illustrating Earth's beauty, environmental challenges and the work of communities to protect it. TBA. epic@wildcalifornia.org. 822-7711.

MUSIC

Ukulele Play and Sing Group. First Tuesday of every month, 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All genres of music, from "Greensleeves" to "Hound Dog." If you can carry a tune and play a stringed instrument, come party with us. We have extra songbooks. Donations appreciated. veganlady21@yahoo.com.

THEATER

Christmas Carol Auditions. 6:30-8:30 p.m. Carson Block Building, 517 Third St., Eureka. See Oct. 5 listing.

FOR KIDS

Play Groups. 10-11:30 a.m. Discovery Museum, 501 Third St., Eureka. Kids ages 0-5 and their parents can enjoy circletime, plus free play in the museum. Free. www.discovery-museum.org. 443-9694.

FOOD

Arcata Farmers Market. 3:30-6:30 p.m. Wildberries Market-

place, 747 13th St., Arcata. Fresh produce and live music in the afternoon. Free. www.humfarm.org. 441-9999.

Eureka Farmers Market. 10 a.m.-1 p.m. Old Town Gazebo, Second and F streets, Eureka. Fresh, local produce direct from the farmer. Anna Banna plays this week. Free. 441-9999.

Fortuna Farmers Market. 3-6 p.m. Main Street. Locally grown fruits, veggies and garden plants, plus arts and crafts. Free.

Miranda Farmers Market. 2-5 p.m. Miranda Gardens Resort, 6766 Avenue of the Giants. Pick up produce, baked goods and more right across from the Miranda Gardens Resort. Free. www.facebook.com/Southern-humboldtfarmersmarket.

Shelter Cove Farmers Market. 2-5 p.m. Downtown Shelter Cove, Machi Road. Fresh fruits, vegetables, ornamental trees and plants, all with an ocean view. Free. www.facebook.com/Southernhumboldtfarmersmarket.

MEETINGS

Our Pathways to Health. 2-4:30 p.m. Sequoia Springs Senior Living, 2401 Redwood Way, Fortuna. Learn to manage symptoms, interact with providers and more.

Great Dame



As Raymond Chandler wrote, "She was worth a stare. She was trouble." Sure, Audrey and Marilyn were swell, but Lauren Bacall was one helluva broad. The Humboldt County Library is all over her films like a cheap suit with October's **Based on the Book Film Series, "Just Whistle"** (free).

Maybe you've got Tuesday nights free at 6 p.m., or maybe you don't. Maybe you get free, see? Because on Oct. 7, Charity Grella walks in like she owns the place and introduces *The Big Sleep*, the Howard Hawks adaptation of Raymond Chandler's hardboiled detective novel about family so rotten their secrets have secrets. Feel the burn and chase it with another. On Oct. 14, Jan Ostrom gives you the skinny on Bacall as Slim in *To Have and Have Not*, another picture with Bogie directed by Hawks. This one's based on Ernest Hemingway's novel about a nightclub canary and a smuggler with a heart of gold.

Head back to the tropics for another noir classic — *Key Largo*, hosted by Bob Doran on Oct. 21. Bacall is a war widow whose hotel is beset by gangsters, hurricanes and Bogart's handdog charm. Wrap it up like a box from Harry Winston's with *How to Marry a Millionaire* on Oct. 28. Yours truly hosts this proto-Sex in the City comedy with a Machiavellian Bacall, Marilyn Monroe and Betty Grable testing the theory that it's just as easy to fall in love with a rich man as a poor one.

Give the lady a round of applause, or maybe just whistle. You know how to whistle, don't you? You just put your lips together and ... blow.

—Jennifer Fumiko Cahill

Free. www.aligningforceshumboldt.org. 445-2806.

ETC

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play some cards. 444-3161.

8 wednesday

MOVIES

The Bat. 6 p.m. Arcata Theatre Lounge, 1036 G St. Agnes Moorehead and Vincent Price star in this horror feature that is so campy, you may want to bring a tent. Free with \$5 food or beverage purchase. www.arcatatheatre.com.

MUSIC

Branford Marsalis. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. The saxophonist joins the Chamber Orchestra of Philadelphia for the Baroque-themed show, *Well-Tempered*. \$65, \$10.

EVENTS

Southern Humboldt Health Fair. 11 a.m.-4 p.m. Garberville Town Square, Church Street. This year's theme is "Movement!" The fair features health care practices and organizations offering ways to "move" toward greater wellness. Free. mhernandez@rrhc.org. 923-2783 ext. 338.

FOR KIDS

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

GARDEN

North Coast Water Garden Club. 7 p.m. Humboldt Yacht Club, 1 Marina Way, Eureka. Zoo manager Gretchen Ziegler presents "New Watershed Exhibits at Sequoia Park Zoo." Free.

MEETINGS

Conservation Meeting. 12-1 p.m. Golden Harvest Café Arcata, 1062 G St. Redwood Region Audubon Society hosts a discussion about the proposed wetlands buffer zones for the General Plan Update and other conservation issues. Free. www.rras.org/calendar.html. 445-8311.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free. 497-6093.

ETC

Sale for Survivors. 12-6 p.m. Linden and Company Salon and Spa, 1122 5th Street, Eureka. All of the day's proceeds benefit the Breast and GYN Health Project.

9 thursday

BOOKS

Thursday Afternoon Book Club. Second Thursday of every month, 12-1 p.m. Eureka Main Library, 1313 Third St. Fun and lively discussion group focusing on adult fiction and nonfiction. Call ahead for upcoming titles. Free. www.humlib.org. 269-1905.

THEATER

I Hate Hamlet. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Oct. 3 listing.

EVENTS

Health Fair. 11 a.m.-4 p.m. Cher-Ae Heights Casino, 27 Scenic Drive, Trinidad. Multiple community health organizations are onsite to provide information about

insurance, first aid, oral health and more. The Blood Mobile is onsite for donations, which usually means free cookies. Free. www.cheraeheightscasino.com.

FOR KIDS

Storytime. 10-10:45 a.m. Trinidad Library, 380 Janis Court. See Oct. 2 listing.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Oct. 2 listing.

McKinleyville Farmers Market. 3:30-6:30 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. See Oct. 2 listing.

GARDEN

Humboldt Rose Society. 7-9 p.m. Christ Episcopal Church, 15th and H streets, Eureka. Pete and Judy Haggard, co-authors of *Insects of the Pacific Northwest* provide a photo presentation. Bring questions and specimens to ID. Refreshment served. Free. 443-1291.

MEETINGS

Humboldt Grange 501 Potluck. Second Thursday of every month, 6:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Grange Women's Auxiliary meets at 6 p.m., potluck at 6:30 p.m., Grange meeting 7:30 p.m. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

COMEDY

Johnny Taylor. 8-11 p.m. Arcata Theatre Lounge 1036 G St. Taylor's first comedy album, *Tangled Up In Plaid*, is rocking the charts. Jaime Fernandez and local comedians also take the stage. \$10. 502-9656

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Oct. 2 listing.

Heads Up...

A to Z Eye Care and Eureka Host Lions Club are accepting applications for free eye exams and glasses at their event in November. Applications due Oct. 7. 822-7641.

The Ink People's Brenda Tuxford Gallery wants skull and altar submissions for Dia de los Muertos. 442-8413.

The Humboldt County Department of Health and Human Services and Grant Elementary School are looking for volunteer crossing guards. 441-5549.

The Humboldt Arts Council is accepting entries for the Junque Arte Competition and Exhibition on Wednesday, Oct. 22 from noon to 5 p.m. 442-0278.

Learn to volunteer with your pet in local healthcare facilities with training from Delta Society Pet Partner on Saturday, Oct. 11 from 9 a.m. to 5 p.m. 725-7996.

Humboldt State University's literary magazine, Toyon, is accepting submissions of poems, short stories and more. Deadline is Oct. 15. www.humboldt.edu/english.

Used book donations are needed by Oct. 4 for The Roshni Teen Project's book sale supporting girls' education in Pakistan. 677-9031.

The community-wide scavenger hunt, Bogglebang, is open for registration. 633-9191.

TEDxHumboldtBay is seeking speakers, volunteers and sponsors for the TEDx event in December. www.tedxhumboldt.com.

Arcata Marsh Interpretive Center seeks artists and photographers for exhibits. 442-5444.

The Fig Twig Market in Ferndale is looking for vendors with handcrafted, vintage and up-cycled items for the market in November. figtwigmarket@gmail.com. ●

Humboldt Bay Firefighters Present

BARK IN THE PARK

2014

COMPANION ANIMAL FOUNDATION BENEFIT

Benefit 5k Walk/Run in Sequoia Park

Sunday October 12th, 2014

Register online at active.com, Humboldt Bay Fire 533 C Street, Eureka, or Race Day Registration 8-9:45 AM in Sequoia Park

"Why not go for a run with your best friend?"

Dog-Friendly Race Starts 10:00 AM

All proceeds to Companion Animal Foundation

Live Music by the M Notes!

Raffle items from great Local Businesses!

HUMBOLDT HSH SMOKEHOUSE

MYRTLE AVENUE PET CENTER 707-443-3171

thejournal OF POLITICS, PEOPLE AND ART

Redwood Capital Bank

Coast Central Credit Union

Kaluzynski

Humboldt Bay Firefighters Local 652 • Jogg'N Shoppe • Times Printing Company • Mercer-Fraser Co. • PJ Paul Nicholson Insurance • Pocket of Posies • Redwood Coast K9 Academy • Fortuna Veterinary Clinic • Broadway Animal Hospital • Ferndale Veterinary • Humboldt Bay Fire Ladies Auxiliary • Myrtle Ave. Veterinary Hospital • Mary Huber Walker, State Farm Insurance • Northtown Hot Dogs N' Delights • Good Dog Obedience by Holly Lockwood • Provolt Design • The Farm Store • Spotlight Video • Happy Donuts • Vellutini Baking Company • Henderson Center Bicycles • Old West Shootery & Supply • North Coast CO-OP • Chapala Cafe Northwind Charters • It's All About the Dogs Doggie Daycare & Spa • Old Town Coffee and Chocolates • The Wine Spot • Annie's Shoes • Mazzotti's • Rover's Choice Dog Bones • Pierson Building Center • Northwind Charters Sport Fishing • Pacific Outfitters • Emily Fraser-Thomson, Canine Behaviorist

BONSAI

Specializing in hair removal and skincare.

Refer a friend and both receive

10% OFF

of service. Expires 10/31/14

by appointment

707.502.6684

1034 H St., Arcata

WAX ON WAX OFF

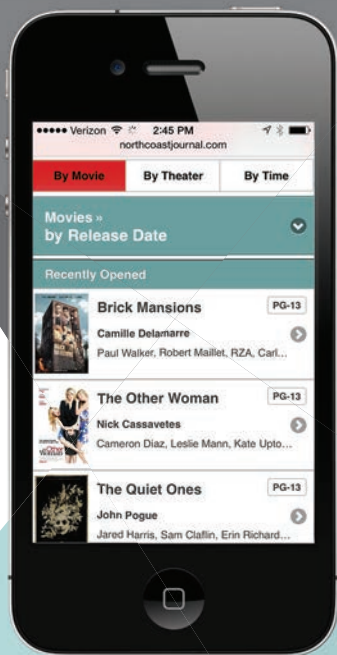
MOVIE TIMES. TRAILERS. REVIEWS.

DESKTOP:

northcoastjournal.com/
MovieTimes

MOBILE:

m.northcoastjournal.com



Browse by title,
times and theater.

thejournal
OF POLITICS, PEOPLE AND ART

Movie Times

Film times reflect the most current listings as of Tuesday afternoon. As schedules at individual theaters sometimes change, we recommend calling ahead to avoid any inconvenience.

Broadway Cinema

1223 Broadway St., Eureka, (707) 443-3456

Annabelle	Fri-Thur: (12:05, 3:40), 5:55, 8, 9:30
The Boxtrolls	Fri-Thur: (12:30, 2, 3, 4:30), 5:30, 7:10
The Equalizer	Fri-Thur: (12, 3:05), 6:05, 9:10
Gone Girl	Fri-Thur: (12:20, 1:30, 2:35), 6:10, 7:30, 8:25
Guardians of the Galaxy	Fri-Thur: (12, 2:50), 5:45, 8:40
Left Behind	Fri-Thur: (12:35, 3:20, 4:55), 6, 8:45
Let's Be Cops	Fri-Thur: (4:40), 9:30
The Maze Runner	Fri-Thur: (12:45, 3:35), 6:25, 7:40, 9:15
Teenage Mutant Ninja Turtles	Fri-Thur: (11:55a.m., 2:20)
This Is Where I Leave You	Fri-Wed: (1:25, 4:05), 6:45, 9:25; Thur: (1:25, 4:05), 9:25
A Walk Among the Tombstones	Fri-Wed: (12:50, 3:30), 6:15, 9; Thur: (12:50, 3:30), 6:15

Mill Creek Cinema

1575 Betty Court, McKinleyville, (707) 839-2222

Annabelle	Fri-Sun: (1:40, 4:20), 6:50, 8:25, 9:20; Mon-Thur: (4:20), 6:50, 8:25, 9:20
The Boxtrolls	Fri-Sun: (12:45, 3:10), 5:35, 8; Mon-Thur: (3:10), 5:35, 8
Dolphin Tale 2	Fri-Sun: (12:10, 3), 5:45; Mon-Thur: (3), 5:45
The Equalizer	Fri-Sun: (12, 2:55), 6, 9:05; Mon-Thur: (2:55), 6, 9:05
Gone Girl	Fri-Sun: (1:50), 5:10, 8:35; Mon-Thur: 5:10, 8:35
Guardians of the Galaxy	Fri-Sun: (12:20, 3:15), 6:05, 8:55; Mon-Wed: (3:15), 6:05, 8:55; Thur: (3:15), 6:05
The Maze Runner	Fri-Sun: (12:40, 3:30), 6:20, 9:10; Mon-Thur: (3:30), 6:20, 9:10
This Is Where I Leave You	Fri-Sun: (1, 3:35), 6:10, 8:45; Mon-Wed: (3:35), 6:10, 8:45; Thur: (3:35), 8:45

Minor Theatre

1001 H St., Arcata, (707) 822-3456

Gone Girl	Fri: (4:55), 8:15; Sat-Sun: (1:30, 4:55), 8:15; Mon-Thur: (4:55), 8:15
The Maze Runner	Fri: (3:30), 6:10, 8:50; Sat-Sun: (12:55, 3:30), 6:10, 8:50; Mon-Thur: (3:30), 6:10, 8:50
This Is Where I Leave You	Fri: (3:50), 6:25, 9; Sat-Sun: (1:15, 3:50), 6:25, 9; Mon-Thur: (3:50), 6:25, 9

Fortuna Theatre

1241 Main St., (707) 725-2121

Annabelle	Fri: (4), 7, 9:35; Sat: (1, 4), 7, 9:35; Sun: (1, 4), 7; Mon-Thur: (4), 7
The Boxtrolls	Fri: (4:45), 7:10, 9:30; Sat: (12, 2:20, 4:45), 7:10, 9:30; Sun: (12, 2:20, 4:45), 7:10; Mon-Thur: (4:45), 7:10
Dolphin Tale 2	Fri: (3:45), 6:30, 9:15; Sat: (12:35, 3:45), 6:30, 9:15; Sun: (12:35, 3:45), 6:30; Mon-Thur: (3:45), 6:30
Guardians of the Galaxy	Fri: (3:45), 6:50, 9:40; Sat: (12:50, 3:45), 6:50, 9:40; Sun: (12:50, 3:45), 6:50; Mon-Thur: (3:45), 6:50
The Maze Runner	Fri: (4), 6:45, 9:25; Sat: (12:45, 4), 6:45, 9:25; Sun: (12:45, 4), 6:45; Mon-Thur: (4), 6:45
This Is Where I Leave You	Fri: (4:20), 7:20, 9:50; Sat: (12:35, 4:20), 7:20, 9:50; Sun: (12:35, 4:20), 7:20; Mon-Thur: (4:20), 7:20

Garberville Theatre

766 Redwood Drive, (707) 923-3580

Call theater for schedule.



STEP 1: PUT THE TROLL IN THE BOX.

All Boxed Up

Boxtrolls nails visuals,
Equalizer's full of fight

By John J. Bennett

filmland@northcoastjournal.com

Reviews

THE BOXTROLLS. Laika Entertainment first entered the mainstream conversation with Tim Burton's *Corpse Bride* (2005), subsequently producing *Coraline* (2009), *ParaNorman* (2012) and now *The Boxtrolls*. Like Burton's movies, Laika's output is defined by gorgeous design, painstaking attention to detail and whimsy. Those aspects of its creations are, without fail, a delight. However, the studio also seems

to share some of Burton's late-period inability to sustain tension or invest the audience in the lives of characters. More than the others, *Coraline* was able to sidestep this shortcoming, likely because it was drawn from the work of excellent storyteller Neil Gaiman. *ParaNorman* and *The Boxtrolls*, though, both suffer from a narrative that doesn't live up to the delicacy and invention of the visuals.

The village of Cheesebridge finds itself inhabited by the titular trolls who, clad in cardboard boxes, emerge from their underground lair late at night to pilfer small items. Rumor has it they will also kidnap and eat babies, given the chance. There is, of course, no evidence to support this claim, save for the decade-ago disappearance of a single boy child. That child turns out to have been raised by the trolls as one of their own, named Eggs (Isaac Hempstead Wright). At the urging of the hideously lactose-intolerant exterminator Archibald Snatcher (Ben Kingsley), the myopic, largely absent Lord Portley-Rind (Jared Harris) commissions a large-scale effort to exterminate the trolls. This draws Eggs into the harsh light of a confrontation not only with polite society, but with his true identity. He eventually finds an

MOVIES

Oct. 2 - Oct. 8

Thurs/Fri Oct 2/Oct 3 Leftover Salmon, For Two Nights!, Doors @ 8 PM, Shows @ 9 PM, Tix @ Wildberries, 25/night, \$45/both nights, Tix @ ATL per night only, 21+

Sun Oct 5 ETC presents Dry Branch Fire Squad, Doors @ 6 PM, Shows @ 7 PM, \$18 advanced tix @ ATL, \$20 tix @ Wildwood Music/People's Records/The Works, 21+

Tues Oct 7 The Wild and Scenic Film Festival, Doors @ 6:00 PM, Movie @ 6:30 PM, Tix @ EPIC office & website, 822-7711 for info, Unrated

Wed Oct 8 Sci Fi Night ft. The Bat (1959), Doors @ 6 p.m. All ages, Free w/food & Bev Purchase

Arcata Theatre Lounge

arcatatheatre.com • 822-1220 • 1036 G St.

ally in Winnie (Elle Fanning), the neglected, morbidly imaginative daughter of Portley-Rind. Betrayals, revelations and a great big steampunk climax ensue.

The design and technical execution of *The Boxtrolls* are, it has to be said, second to none. Like other Laika productions, the visual elements rival the benchmark achievements of Nick Park and Aardman Animations (*Wallace and Gromit*, *Chicken Run*). It also boasts an incredible cast: Nick Frost, Richard Ayoade and Tracy Morgan are stand-outs as Snatcher's henchmen. The story itself is awfully conventional, and loses momentum about halfway through. Eggs, though effectively voiced by Wright, isn't a developed-enough character to really root for. And the trolls themselves, though certainly ugly enough to be called cute, don't get enough attention to serve as more than background embellishment. There are a great number of elements to admire here, and each frame contains enough detail to make it fascinating, but the whole is a little less than the sum of its impressive parts. PG. 97m.

THE EQUALIZER. I have foggy memories of the television show upon which this is supposedly based. It was about a slightly stodgy old British guy (Edward Woodward) helping people in need. The main character's motivation in the movie is the same. But now he's played by Denzel Washington, is capable of extreme violence and takes on the Russian mafia. Given a different title, I doubt many viewers would have made a connection between this and the earlier work.

Robert McCall (Washington) is an unassuming insomniac with a Joe-job at a giant building supply store in Boston. He spends his sleepless nights in a nondescript coffee shop, drinking tea and reading great novels. He becomes friendly with a working girl named Teri (Chloe Grace-Moretz), and when her pimp puts her in the hospital, McCall takes up her cause. When McCall attempts to negotiate a cash price for her freedom, the pimp refuses, insultingly. Thus begins a brutal, protracted war with a Russian crime syndicate. McCall proves himself to be almost preternaturally capable when it comes to killing. We get little glimpses of his past life, but that's really secondary to watching him dispatch trained operators with aplomb.

Twenty years ago, I doubt that *The Equalizer* would have made much of a mark. But in the intervening years, the standard for action movies — hell, for movies in general — has declined so sharply that to see this, a well-acted, competently made, if slightly familiar/derivative example of the form, is refreshing. Washington makes McCall much more

than he would appear to be on paper. It's not necessarily a challenging role, but one can see the craft and care in the performance. And for my money, he's the best when he's kicking ass and taking names; *Man On Fire* (2004) is still my favorite, but this gets close. Director Antoine Fuqua (*Training Day*) occasionally gets tangled up in montages and insert shots, but he knows how to get a story moving forward. The result of their collaboration is a movie that should please fans of the genre. It's pacy, atmospheric and has some pretty inventive violence. That doesn't mean it's for all tastes, or destined to be a classic, but it exceeded my expectations. R. 132m.

— John J. Bennett

Previews

ANNABELLE. Everybody just stop buying creepy vintage dolls. Or don't. And wind up like the expecting couple in this film, besieged by Satanists and evil spirits. R. 98m.

GONE GIRL. Ben Affleck and Rosamund Pike in a mystery thriller about a husband under suspicion when the lady vanishes. R. 149m.

LEFT BEHIND. Revelations on a plane. An airline pilot (Nicholas Cage) and everyone else who doesn't make the cut for The Rapture scramble to figure out what's going on. PG13. 110m.

Continuing

DOLPHIN TALE 2. Did *Blackfish* bring you down? Ashley Judd and Morgan Freeman star in a more upbeat story with a blowhole and a happy ending. PG. 108m.

GUARDIANS OF THE GALAXY. Unlikely heroes save the galaxy from boredom in this clever, edgy and dazzling sci-fi blockbuster. PG13. 121m.

LET'S BE COPS. Two dolts impersonate cops to get free stuff and become popular. R. 103m.

THE MAZE RUNNER. A tightly paced sci-fi/horror flick for the tween set, that loses the thrill in the end. Spoiler: There's no cheese. PG13. 113m.

TEENAGE MUTANT NINJA TURTLES. Hollywood unwisely reinvents the origin story and the world's most fearsome fighting team is duller than ever. PG13.

THIS IS WHERE I LEAVE YOU. Tina Fey and Jason Bateman save an overly complicated pile-up of family clichés with their comic chops and sibling chemistry. R. 103m.

WALK AMONG THE TOMBSTONES. Whoever you are, Liam Neeson is going to find you and kill you. Or rescue your kidnapped wife. R. 114m.

— Jennifer Fumiko Cahill
and Grant Scott-Goforth ●

workshops & CLASSES

List your class — just \$4 per line per issue!

Deadline: Friday, 5pm.

Place your online ad at

classified.northcoastjournal.com

or e-mail: **classified@northcoastjournal.com**

Listings must be paid in advance

by check, cash or Visa/MasterCard.

Many classes require pre-registration.

Arts & Crafts

GLASS FUSING WITH TRACE. Sat., Oct. 4, 1:30 p.m. -3:30 p.m. \$40/\$25 members (\$15 materials). Learn the basics of glass fusing while creating a unique work of art in this one day introductory workshop. Create a 6" square or tile. No experience or cutting required. 520 South G St., Arcata. (707) 826-1445, www.fireartsarcata.com. (AC-1002)

GLASS MOBILE SUNCATCHERS. Joele Williams, Thurs., Oct. 2 & 9, 1:30-3:30 p.m. Create something beautiful and unique! Joele will guide you through the process of creating a glass mobile suncatcher. You will learn cutting, decorating, and wire wrapping techniques. Basic use of tools, materials, and safety will be covered. \$50/\$35 members (\$15 materials fee). 520 South G St., Arcata, (707) 826-1445, www.fireartsarcata.com. (AC-1002)

Communication

CONSCIOUS PARENTING. Take time to enjoy this opportunity to connect with other parents and sharpen your skills! Understand what motivates your child's and your own behavior. Make Self Care and joy a priority. Learn the recipe for successful change. Maintain clear boundaries delivered with kindness, and more! Applicable to children of all ages. Parents only please. 5 classes: Tues.'s, Oct. 7 - Nov. 4, 6:30 -8 p.m., Eureka. Cost \$95 or \$20 per class Call or text (775) 313-7332 for more info or to register. (CMM-1002)

DYNAMIC WRITING: THE CREATIVE LIFE ADVENTURE. Dynamic Writing: The Creative Life Adventure. A workshop on writing styles and techniques, exercises and publication mechanics with Jesse Austin. Sat., Oct. 11-25, 10 a.m.-1 p.m. Fee: \$55. Pre-registration required. Call HSU College of eLearning and Extended Education to register: 826-3731 or visit www.humboldt.edu/extended (CMM-1002)

FOOD ALLERGIES EXPLORED AT LIFETREE CAFÉ. Coping with the challenges of food allergies will be discussed. Sun., Oct. 5, 7 p.m. Understand the realities of living with food allergies and share stories. Lifetree Café is a conversation cafe with free coffee and snacks. Corner of 13th and Union, Arcata. (707) 672-2919. (CMM-1002)

Computer

CREATIVITY WITH ADOBE CAMERA RAW. Learn how to use Adobe Camera Raw as you open your raw or jpeg image files from Bridge in Photoshop CS6 or Lightroom. Learn how to prepare one or more images at once to improve efficiency while making corrections. With Mark Larson. Tues./Thurs., Oct. 28-Nov. 6, 6:30-8:30 p.m. Fee: \$145. Call HSU College of eLearning and Extended Education to register by Oct. 24: 826-3731 or visit www.humboldt.edu/extended. (CMP-1016)

INTRO TO DIGITAL PHOTOGRAPHY IMAGE EDITING. Explore basic digital image management and editing and learn to use image-editing tools and techniques with Photoshop CS6® and Bridge CS6.® With Annie Reid. Tues./Thurs., Oct. 14-23, 6:30-8:30 p.m. Fee: \$145. (CMP-1002)

Dance/Music/Theater/Film

DANCE WITH DEBBIE. Latin dancing in October! Become diversified; take Cha Cha on Tues. and Rumba on Thurs. No partner required. Beginners 7-8 p.m. Intermediate 8-9 p.m. We offer private lessons, too. (707) 464-3638, dancewithdebbie.biz, debbie@dancewithdebbie.biz (DMT-1030)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 476-9239. (DMT-1127)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, 616-6876. (DMT-1225)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri's., 11:30 a.m.-12:30 p.m., \$50. Beg/Int, continuing students: Mon's., 7-8 p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-1030)

Fitness

DANCE-FIT. Dance, aerobics & strength training all in one class! Mon., Wed. & Fri. 9-10 a.m. First class is free. Drop in for \$5 per class or 14 classes for \$55. No Limits tap & jazz studio, corner of 10th & K st. Arcata. 825-0922. (F-1030)

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout, and a very chill environment. Ages 8 and up. 1459 M St., Arcata. Contact Justin (707) 601-1657 text or phone, or email northcoastfencingacademy@gmail.com (F-1030)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids and adults, child care, fitness gym, and more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-1225)

ZUMBA WITH ANNI! Zumba Fitness, Mon., Arcata Vets Hall; Zumba Toning (light weights provided). Thurs., Redwood Raks Dance Studio, both classes 5:30-6:30 p.m., \$6, drop-in, everyone welcomed & no membership req.! Punch cards avail. Ann has over 20 yrs. dance/fitness instr. Questions call Ann (707) 845-1055, annyoumans.zumba.com (F-1120)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1120)

continued on next page ►

Food & Drink

CAKE DECORATING W/LEAH RITTER. Ramones Bakery Wedding Cake Designer Leah Ritter will be teaching a cake decorating class, Thurs., Oct. 23, 6-8:30 p.m., Elks Lodge. \$35. Marzipan, flowers, sugared grapes, cake tasting, and more. Info. email Suzie Owsley at suziecooks@yahoo.com, Linda Barry 444-3160 or go to Humboldt Eats/Facebook. Space is Limited.

Kids & Teens

CERAMICS FOR OLDER KIDS, AGES 7-12.

With Bob Raymond, \$80 per class (Four 5 week classes), Mon's, 4-6 p.m., Oct. 20-Nov. 17, Tue's., 4-6 p.m., Oct. 21-Nov. 18. Adventure with clay. Learn various hand building and wheel throwing techniques. Fire Arts Center. 520 South G St. Arcata, (707) 826-1445 www.fireartsarcata.com. (K-1016)

CHINESE CULTURE CAMP. Humboldt County Chinese School presents the 7th Annual Chinese Culture Camp, Sat. Nov. 8, Cutten Elementary School, 9 a.m.-3 p.m. for grades K-8. Cost \$30. (707) 445-1781, hccslevy@yahoo.com www.hcchineseschool.weebly.com

DANCE SCENE STUDIOS. Excellent instruction in Ballet, Creative Dance, Hip Hop, Belly Dance, Tap, Jazz, Adult Ballet, Senior Ballet. 1011 H St., Eureka, DanceEureka.com, (707) 502-2188. (K-1003)

JOIN THE JUNIOR CREW TEAM! Meets Mon.-Fri. Ages 11 and up. For more information call Head Coach Scott Gibson at (707) 845-4752. Humboldt Bay Rowing Association, www.hbra.org. (K-1204)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

APPRECIATING TODAY'S POETRY II. Growing as a Poet. For readers and writers who want to understand and enjoy contemporary poets, and advance their own poetic skills. You are ready for this workshop if you have taken one previous poetry class. With Pat McCutcheon. Wed's., Oct. 8-29, 3-5 p.m. OLLI members \$65/non-members \$90. OLLI: 826-5880, www.humboldt.edu/olli. (O-1002)

APRIL IN PARIS? Look at lodging, airfare, airport shuttles, currency, and safety then beyond to spectacular landmarks, parks, festivals, and the rich history, music, and art away from crowds. With Carol McFarland. Tues., Oct. 14, and Thurs., Oct. 16, noon-2 p.m. OLLI members \$45/non-members \$70. OLLI: 826-5880, www.humboldt.edu/olli. (O-1009)

BEGINNING ARGENTINE TANGO. Learn the dance considered to be the most passionate and beautiful of all. Join this class to learn the basics, meet new people and have lots of fun! With Lee and Barbara Sobo. Fri's., Oct. 17-Nov. 21, (no class Nov. 14), 6-7:30 p.m. OLLI members \$75/non-members \$100. OLLI: 826-5880, www.humboldt.edu/olli. (O-1009)

PILATES PLUS FOR OLLI. Build a stronger, healthier body. Improve posture, balance and flexibility with the elegant and flowing movements of Pilates. With Joanne Fornes. Wed., Oct. 22-Nov. 12, 10-11:30 a.m. Members \$50/non-members \$75. OLLI: 826-5880, www.humboldt.edu/olli. (O-1016)

COMMUNICATION IN CRISIS. When the News is Bad, Terribly Bad, Everything Changes. Examine roles of journalists, leaders, spokespersons, law enforcement and the public in minimizing negative impacts and promoting recovery. One session will include HSU officials discussing communications following the tragic bus crash on I-5 in April. With Sean Kearns. Wed's., Oct. 23- Nov. 13, 6-8 p.m. Members \$65/non-members \$90. OLLI: 826-5880, www.humboldt.edu/olli. (O-1016)

DRAW, SKETCH, PAINT ON YOUR IPAD. Learn to use the award winning app Paper by FiftyThree. No art or digital art experience is required. This app is fun and easy to learn! With Claire Iris Schencke. Sat's., Oct. 18 & 25, 1-4 p.m. OLLI members \$55/non-members \$80. OLLI: www.humboldt.edu/olli. (O-1009)

FOSSILS & EVOLUTION: LIFE THROUGH TIMES. Look at the evolution of life from the origin of the Earth to recent times. With Richard A. Paselk. Tues's. and Thurs's., Oct. 7-23, 6-8 p.m. at the HSU Natural History Museum. OLLI members \$75/non-members \$100. OLLI: www.humboldt.edu/olli, 826-5880. (O-1002)

GENTLE YOGA. Learn the basic foundation, the use of props, correct alignment, conscious, relaxed breathing and all of the basic stretches. With Patricia Starr. Mon's., Oct. 6-27, 1-2:30 p.m. OLLI members \$65/non-members \$90. OLLI: 826-5880, www.humboldt.edu/olli. (O-1002)

HISTORIC INNS OF THE NORTH COAST. The Histories and Hidden Stories of Local Hostelryes. Get a behind the scenes look at the Scotia Inn Thurs., Oct. 9, 1-4 p.m. Join Teresa Porter for a lecture, historic tour and afternoon tea. OLLI Members only \$40. OLLI: www.humboldt.edu/olli, 826-5880. (O-1002)

INDEPENDENT TRAVEL IN EUROPE. Discuss getting there and getting around, where to stay, health and safety issues, how to economize, what to see and how to meet people. With Barry Evans and Louisa Rogers. Thurs., Oct. 9, 6-8:30 p.m. OLLI members \$20/non-members \$45. OLLI: 826-5880, www.humboldt.edu/olli. (O-1002)

INTERCULTURAL COMMUNICATION IN THE CONTEXT OF CONTEMPORARY DIPLOMACY. Join Elena Matusevich for a discussion and analysis of the salient features of different cultures necessary for intercultural communication. Mon's., Oct. 6-20, 4-6 p.m. OLLI members \$55/non-members \$80. OLLI: 826-5880, www.humboldt.edu/olli. (O-1002)

IS THE CAMINO FOR YOU? Find out how to plan your own adventure walking the medieval pilgrimage routes of Northern Spain. Workshop includes hands-on materials, slide show, and hand-outs that cover tips on traveling light and a Spanish for Pilgrims glossary. With Carolyn Lehman. Thurs., Oct. 16, Noon-2 p.m. OLLI members \$30/non-members \$55. OLLI: www.humboldt.edu/olli, 826-5880. (O-1009)

JOY'S RUSTIC GARDEN. Repurposing with Passion. Stroll through this rustic Fortuna garden and enjoy a meditational labyrinth walk and antique garden structures. With Joy Frasier. Sat., Oct. 11, 1-4 p.m. OLLI members \$40/non-members \$65. OLLI: 826-5880, www.humboldt.edu/olli. (O-1002)



KING ARTHUR: MAN OR MYTH? Explore the legendary Arthur, a British warrior who staved off Saxon invaders around 500 AD. With Barry Evans. Tues., Oct. 7, 6-8:30 p.m. OLLI members \$20/non-members \$45. OLLI: www.humboldt.edu/olli, 826-5880. (O-1002)

LONGITUDE & THE INVENTION OF INSTRUMENTS FOR NAVIGATION. In celebration of the 300th birthday of the Longitude Act, join Richard A. Paselk to explore the history and tools of navigation with demonstrations and hands-on use of early instrument and modern replicas. Tues. and Thurs., Oct. 7-14, 10 a.m.-noon. OLLI members \$55/non-members \$80. OLLI: 826-5880, www.humboldt.edu/olli. (O-1002)

RESTORATION & RENEWAL AT REDWOOD NATIONAL & STATE PARKS. Using watershed, forest, and fish passage restoration techniques, the Lower Prairie Creek Restoration Project, being considered by RNSP, would tie the two largest stands of old-growth redwood forest back together. Join us for a discussion and an all-day fieldtrip in the parks. With Jim Wheeler. Fri., Oct. 17, noon-2 p.m., and field trip Sat., Oct. 18, 8:30 a.m.-4:30 p.m. OLLI members \$75/non-members \$100. OLLI: 826-5880, www.humboldt.edu/olli. (O-1009)

SCIENCE NEWS. Who Gives a Quark When Scientists & Journalists Collaborate or Collide? Some of the most compelling and important news stories locally and globally are rooted in science. Examine how science news is made, how you can better understand it, and how you might try writing it yourself. With Sean Kearns. Wed's., Oct. 15-Nov. 5, 6-8 p.m. OLLI members \$65/non-members \$90. OLLI: 826-5880, www.humboldt.edu/olli. (O-1009)

TAI CHI MADE EZ. Learn a short version of Tai Chi made up of simple, smooth, circular movements designed to stretch, limber, tone and strengthen the body. With Glenda Hesseltine. Mon's., Oct. 20-Nov. 24, 3-4:30 p.m. OLLI members \$70/non-members \$95. OLLI: www.humboldt.edu/olli, 826-5880. (O-1016)

ONE HUNDRED YEARS WITH THE NORTH-WESTERN PACIFIC RAILROAD. The NWP line linked the last major region of the American West to the outside world. The first session of this course starts on the very month the NWP was completed 100 years ago. With Ray Hillman. Tues's., Oct. 21 & 28, 6-8 p.m., & walking field trip on Sat., Nov. 1, 9 a.m.-4 p.m. OLLI members \$55/non-members \$80. OLLI: www.humboldt.edu/olli, 826-5880. (O-1016)

THAT'S ALL SHE WROTE: FLASH FICTION. Join Evelyn Hampton for an exploration of flash fiction and the infinite possibilities of form, style, and subject that can be found in the shortest of short stories. Mon's., Oct. 6-27, 4-6 p.m. OLLI members \$65/non-members \$90. OLLI: 826-5880, www.humboldt.edu/olli. (O-1002)

THE ARMCHAIR TRAVELER: ALL ALONG THE AVENUE. We'll look at roadside communities, examine the great groves of towering redwoods to the sinuously scenic Eel River-all this and more from the ease of our OLLI armchairs. With Jerry and Gisela Rohde. Sat., Oct. 11, 1-3 p.m. OLLI members \$30/non-members \$55. OLLI: 826-5880, www.humboldt.edu/olli. (O-1002)

WRITING AS A SPIRITUAL JOURNEY. Allow your writing practice to be an adventure into surprising and unexplored territory. Class is for individuals who have taken at least one writing course or who understand the basics of creative writing. With Bonnie Shand. Tues's., Oct. 21-Dec. 9 (no class Nov. 11 or 25), 1-3 p.m. OLLI members \$80/non-members \$105. OLLI: 826-5880, www.humboldt.edu/olli. (O-1016)

YOGA IN FORTUNA. Strengthen and stretch your muscles, improve balance and flexibility, learn breath awareness to relax the body and calm the mind. With Laurie Birdsall. Fri's., Oct. 24-Dec. 12 (no class Nov. 28), 9:30-10:45 a.m. Eel River Multi Generational Center in Fortuna. OLLI members \$80/non-members \$105. OLLI: 826-5880, www.humboldt.edu/olli. (O-1016)

Spiritual

ARCATA ZEN GROUP MEDITATION. ARCATA: **We've Moved! Sun's., 7:55 a.m. meditation is now at Trillium Dance Studio**, 855 8th St (between the Post Office and Rita's Restaurant). Dharma talks are offered twice a month. For more information call 826-1701 or visit arcatazengroup.org. EUREKA: Wed's., 5:55 p.m., First Methodist Church, enter single story building between F & G on Sonoma St, room 12. For more information call 845-8399 or visit barryevans9@yahoo.com. Beginners welcome. (S-1225)

EWAM KUSUM LING PRESENTS H.E. TULKU SANG NGAG RINPOCHE. Stupa Consecration, Green Tara and Guru Rinpoche empowerments, Refuge and Bodhisattva Vows. Oct. 18-19, Kneeland, CA. Contact Amri at EwamKSL@gmail.com or call (707) 599-4997, website: ewamkusumling.com. Suggested donation \$30 per day. All welcome. No one will be turned away for lack of funds. (S-1016)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are a diverse congregation welcoming all people. Our mission is to promote personal and spiritual growth as well as a peaceful, sustainable, and socially just world. Come see for yourself on a Sunday morning. 9 a.m. meetings include child care. Children's and teen's Religious Education classes are available during our 11 a.m. meetings. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-1002)

KDK ARCATA BUDDHIST GROUP. Under the direction of Lama Lodru Rinpoche. We practice Tibetan meditation, followed by discussion. All are welcome. For more info contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com. Sun's., 6 p.m., Community Yoga Center 890 G St, Arcata. Our webpage is www.kdkarcatagroup.org (S-1030)

MINDFULNESS MEDITATION. Mon's at Community Yoga Center, 890 G St., Arcata, 4 p.m.-5:10 p.m. Wed's at Essential Elements, 1639 Central Ave, McKinleyville, 4 p.m.-5 p.m. \$5-\$10 sliding scale. No sign-up necessary, drop-in anytime. Heidi Bourne, (707) 498-5562 mondaymindfulness.blogspot.com

SPIRIT TALK WITH REV. DIANE. All are welcome to join Rev. Diane Decker, Minister of Religious Science, for Science of Mind Spiritual Discussion, Meditation and Affirmative Prayer. Gathering every Mon. 7 p.m.-8 p.m., Isis Suite 48, Sunny Brae Center. Donations welcome. (707) 502-9217 (S-1127)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-1030)

WOMEN'S SOUL CIRCLE. With Peggy Profant & Jodie DiMinno. At Om Shala Yoga. Sat., Oct. 4, 6-10 p.m. Treat yourself to an evening of nurturing your being with yoga, sauna, singing, sharing and more! No experience necessary. Open to all women. \$30-\$50 sliding scale. 858 10th St., Arcata. 825-YOGA (9642), www.omshalayoga.com. (S-1002)

Sports & Recreation

FUTSAL WINTER SESSION REGISTRATION FOR ALL AGES. Futsal is a version of indoor soccer. Games start week of Dec. 1 - Feb. 8, games played in Eureka. Non-competitive age appropriate preschool programs for players 2-5 yrs old; youth league U6-high school; women's league. Always popular coed adult league and return of the men's competitive "Trophy League." For more info. or to register visit www.insidesports.ws. Call (707) 499-7120, Inside Sports 1685 Sutter Rd., Ste. B, McKinleyville, info.insidesports@gmail.com. Deadline is Oct. 30.

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844-442-0711. (T-1030)

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m -7:45 p.m, at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-0925)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-1030)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0228)

Vocational

BEST PRACTICES IN MANAGEMENT: INCREASING EMOTIONAL INTELLIGENCE. For truly effective leaders, emotional intelligence (EQ) is twice as important as IQ, technical skills, and cognitive skills. Learn the five components of EQ. With Janet Ruprecht. Fri., Oct. 24, 8:30 a.m.-12:30 p.m. in Eureka. Fee: \$95 (includes materials). Call HSU College of eLearning and Extended Education to register by Oct. 16. : 826-3731 or visit www.humboldt.edu/extended. (V-1016)

CHILD ABUSE MANDATED REPORTER TRAINING. With Cara Barnes, MA, and Jed Mefford, MSW. Fri., Oct. 24, 8:30 a.m.-4:30 p.m. \$40 fee includes lunch. \$25 additional for nursing or education academic credit or MFT/LCSW/LPCC CEUs. Pre-registration required by Oct. 16. Call HSU College of eLearning and Extended Education to register: 826-3731 or visit www.humboldt.edu/extended (V-1009)

MANAGING TIME, PEOPLE & PRIORITIES. A management workshop presenting tools to improve time management, prioritization, workload balance, delegations, and more. With Janet Ruprecht. Fri., Oct. 10, 8:30 a.m.-12:30 p.m. in Eureka. Fee: \$85 (includes materials). Pre-registration required. Call HSU College of eLearning & Extended Education at 826-3731 to register, or visit www.humboldt.edu/extended (V-1002)

DECOLONIZING SOCIAL WORK WITH INDIGENOUS COMMUNITIES. This online course is for current social workers and community members who work with indigenous communities. Instructor: Serenity Bowen. Course runs Oct. 20-Dec. 19. Fee: \$330 (includes 1.5 units of credit in SW 420). This course also meets a prerequisite of the online MSW program. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended (V-1009)

Wellness & Bodywork

DANDELION HERBAL CENTER. Classes with Jane Bothwell. Beginning with Herbs, Jan. 14-March 11, 2015, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. 10 Month Herbal Studies Program, Feb.-Nov. 2015, meets one weekend per month with several field trips. Learn in-depth material medica, therapeutics, flower essences, wild foods, formulations and harvesting. Plant Lovers Journey to Costa Rica with Jane Bothwell & Rosemary Gladstar, March 19-28, 2015. Let us guide you through the unsurpassed beauty and wondrous diversity of Costa Rica! Medical Cannabis Conference, April 25-26, 2015. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level. Register online www.dandelionherb.com or call (707) 442-8157. (W-1218)

JIN SHIN JYUTSU WITH DENNY DORSETT RN. Gentle, ancient, hands-on help for body and mind. \$5 lecture/demonstrations to benefit Humboldt Community Breast Health Project. Thurs., Oct. 16 and Nov. 20, 6:30 p.m - 8:30 p.m. At Arcata Wellness Center, 735 12th St., Arcata. No pre-registration. Door prize is a free private session. For info. call (707) 825-0824. (W-1009)

NEW STUDENT SPECIAL! \$25 for 3 classes! 50+ classes to choose from & free sauna when you come to class! Weekday classes offered from 7:30 a.m.-9 p.m., and open on the weekends. 858 10th St., Arcata, www.omshalayoga.com, 825-YOGA (9642). Special good for first time students to Om Shala. (W-1002)

SELF HELP WITH JIN SHIN JYUTSU. Learn how to apply this gentle, ancient art to yourself for relief of pain, stress and generally what ails you. The Tuesday series, taught by certified practitioner Denny Dorsett RN, Oct. 7, 14, 21 and 28, 6:30-8 p.m., Arcata Wellness Center, 735 12th St., Arcata. \$10 per class, \$35 for the series. (707) 825-0824 for info. (W-1023)

START YOUR CAREER IN MASSAGE THERAPY. Now enrolling. Daytime classes start September 2 at Arcata School of Massage. 650-Hour Therapeutic Massage Certification in California, and the National Exam. Our comprehensive program prepares your body, mind and heart to become a caring, confident professional massage therapist. Call 822-5223 for information or visit arcatamassage.com (W-1030)

YOGA IMMERSION & TEACHER TRAINING. With Peggy Profant and special guests, Patrick Harestand and Amy Aiello. At Om Shala Yoga. A 3-part, 100-hour Immersion into the philosophy, alignment, and principles of Anusara Yoga. Prerequisite: 30 hours Anusara class time. Starting Thurs., Nov. 6. 858 10th St., Arcata, www.omshalayoga.com, 825-9642. (W-1002)

Hypertufa Workshop

Saturday, Oct. 4th 10:30 a.m.

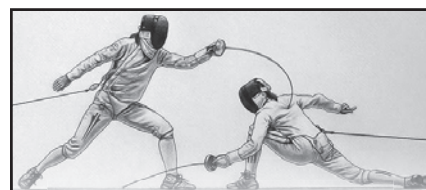
This is a hands-on workshop where we will show you how to make Hypertufa and form it into your own small trough planter. Workshop Fee \$15

Miller Farms

839-1571 • 1828 Central Ave. McKinleyville

Open Mon.-Sat. 8:30 to 5:30

Check website for more info & Cheeto's weekly specials:
millerfarmsnursery.com



North Coast Fencing Academy

Improve your mind and body in a fun, intense workout, and a very chill environment.

Adults & kids ages 8 and up.

Contact Justin (707) 601-1657
Text or Phone.

1459 M. St. Arcata.

northcoastfencingacademy@gmail.com
northcoastfencing.tripod.com

Submit Your Holiday Workshops & Classes

ONLINE



northcoastjournal.com

SUBMIT
your
CALENDAR
EVENTS
ONLINE
northcoastjournal.com
OR BY
E-MAIL
calendar@northcoastjournal.com
PRINT DEADLINE: Noon Thursday,
the week before publication

NOTICE OF PETITION TO ADMINISTER ESTATE OF JILL E. ARCHIBALD CASE NO. PR140227

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, JILL E. ARCHIBALD, aka JILL E. O'ROURKE, aka JILL E. O'ROURKE-ARCHIBALD, aka JILL O'ROURKE-ARCHIBALD, aka JILL EVONE BLAKE A PETITION FOR PROBATE has been filed by PARKER WALWORTH In the Superior Court of California, County of Humboldt. THE PETITION FOR PROBATE requests that PARKER WALWORTH Be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on October 9, 2014 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept. 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Catherine M. Koshkin, Esq., CSB #149503 Koshkin Law Firm 1116 Eleventh Street Arcata, CA. 95521 (707) 822-2800 September 11, 2014 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

9/18, 9/25, 10/2, 2014 (14-272)

PUBLIC NOTICE PROPERTY TAX DUE

John Bartholomew, Humboldt County Tax Collector, gives notice that regular secured tax bills will be mailed on or before September 25, 2014, to all property owners, at the addresses shown on the tax roll. If you own property in Humboldt County and do not receive a tax bill by October 15, contact the Tax Collector's office, 825 Fifth Street, Room 125, Eureka, Ca. 95501 or call (707) 441-2030. Failure to receive a tax bill does not relieve the taxpayer of the responsibility to make timely payments.

The FIRST INSTALLMENT of 2014-15 taxes are due and payable on November 1, 2014, and will become delinquent if not paid by 5:00 p.m. on December 10, 2014; thereafter a 10% penalty will be added, plus any applicable fees.

The SECOND INSTALLMENT will be due on February 1, 2015 and, if not paid by 5:00 p.m. on April 10, 2015, a 10% penalty and \$20 cost charge will be added, plus any applicable fees.

BOTH INSTALLMENTS MAY BE PAID when the first installment is due.

SUPPLEMENTAL TAX BILLS are an additional tax liability due to a reassessment of your property value and are due on the date the bill is mailed to you. Please check the supplemental tax bill delinquent dates to be sure to pay the taxes in a timely manner to avoid penalties & costs.

Payments may be made by mail sent and made payable to the Humboldt County Tax Collector, 825 Fifth Street, Room 125, Eureka, Ca. 95501 and must be U. S. Post Office POSTMARKED BY THE DELINQUENT DATE to avoid late penalties. Payments may also be made in person at the County Tax Collector's office, 825 Fifth Street, Room 125, Eureka, Ca. 95501, between the hours of 8:30 a.m. and Noon, and 1 p.m. and 5 p.m., Monday through Friday, holidays excepted.

/s/ John Bartholomew
Humboldt County Tax Collector
Date: 9/22/2014

9/25, 10/2, 2014 (14-286)

CITATION SURROGATE'S COURT OF THE STATE OF NEW YORK COUNTY OF OSWEGO FILE NO. 2014-315

THE PEOPLE OF THE STATE OF NEW YORK BY THE GRACE OF GOD, FREE AND INDEPENDENT,

TO: TAMMY SILVA, KENDRA SILVA, LEE CONNOR AND REX CONNOR, if she/he be living; and if she/he be dead, then to her/his distributee, legatees, devisees, heirs-at law, next of kin, executors, administrators and assigns, if any there be, all of whose names, places of residence and post office addresses are unknown, and cannot after due diligence and diligent inquiry therefor be ascertained, a Petition having been duly filed by JUDITH CHILLSON (a/k/a Judy Chillson), who is domiciled at 14272 Wilde Road, Martville, New York, 13111; YOU ARE HEREBY CITED TO SHOW CAUSE before the Surrogate's Court of Oswego County, at the County Courthouse, 25 East Oneida Street, New York, 13126, on TUESDAY OCTOBER. 21, 2014 at 9:30 a.m., why a decree should not be made in the Estate of EDITH E. TOOLE, a/k/a EDITH ELIZABETH TOOLE, a/k/a EDITH ELIZABETH O'TOOLE, domiciled in the County of Oswego, ordering that Letters Testamentary be issued to JUDITH CHILLSON (a/k/a JUDY CHILLSON)

WITNESS, SPENCER LUDINGTON, Surrogate of the County of Oswego DATED, ATTESTED AND SEALED, September 12, 2014

/s/ Cheryl Blake
Chief Clerk of the Surrogate's Court
Filed September 12, 2014
Oswego County Surrogate's Court

Charles L. Falgiano, Esq.
DeFrancisco & Falgiano Law Firm
121 East Water Street
Syracuse, NY. 13202
(315) 479-9000

NOTE: This Citation is served upon you as required by law. You are not obligated to appear in person. If you fail to appear it will be assumed that you do not object to the relief requested. You have a right to have an attorney at law appear for you.

9/25, 10/2, 10/9, 10/16/2014 (14-282)

FICTITIOUS BUSINESS NAME STATEMENT 14-00274

The following person is doing Business EARTH FIRST! HUMBOLDT, Humboldt, at 1700 27th St., Arcata, CA. 95521

Amanda K. Tierney
1700 27th St.

Arcata, CA. 95521

The business is conducted by An Individual

The date registrant commenced to transact business under the fictitious business name or name listed above on n/a.

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Amanda Tierney

This statement was filed with the County Clerk of Humboldt County on September 12, 2014
CAROLYN CRNICH
Humboldt County Clerk

9/18, 9/25, 10/2, 10/9/2014 (14-274)

FICTITIOUS BUSINESS NAME STATEMENT 14-00539

The following person is doing Business AMERICAN PROPERTY MANAGEMENT, at 1225 Central Ave., Suite #12, McKinleyville, CA. 95519

Theresa L. Spears
3494 State Highway 36
Hydesville, CA. 95547

The business is conducted by An Individual

The date registrant commenced to transact business under the fictitious business name or name listed above on 8/1/2014.

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Theresa L. Spears, Broker

This statement was filed with the County Clerk of Humboldt County on September 10, 2014
CAROLYN CRNICH
Humboldt County Clerk

9/25, 10/2, 10/9, 10/16/2014 (14-282)

FICTITIOUS BUSINESS NAME STATEMENT 14-00525

The following person is doing Business BRUNELLE & CLARK CONSULTING, Humboldt, at 1636 Old Arcata Rd., Bayside, CA. 95524
Terry Clark Consulting, LLC.
1636 Old Arcata Rd.

Bayside, CA. 95524

The business is conducted by A Limited Partnership

The date registrant commenced to transact business under the fictitious business name or name listed above on n/a

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Terry Clark, Owner/Member

This statement was filed with the County Clerk of Humboldt County on September 02, 2014
CAROLYN CRNICH
Humboldt County Clerk

9/11, 9/18, 9/25, 10/2/2014 (14-268)

FICTITIOUS BUSINESS NAME STATEMENT 14-00530

The following person is doing Business BARRY'S LAWN AND GARDEN SERVICE, Humboldt, at 1200 Ridgewood Dr., Eureka CA. 95503

Barry D. Scarpellino
1200 Ridgewood Dr.
Eureka, CA. 95503

The business is conducted by An Individual

The date registrant commenced to transact business under the fictitious business name or name listed above in the year 2000.

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Barry Scarpellino, Owner/Operator

This statement was filed with the County Clerk of Humboldt County on September 05, 2014
CAROLYN CRNICH
Humboldt County Clerk

9/18, 9/25, 10/2, 10/9/2014 (14-269)

THE 2014 COMPLETE RESTAURANT GUIDE

ON NEWSSTANDS:



ON THE-GO:

m.northcoastjournal.com



RESTAURANTS
A-Z
400+ Locations

home & garden
FIND HOME IMPROVEMENT EXPERTS
Starting on Page 19

HEY, BANDS.

Submit your gigs online:
www.northcoastjournal.com



**FICTITIOUS BUSINESS NAME
STATEMENT 14-00538**

The following persons are doing Business **ORCHARD EGGS**, Humboldt, at 2585 Wyatt Ln., Arcata, CA. 95521
Kristin E. LaFever
2585 Wyatt Ln.
Arcata, CA. 95521
David H. LaFever
2585 Wyatt Ln.
Arcata, CA. 95521
The business is conducted by A Married Couple
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a.
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Kristin LaFever, Owner
This statement was filed with the County Clerk of Humboldt County on September 10, 2014
CAROLYN CRNICH
Humboldt County Clerk

9/18, 9/25, 10/2, 10/9/2014 (14-271)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00541**

The following person is doing Business **Robins Mosaics**, at 610 Indianola Rd., Bayside, CA. 95524
Robin Friedman
610 Indianola Rd.
Bayside, CA. 95524
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a.
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Robin Friedman, Owner
This statement was filed with the County Clerk of Humboldt County on September 11, 2014
CAROLYN CRNICH
Humboldt County Clerk

9/18, 9/25, 10/2, 10/9/2014 (14-273)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00558**

The following person is doing Business **THE INDEPENDENT DIABETIC**, at 586 Indianola Rd., Bayside, CA. 95524, 2412 16th St., Eureka, CA. 95501
Laura C. Carrithers
2412 16th St.
Eureka, CA. 95501
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 10/01/2014.
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Laura C. Carrithers, Owner
This statement was filed with the County Clerk of Humboldt County on September 19, 2014
CAROLYN CRNICH
Humboldt County Clerk

9/25, 10/2, 10/9, 10/16/2014(14-285)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00547**

The following person is doing Business **REBEL FITNESS**, at 1765 I Street, Eureka, CA. 95501
Katie C. Berrey
1765 I Street
Eureka, CA. 95501
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a.
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Katie Berrey, Owner
This statement was filed with the County Clerk of Humboldt County on September 16, 2014
CAROLYN CRNICH
Humboldt County Clerk

9/25, 10/2, 10/9, 10/16/2014(14-277)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00555**

The following person is doing Business **FIG TWIG MARKET, ALPHABET SOUP PHOTOGRAPHY** Humboldt at 1939 Market St., Ferndale, CA. 95536, PO Box 451, Ferndale, CA. 95536
Gina Mobley
1939 Market St
Ferndale, CA. 95536
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a, Feb. 2010.
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Gina Mobley, Owner
This statement was filed with the County Clerk of Humboldt County on September 18, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/2, 10/9, 10/16, 10/23/2014 (14-287)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00532**

The following person is doing Business **COASTSIDE DESIGN & WOODWORKS**, Humboldt at 5345 Walnut Dr., Eureka, CA. 95503
Scott D. Peterman
5345 Walnut Dr.
Eureka, CA. 95503
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a.
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Scott Peterman, Proprietor,
This statement was filed with the County Clerk of Humboldt County on September 8, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/2, 10/9, 10/16, 10/23/2014 (14-288)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00546**

The following person is doing Business **COMPLETE ENGINE SERVICE**, at 105 H Street, Arcata, CA. 95521
Todd G. Ellingson
2939 Wood Gulch Rd.
Eureka, CA. 95503
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 5/1/05.
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Todd Ellingson, Owner
This statement was filed with the County Clerk of Humboldt County on September 15, 2014
CAROLYN CRNICH
Humboldt County Clerk

9/18, 9/25, 10/2, 10/9/2014 (14-275)

RESTAURANTS, MUSIC,
EVENTS, MOVIE TIMES,
ARTS LISTINGS, BLOGS

m.northcoast
journal.com

Bookmark the URL
and it's ready
to go, right on
your phone.



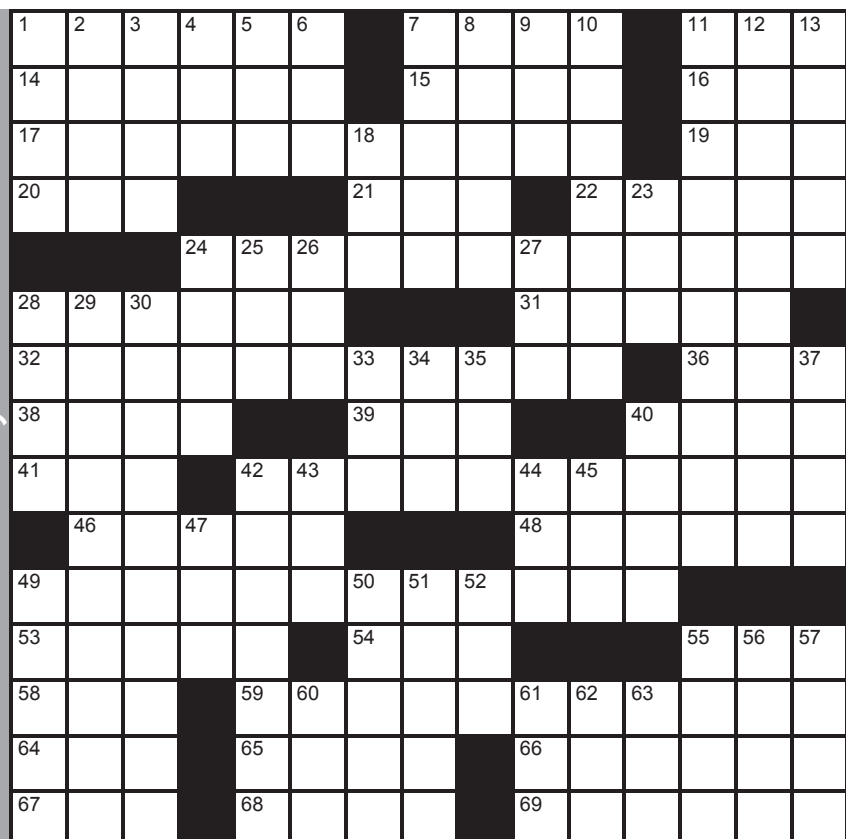
**TS# 14-2062
NOTICE OF TRUSTEE'S SALE**

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED: 11/6/08. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any shown herein. Trustor: Kevin L. Wilson, a married man, dealing with his separate property Duly Appointed Trustee: Foreclosure Specialists LLC Recorded 11/12/08 as Instrument No. 2008-26427-7 of Official Records in the office of the Recorder of Humboldt County, California, Date of Sale: Monday, October 20, 2014 at 10:30 AM Place of Sale: On the steps to the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501 The common designation of the property is purported to be: 5973 Highway 36, Carlotta, CA 95528 APN: 206-101-057 Estimated opening bid: \$333,861.65 Beneficiary may elect to open bidding at a lesser amount. The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at (530) 246-2727 or visit this Internet Web site: calforeclosures.biz, using the file number assigned to this case: TS # 14-2062. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 9/18/14 Foreclosure Specialists LLC 1388 Court Street, Ste C Redding, CA 96001 (530)246-2727 Janelle Van Bockern, Trustee Sale Officer Foreclosure Specialists LLC is assisting the Beneficiary in collecting a debt. Any and all information obtained may be used for that purpose. TAC: 970112 PUB: 9/24, 10/02, 10/09/14.

9/25, 10/2, 10/9/2014 (14-284)

SUBMIT
your
**CALENDAR
EVENTS**

ONLINE **OR BY** **E-MAIL**
northcoastjournal.com | calendar@northcoastjournal.com



©2014 DAVID LEVINSON WILK

AUTOCORRECT

ANSWERS NEXT WEEK!

ACROSS

1. Nosty
7. Word in many comedy club names
11. Hwy. lane type
14. Join a teleconference
15. Morales of "La Bamba"
16. Nail polish brand whose colors include Green-wich Village and Teal the Cows Come Home
17. Dine on wild horse?
19. Tex-
20. Personal digits: Abbr.
21. Embassy VIP
22. "All done"
24. House a bunch of desert crossers?
28. On dry land
31. ____catus (domestic cat)
32. Final song that doesn't extend the duration of a

concert by much?

36. 20% of MMMV
38. "Do ____ others as ..."
39. Dunderhead
40. "____ Flux" (2005 Charlize Theron film)
41. Big name in security systems
42. Agreement between Hollywood's Henry, Jane and Peter?
46. Large flightless birds
48. Detects
49. Heckle a Native American tribe?
53. Very, in music
54. One going [hic!]
55. Mideast org. since 1964
58. AOL or MSN
59. By suggesting the answers seen at 17-, 24-, 32-, 42- and 49-Across, a

software function that has betrayed its own name?

64. 2011 Best Supporting Actress Oscar winner
65. Exam offered four times a yr.
66. Enthusiastic response
67. Across-the-Atlantic flier of old, briefly
68. Cries out loud
69. "Easy to clean" ad catchphrase

DOWN

1. Some email attachments
2. Spanish waterways
3. Knitter's ball
4. Kind
5. Game with matchsticks
6. Bearded grassland grazer

7. "I want to try!"

8. Easy ____
9. Enthusiast
10. Part of a Mediterranean orchard
11. Sources of nostalgia
12. Music for "Don Giovanni," e.g.
13. One of Santa's reindeer
18. Droop
23. Actor Holbrook
24. Wacko
25. Where Mindy's TV friend came from
26. Actor Billy ____ Williams
27. Where to go to go to Togo: Abbr.
28. Soft shade
29. Hot-weather attire
30. Happily satisfy
33. Prefix with smoking
34. One a woman can't trust
35. Friend ____ friend

37. Neither Dems. nor Reps.

40. Side effect of steroid use
42. They may include cucumber slices
43. ____ Kosh B'Gosh
44. "Shoot!"
45. Communist leader?
47. Gay Nineties, e.g.
49. Puts behind bars
50. Founded: Abbr.
51. TV miniseries nominated for 37 Emmys
52. Like Tylenol PM: Abbr.
55. Athlete dubbed "O Rei do Futebol"
56. Some HDTV screens
57. Singer Redding
60. Troop-entertaining grp.
61. Part of BYOB
62. Pooh pal
63. ____ and Coke

LAST WEEK'S ANSWERS TO TWO TON



su | do | ku

© Puzzles by Pappocom

V. EASY #34



www.sudoku.com

classified EMPLOYMENT

Clubs/Orgs

YOU'RE INVITED!

House of Prayer
Manila Holiness Church
1820 Peninsula Drive, Manila,
(707) 443-5407, Pastor Phillip
Stephens. Sunday School, 10 a.m.,
Sunday Worship, 11 a.m.
Sun. Evening Service, 6 p.m.
Thurs. Evening Service, 7 p.m.

Opportunities

\$1,000 WEEKLY!!

MAILING BROCHURES From
Home. Helping home workers
since 2001. Genuine Opportunity.
No Experience required.
Start Immediately
www.mailingmembers.com
(AAN CAN) (E-1016)

AFRICA, BRAZIL WORK/STUDY!

Change the lives of others and
create a sustainable future. 1, 6, 9,
18 month programs available.
Apply now!
www.OneWorldCenter.org
(269) 591-0518
info@OneWorldCenter.org
(AAN CAN) (E-1010)

HOME CAREGIVERS PT/FT.

Non-medical
caregivers to assist
elderly in their homes.
Top hourly wages.
(707) 362-8045. (E-1030)



KITCHEN AIDES & HOUSEKEEPERS

P/T & On-Call to join team
at behavioral health center.
Must pass DOJ & FBI back-
ground check. Wage starts at
\$9.50/hr. EEO/AA/Minority/
F/Vet/Disability Employer.
2370 Buhne St, Eureka

NURSES AIDE, FULL-TIME

Current/previous CNA pref. Exp.
working w/elderly or disabled
pref. App./job desc. can be
picked up at Adult Day Health
Care of Mad River Apps.
accepted until position filled.
(707) 822-4866
adh@madriverhospital.com

AMERICAN STAR
PRIVATE SECURITY.

Is Now Hiring. Clean record.
Drivers license required. Must
own vehicle. Apply at 922 E
Street, Suite A, Eureka
(707) 476-9262. (E-1016)

Opportunities



14 W. Wabash Ave.
Eureka, CA 268-1866
eurekaca.expresspros.com

**Painters • Bookkeepers • Janitorial
Caregiver • Payroll • A/P • Carpenters
Class A Driver • Medical Assistants
Medical Billers • Laborers
Admin Assistants • Medical Records**

H I R I N G ?



**Southern Humboldt Community Healthcare
District is now accepting applications for:**

CLINICAL LAB SCIENTIST

Full time, flexible schedule, \$79,040-\$101,920/annually plus
on-call and call pack pay plus benefits package

ADVANCED PRACTITIONER

Physician's Assistant or Family Nurse Practitioner,
flexible schedule with competitive pay and benefits.

LICENSED VOCATIONAL NURSE

Per Diem, starting pay \$20/hour

CERTIFIED NURSING ASSISTANT

Full time, 3 12 hours shifts, starting pay \$13/hour plus benefits

COMMUNITY OUTREACH WORKER

Per Diem, 4/hours a day, 5 days/week, based out of
the Redway FRC, \$14/hour

Visit www.shchd.org for more information and to apply
Or call (707) 923-3921 ext. 230

County of Humboldt
**DEPUTY DIRECTOR
SHERIFF'S ADMINISTRATION**
\$5,703 - \$7,318 Monthly

The Humboldt County Sheriff's Department is looking
for a Deputy Director of its Administration division,
which includes management of the department's budget
as well as business office operations and activities.

The Sheriff is in search of a creative and experienced
individual to provide administrative oversight for
the department's budget and the development and
implementation of programs, policies, procedures,
standards, goals and objectives of the Sheriff's
Department administrative services and activities.
Reporting directly to the Sheriff, the incumbent
will assume an active leadership role in policy
development and the coordination and implementation
of both on-going and special projects. They will
have considerable latitude for the exercise of
independent judgment and decision making.

Education and experience should be equivalent to
graduation from a four year college or university
with major coursework in business or public
administration or a closely related field, and five
years of professional level experience in public sector
financial management and/or administration.

Filing deadline: October 24, 2014. Apply online at
www.humboldt.gov/Job-Opportunities AA/EEO.

Opportunities

CALIFORNIA MENTOR. CARE PROVIDERS needed NOW. Make extra money working from home. GREAT OPPORTUNITY. Special Needs Adults live with you. Earn up to \$3600 tax-free/mo. Bring 4 references. Must have extra bedroom, HS/GED & clean criminal record. Call Sharon today for appt! (707) 442-4500 ext 16! www.camentorfh.com. (E-1030)

PART-TIME EXPERIENCED COLLECTIONS ARCHIVIST

Humboldt County Historical Society is seeking an experienced Collections Archivist. Must be familiar with accessioning, arranging, and preserving collection materials in various formats. Ability to appraise potential donations for adherence to collection management policy criteria. Maintain and update collection records and finding aids. Prefer experience with Past Perfect or other collections management software. Please visit www.humboldthistory.org for details and to apply.



THE WATERSHED CENTER SEEKING A YOUTH PROGRAM DIRECTOR TO OVERSEE ADMINISTRATION OF THE INDIAN VALLEY SUMMER CAMP AND YOUTH CREW PROGRAMS.

Director will work directly with youth and camp counselors and be responsible for maintaining and cultivating relationships with partners. A background in recreation and experience working with youth is desirable. Requires oversight and organization of programs, budgeting, fundraising and grant writing. The ideal candidate will strengthen and develop these programs, design new project ideas, and identify partnerships and new sources of funding. This is a variable time position. Starting pay \$17/hr. To view a complete job description and application instructions visit www.thewatershedcenter.com.

Open your *heart*, Open your *home*
Become a *Mentor* today

California MENTOR is seeking loving families with a spare bedroom to support adults with disabilities. Receive free skill development, a competitive stipend, and ongoing support.

California
MENTOR
Family Home Agency

Call Sharon Border at 707-442-4500 ext. 16 or visit MentorsWanted.com



THE CITY OF EUREKA TREATMENT PLANT OPERATOR I/II

TPO I - \$2,825 - \$3,607/MO PLUS BENEFITS
TPO II - \$3,102 - \$3,960/MO PLUS BENEFITS

The City of Eureka is currently accepting applications for a full-time Treatment Plant Operator to join our team at the Elk River Treatment Plant. Duties include monitoring plant operations equipment and processes to ensure compliance with environmental and public health standards, including monitoring and making adjustments as needed to optimize efficiency.

For qualifications and to apply online please visit our website at www.ci.eureka.ca.gov.

Final filing date is: 5:00 p.m. Friday, October 10, 2014 EOE

Opportunities

County of Humboldt REVENUE RECOVERY OFFICER I

\$2,442- \$3,134 mo., plus excellent benefits

Under general supervision, investigate and pursue the collection of current and delinquent accounts involving revenues due to the County. Requires skill and experience in gathering information, evaluating data, drawing valid conclusions, developing collection strategies, and the ability to work effectively with a computerized tracking and record keeping system.

Filing deadline: Friday, October 17, 2014.

Application materials are available on-line at www.humboldt.gov/Job-Opportunities. AA/EOE



PROFESSIONAL DEVELOPMENT SPECIALIST

This full-time position plans, develops and delivers trainings to improve knowledge, skills and

practices of early education professionals; recruits and provides training/technical assistance to individuals in order to enter and/or stay in the child care field.

Degree in Early Childhood Education (ECE) or related field or degree with at least 24 units of ECE or Child Development; experience with direct service in a child care facility.

DOJ/FBI criminal history fingerprint clearance required. \$17.23/hr. Benefits: paid vacation/sick leave, holidays, insurance, and 401k retirement plan.

Application and job description available at www.changingtidesfs.org, 2259 Myrtle Ave., Eureka, CA 95501, or (707) 444-8293. Please submit letter of interest, resume, and application to Nanda Prato at the above address by 5 p.m. on **Tuesday, October 14th EOE**



The North Coast Journal is looking for a hardworking, forward thinking,
**ADVERTISING
REPRESENTATIVE**
to be part of our display sales team. Print and digital sales experience a plus.

Please email your resume to
melissa@northcoastjournal.com

Opportunities



SEQUOIA PERSONNEL SERVICES INC.

445.9461 • 2930 E Street Eureka, CA 95501

www.sequoiapersonnel.com



MARKETING COMMUNICATIONS MANAGER

Cypress Grove Chevre, an award-winning artisan cheese company, is looking for someone with a love of specialty foods to help promote brand awareness. If you are enthusiastic with exceptional communication skills, visit us at: www.cypressgrovechevre.com/grovers/employment.html for a complete job description, qualifications and instructions on how to apply.

open door

Community Health Centers

LATINO HEALTH COORDINATOR (PROMOTORE)

2 F/T Crescent City

DIETICIAN

1 F/T Crescent City

MEDICAL ASSISTANT

1 F/T Fortuna

1 P/T Arcata (Prenatal)

1 F/T Eureka

2 F/T Crescent City

REFERRAL COORDINATOR

1 F/T Arcata

MEDICAL RECEPTIONIST

1 Temp Willow Creek

RN CLINIC COORDINATOR (SUPV)

1 F/T Willow Creek

PHYSICIAN-FAMILY PRACTICE

1 F/T Eureka, 1 F/T McKinleyville, 1 F/T Crescent City

PHYSICIAN-PEDIATRICIAN

1 F/T Eureka, 1 F/T Crescent City

LVN

1 F/T Fortuna

RDA

2 P/T (20 Hours/week) Eureka

1 F/T Crescent City

DENTIST

1 F/T Willow Creek

RN

1 F/T Fortuna

Visit **www.opendoorhealth.com** to complete and submit our online application

Opportunities



EMPLOYMENT OPPORTUNITIES CHER-AE HEIGHTS CASINO

PART-TIME POSITIONS

Slot Attendant

Deli

Bus/Host

FULL-TIME POSITIONS

Line Cook

Slot Technician

Kitchen Janitor

Cher-Ae Heights Indian Community of the Trinidad Rancheria
Employment Applications available in Human Resources/Seascope/Cher-Ae Heights Casino or our website at www.cheraeheightscasino.com
Cher-Ae Heights is an alcohol and drug free workplace with required testing.

Opportunities



ON-CALL LPT, LVN, RN POSITIONS AVAILABLE

Apply at

Crestwood Behavioral Health Center,
2370 Buhne St, Eureka
www.crestwoodbehavioralhealth.com/eureka.html

SERVICE COORDINATOR (CASE MGR)

FT in Eureka, CA: Adult caseload.
MA or BA w/exp. in human services or related field. Salary \$2,783-\$3,916+ Exc. bene. Visit www.redwoodcoastrc.org for instructions. Closes 10/14/2014 at 5PM. "EOE/M-F"

Opportunities



EMPLOYMENT OPPORTUNITIES

Cher-Ae Heights Indian Community of the Trinidad Rancheria

SEASCOPE HARBOR BUSINESSES DIRECTOR, FT

Visit www.trinidadrancheria.com to acquire Job Description and Application. HR Department (707) 825-2724. In accordance with PL 93-638 American Indian Preference shall be given. Trinidad Rancheria is an Alcohol and Drug Free Workplace with req'd testing.



EDUCATION: EQUAL OPPORTUNITY TITLE IX

For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039. (E-1016)



Art & Collectibles



Fire Arts Center
520 South G Street across from the marsh
Arcata, CA 95521
www.fireartsarcata.com

Auctions

PUBLIC AUCTION

THURS. OCT 9, 5:45PM

Estate Furniture, Household Misc. + Additions incl. Wolf Range!

INFO & PICTURES AT WWW.CARLJOHNSONCO.COM
PREVIEW WEDS. 11-5, THURS. 11 ON



3950 JACOBS AVE. EUREKA • 443-4851

Clothing



FLASHBACK

116 W. Wabash • 443-3259
Weds.-Sat. 1-6 • Sun. 3-6



Community

BECOME A FOSTER PARENT.

Provide a safe and stable environment for youth 13-18 for them to learn & grow in their own community. Contact the HC Dept. of Health & Human Services Foster Care Hotline (707) 441-5013, ask for Peggy

Merchandise

KILL ROACHES! Buy Harris Roach Tablets. Eliminate Roaches-Guaranteed. No Mess, Odorless, Long Lasting. Available at Ace Hardware, The Home Depot, homedepot.com (AAN CAN) (M-1023)

Merchandise

VIDEO GAMING, TV'S, PHONES, CORDS & STEREO'S 1/2 OFF
DREAM QUEST THRIFT STORE
OCT. 2-8

Plus: Quarter Rack! Tuesday Senior Discount! Friday Frenzy! Your shopping dollars help local youth realize their dreams. Willow Creek (530) 629-3006.

Miscellaneous

LQOK! Attention Sports Fans: Call for your FREE Pick today from our expert handicappers. NO Strings Attached! 21+ Call: 888-513-5639 (AAN CAN) (M-1009)

Zip Line Company FOR SALE

Contact Dave Wells
Wells Commercial
707-832-9121
dwells@wellscommercial.com



Pets & Livestock



Garage & Yard Sale



GARAGE SALE
SAT. OCT. 4,
9 A.M. - 3 P.M.

1767 Blakeslee Ave. Arcata.
We have tools, art & more.
No early birds please.

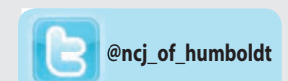
Art & Design



ART CENTER FRAME SHOP

616 Second St.
Old Town Eureka
707.443.7017

artcenterframeshop@gmail.com



Exquisite Handmade Stained Glass
Specializing in: Liturgical Commercial & Residential
MONTHLY CLASSES
820 N St., Arcata (9th St. Entrance)
(707) 633-6266
11 am-5:30 pm
jsgstudios@gmail.com
www.jsg-studios.com

m.northcoastjournal.com

RESTAURANTS, MUSIC, EVENTS, MOVIE
TIMES, ARTS LISTINGS, BLOGS



ASSISTANT STORE MANAGER IN EUREKA

North Coast Co-op is seeking an experienced Assistant Manager to ensure the highest level of service possible to North Coast's internal and external customers. To develop skills and experience needed to take on the position of Store Manager. Assist the Store Manager in managing the operations of the store, including but not limited to: building maintenance, store security and employee and shopper safety. This position is also responsible for the smooth functioning of the Front End operations of the store including the proper handling of all monetary transactions. Job description and application at: <http://www.northcoastco-op.com/about.htm#employment>. Please submit resume and letter of interest to HR at: lisalandy@northcoast.coop. Hourly wage: \$17.10-\$23.10



MID KLAMATH WATERSHED COUNCIL (ORLEANS) ACCOUNTING SPECIALIST

F/T, permanent, benefited. Applicants that can only work part time are still encouraged to apply. Competitive wages DOE. Available immediately. Open until filled, first review date 10/10/14.

Through the guidance and support of the Executive and Associate Directors, the position provides administrative support for this medium-sized non-profit organization. Applicant must have ability and willingness to understand and commit to MKWC's mission. BA in Accounting/Finance and Quickbooks preferred. At least 1-2 years of professional accounting experience, preferably in a non-profit organization. For complete description, contact MKWC or visit www.mkwc.org. Required employment application available at Mid Klamath Watershed Council, 38150 State Highway 96, Orleans, CA 95556 or email email@mkwc.org. Complete application, attach a resume and cover letter, and submit to mail@mkwc.org or PO Box 409, Orleans, CA 95556 or fax to 866-323-5561.



Art & Design



Eureka Art & Frame Co.

Professional,
prompt, and
courteous service
for over 30 years.

(707) 444-2888

EurekaArtandFrame.com

Mon - Fri: 9:00 - 5:30

1636 F Street, Eureka

One Block north of Wabash

Auto Service

CASH FOR CARS. Any Car/Truck. Running or Not! Top Dollar Paid. We Come To You! Call For Instant Offer: 1-888-420-3808
www.cash4car.com (AAN CAN) (A-1009)

YOUR ROCKCHIP IS MY EMERGENCY! Glaswelder, Mobile, windshield repair. 442-GLAS, humboldtwindshieldrepair.com (S-1225)



**HEY,
McGUINTY!**

That Facebook creep?
Outlaw inlaws? Room-
mate disaster?

Ask:
heymcguinty@
northcoastjournal.com

**THOSE RED CURLS
KNOW ALL.**

Cleaning



ARCATA'S FAVORITE
Drop-Off Wash & Fold
Quilts & Sleeping Bags
Large Capacity Machines
12th & G, Arcata
OPEN EVERY DAY
707.825.6802
emeraldcitylaundry.com

CLARITY WINDOW CLEANING.
Services available. Call Julie 839-1518. (S-1030)

Computer & Internet



**YOUR ELECTRIC SECRETARY
HAS DIGITAL WORLD
UNDER HER THUMB!**
Resumes, Love Letters,
Final Drafts...
Keep this "Person Friday"
Busy!
(707) 822-4780
theartsqueen@gmail.com

707-840-0600

Macs for the Masses

Macintosh
peace of mind
since 1993.

Jim Elferdink
www.macsforthemasses.net



**Macintosh Computer
Consulting for
Business and Individuals**

Troubleshooting
Hardware/Memory Upgrades
Setup Assistance/Training
Purchase Advice

707-826-1806
macsmist@gmail.com

Computer & Internet



Home Services

Windows & Mac / Internet
WiFi Optimization / Upgrades
Troubleshooting and Repair
Malware Removal / Lessons

Call (707) 667-5360

Operator On-Duty 24/7

networkhelptogo.com

Serving Humboldt Since 1999!

Garden & Landscape

**ALLIANCE LAWN & GARDEN
CARE.** Affordable, Dependable,
and Motivated Yard maintenance. We'll take care of all your basic lawn needs. Including hedging, trimming, mowing, and hauling. Call for estimates (707) 834-9155. (S-1002)

PROFESSIONAL GARDENER.
Powerful tools. Artistic spirit. Balancing the elements of your yard and garden since 1994. Call Orion 825-8074, www.taichigardener.com (S-1030)

Home Repair

2 GUYS & A TRUCK.
Carpentry, Landscaping, Junk Removal, Clean Up, Moving. No job too big or small, call 845-3087 (S-1030)

HANDYMAN

Need a handyman? Tired of no shows, over priced and unreliable handymen? Give me a call and let's see what I can do for you. Senior discounts. (707) 382-0923
hilliardproperty@yahoo.com

MITSUBISHI HEAT PUMPS.

Heat your house using 21st century technology. Extremely efficient, cheap to run, reasonably priced. Sunlight Heating-CA lic. #972834. (707) 502-1289, rockydrill@gmail.com (S-1030)

Legal

Kathleen Bryson Attorney

DUI & DMV Hearings
Cultivation/Possession
Juvenile Delinquency
Misdemeanors & Felonies

Former Hum. Co. Deputy DA
Member of CA DUI Lawyers Assoc.

FREE CONSULTATION

732 5th Street, Suite C,
Eureka, CA 95501
707.268.8600
info@humboldtjustice.com
www.humboldtjustice.com

Musicians & Instructors

BRADLEY DEAN ENTERTAINMENT.

Singer Songwriter. Old rock, Country, Blues. Private Parties, Bars, Gatherings of all kinds. (707) 832-7419. (M-1106)

GUITAR/PIANO LESSONS.

All ages, beginning & intermediate. Seabury Gould (707) 444-8507. (M-1225)

**PIANO LESSONS BEGINNING TO
ADVANCED ALL AGES.** 30 years joyful experience teaching all piano styles. Juilliard trained, remote lessons available. Nationally Certified Piano Teacher. Humboldtstudio.com. (707) 502-9469. (M-1030)

PIANO LESSONS. Beginners, all ages. Experienced. Judith Louise 476-8919. (M-1030)



Studio Recording & Mixing
CD Mastering, Package Design
Tapes/ LPI/ Cassette/ videotape
transferred to CD / DVD
24 track remote recording
Professional Engineer
e-mail: bongoboycd@sbcglobal.net
bongoboystudio.com
Celebrating 13 years in Humboldt County!
(707) 839-5090

Other Professionals

A'O'KAY CLOWN & NANI NATURE.

Juggling Jesters and Wizards of Play present Performances for all Ages; A magical adventure with circus games & toys. For info. on our variety of shows and to schedule events & parties. Please call us at (707) 499-5628. Visit us at circusnature.com (S-1225)

AIRBRUSH MAKEUP ARTIST COURSE.

For: Ads-TV-Film-Fashion. 40% OFF TUITION-SPECIAL \$1990-Train & Build Portfolio. One Week Course. Details at: AwardMakeupSchool.com (818) 980-2119 (AAN CAN) (S-1002)

NORTH COAST HAULING SERVICES

Trash removal, trailer towing
Local moves, pick-up/delivery
Call (415) 299-4473 (S-1009)

**PREGNANT? THINKING OF
ADOPTION?** Talk with caring agency specializing in matching Birthmothers with Families Nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions. 866-413-6293. Void in Illinois/New Mexico/Indiana (AAN CAN) (S-1002)

SOMEDAY SERVICES PROFESSIONAL ORGANIZING HUMBOLDT

Free Evaluation. Fair Rates. Compassionate, Strong, Confidential. (707) 839-4896

Laura@SomedayServices.com
www.SomedayServices.com



WRITING CONSULTANT/ EDITOR.

Fiction, nonfiction, poetry. Dan Levinson, MA, MFA. (707) 443-8373. www.ZevLev.com

Other Professionals



Knives • Blades
Shears • Trimmers
Custom Orders

At All Under Heaven
Arcata Plaza, 825-7760

Harvey's Sharp-n-Things
616-7022

IN-HOME SERVICES

We are here for you

Registered nurse support
Personal Care

Light Housekeeping

Assistance with
daily activities
Respite care
& much more

insured & bonded

Humboldt Caregivers

Serving Northern California
for over 20 years!

TOLL FREE
1-877-964-2001

Sewing & Alterations



STITCHES-N-BRITCHES.
Kristin Anderson, Seamstress. Mending, Alterations, Custom Sewing. Mon-Fri., 8 a.m. - 3 p.m. Bella Vista Plaza, Ste 8A, McKinleyville. (707) 502-5294.

Facebook: Kristin Anderson's Stitches-n-Britches. Kristin360cedar@gmail.com

FIND IT ON NEWSSTANDS AND AT LOCAL WEDDING & PARTY RETAILERS

2014
WEDDING
& PARTY
GUIDE

Search the complete directory online at
northcoastjournal.com/wedding

Printed with environmentally friendly UV inks.



The first-ever
BMW M4





The Ultimate
Driving Machine®



LOSE YOUR INNOCENCE IN 3.9 SECONDS.

THE FIRST-EVER BMW M4.
#MRATED

The BMW M4's use of weight-reducing carbon fiber allows its TwinPower Turbo engine to take you from 0 to 60 in 3.9 exhilarating seconds! Its provocative lines drop jaws and its supreme handling turns curves into straightaways.



Special lease and finance offers available by BMW of Humboldt Bay through BMW Financial Services.

Visit BMW of Humboldt Bay to experience the first ever M4

BMW OF HUMBOLDT BAY

1795 Central Avenue, McKinleyville, CA 95519 (707) 839-4269
www.bmwofhumboldtbbay.com

^{*}Acceleration claim based on BMW AG test results for the BMW M3 and BMW M4.

¹For model year 2015 or later vehicles sold or leased by an authorized BMW center on or after July 1, 2014, BMW Maintenance Program coverage is not transferable to subsequent purchasers, owners, or leasees. Please see bmwusa.com/UltimateService or ask your authorized BMW center for details.

©2014 BMW of North America, LLC. The BMW name, model names and logo are registered trademarks.

T.P. TIRE
SERVICE, INC.

Firestone

(707) 822-5191
1265 Giuntoli Lane
Arcata, CA 95521

CARS.
TRUCKS.
SUVs.
ATVs.

Tires, Wheels,
Batteries, Wipers,
Rubber Mats
& More

Local Family
Owned Since 1939.

YOUR AD HERE!

**AFFORDABLE RATES &
UNBEATABLE EXPOSURE!**

CALL 442-1400 x319

north coast
thejournal
OF POLITICS, PEOPLE AND ART

**YOUR
BUSINESS
HERE!**

**INTERESTED IN THE
JOURNAL'S AUTO SECTION?**

CALL 442-1400 x319

**AFFORDABLE RATES &
UNBEATABLE EXPOSURE!**

north coast
thejournal
OF POLITICS, PEOPLE AND ART

GRAND OPENING

RAY'S USED CARS
RUC
195 FORTUNA BLVD - FORTUNA, CA

WE HAVE MOVED!!!
TO A BIGGER AND BETTER LOCATION
195 FORTUNA BLVD.
SAME GREAT SERVICE • SINCE 1987
725-6225

05 Chevy Impala
V6, Automatic, 105338

04 Volvo XC90 T6
AWD, 7 Seater, Family Size, 123731

05 Ford Focus
4 Cylinder, Automatic, W225813

08 Ford Explorer
4x4, 7 Seater, A96382

06 Ford F150
V8, 4x4, Automatic, D51606

06 Mercury Mariner
V6, Leather, J07778

11 Toyota Corolla
Automatic, Great MPG, 546809

07 Chevy Uplander
V6, Automatic, 7 seater, D100289

08 Chevy Malibu
Automatic, Great MPG, 242633

72 Chevy Stepside
Custom IO, 112996

95 Dodge Ram 2500
135666

body, mind & spirit

CERTIFIED HYPNOTHERAPY
End bad habits; improve health
& confidence; PLRs.
(707) 825-0313
punzelle@gmail.com

**HIGHER EDUCATION FOR
SPIRITUAL UNFOLDMENT.**
Bachelors, Masters, D.D./
Ph.D., distance learning,
University of Metaphysical
Sciences. Bringing profes-
sionalism to metaphysics.
(707) 822-2111

**IF YOU USED THE BLOOD
THINNER XARELTA** and suffered
internal bleeding, hemorrhaging,
required hospitalization or a
loved one died while taking
Xarelto between 2011 and the
present time, you may be enti-
tled to compensation. Call
Attorney Charles H Johnson 1-
800-535-5727. (MB-1002)

COMMUNITY CRISIS SUPPORT:

**HUMBOLDT CO. MENTAL
HEALTH CRISIS LINE**
445-7715
1-888-849-5728

**HUMBOLDT DOMESTIC
VIOLENCE SERVICES**
443-6042
1-866-668-6543

**RAPE CRISIS TEAM
CRISIS LINE**
445-2881

**NATIONAL CRISIS
HOTLINE**
1-800 SUICIDE
(1-800-784-2433)

**NATIONAL SUICIDE
PREVENTION LIFELINE**
1-800-273-TALK

**SHELTER HOUSING
FOR YOUTH
CRISIS HOTLINE**
444-2273

**NATIONAL TESTOSTERONE
STUDY.** Seeking healthy, active
men. Do you know your levels?
Get paid to find out! All test
materials included (\$150 value).
888-331-7848 (AAN CAN)
(MB-1023)

Rachael Santsche
BSDH, RDHAP • CA License #528

Need your teeth cleaned?
**Independent Dental
Hygiene Practice**

**Accepting
New Patients**
No new patient exams or
x-rays required.
Schedule today
1085 I Street Suite 214
Arcata, CA • 845-3636
northcoastdentalhygiene.com

**NORCAL
HEALTH CARE**
NORCALMD.COM
4677 VALLEY WEST BLVD.
ARCATA
707-822-5244

**MEDICAL
CANNABIS
EVALUATIONS**

**FACILITATING PATIENT
USE OF MEDICAL
CANNABIS FOR OVER
10 YEARS.**

MICHAEL D. CAPLAN, M.D.
GARY W. BARSUASKAS, N.P.

CALL FOR
WALK-IN AVAILABILITY
VETERAN // SENIOR // SSI DISCOUNTS

24/7 VERIFICATION BY
WHOLELIFE MEDICAL
SYSTEMS

confidential & compassionate
**MENTION AD
FOR DISCOUNT**

**Loving Hands,
Institute of Healing Arts**



**MASSAGE
THERAPY**
Private Practice,
CA State Licensed School,
Continuing Education,
Career Training in
Holistic Health Education

Mon.-Fri. 11 a.m. to 7 p.m.
Sat. 10 to 5; Sun. 1 to 5
725-9627
739 12th St., Fortuna
www.lovinghandsinstitute.com

**Low Cost
215 Evaluation
Center**
All Renewals Starting At

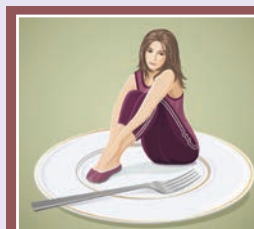
\$80

**Renew Your 215
From Any Doctor
or Clinic For Less**

Walk-ins Welcome
Wed & Sat 11-5pm

**Special discount
for Seniors, SSI,
Veterans & Students**
Natural Wellness Center

MC²
Medical Cannabis
Consultants (707) 407-0527
508 I Street, Eureka
(across from MC Court House)



**Treating Bulimia,
Anorexia, Binge-Eating.**
Kim Moor, MFT
#37499
Call 441-1484

**North Coast
Medical**
Diane Dickinson, MD



(707) 826-1165
northcoast-medical.com

Ongoing Classes
Workshops
Private Sessions

Diana Nunes Mizer
Parent Educator



**Conscious
Parenting**
skills & support to
help families
grow & thrive

707.445.4642
consciousparentingsolutions.com

Massage Therapy
Eminence Organic Facials
Therapeutic Foot Treatments
Pedicures & Manicures
Waxing & Sugaring



souttosoulspa.com
822-7685(SOUL)
10th Street in Arcata

**sacredbodies
PILATES & DANCE**
**New Fall
Class Schedule**

Private training by
appointment.

(707) 268-0437
www.sacredbodiespilates.com
525 E Street, Eureka

TRUE MOTION FITNESS
A unique approach
to movement health

featuring
**Muscle Activation
Techniques™**

A systematic approach to
strengthen, stabilize and
reduce stress at joints and
surrounding muscle tissue

**Gym Memberships
Personal Training**

(707) 822-3018
info@truemotionfitness.com
www.truemotionfitness.com
901 O St, Suite B, Arcata

**PLACE YOUR
OWN AD AT:**
classified.northcoast
journal.com

Apartments for Rent

HUMBOLDT PLAZA APTS.

Opening soon available for
HUD Sec. 8 Waiting Lists for
2, 3 & 4 bedrm Apts.

Annual Income Limits:

1 pers. \$20,100; 2 pers. \$22,950;
3 pers. \$25,800; 4 pers. \$28,650;
5 pers. \$30,950; 6 pers. \$33,250;
7 pers. \$35,550; 8 pers. \$37,850.

EHO. Hearing impaired: TDD Ph#
1-800-735-2922. Apply at Office:
2575 Alliance Rd. Arcata,
8am-12pm & 1-4pm, M-F
(707) 822-4104

Roommates

ALL AREAS ROOMMATES.COM.
Lonely? Bored? Broke? Find the
perfect roommate to comple-
ment your personality and
lifestyle at Roommates.com!
(AAN CAN) (R-0122)

Comm. Space for Rent

S & W PROPERTIES, LLC.
Commercial space for lease in
downtown Eureka. Parking
included, close to courthouse,
post office, and banks. Most util-
ities paid. Call (707) 443-2246 for
showing. (R-1016)



**What's your
food crush?**

We're looking for the best kept
food secrets in Humboldt.

Email your tip to
jennifer@northcoastjournal.com

ARCATA CUSTOM HOME

6 sunny acres off West End Road. 3 bd, two ba, plus an
office. 700 sq. ft. second unit with full bathroom and
kitchen. Oversized garage, shed and 20x20 greenhouse. The
yard is deer fenced and features 25 mature fruit trees and
25 blueberry bushes with automatic irrigation throughout.
\$599,000



**KRIS
SUNDEEN**

DRE License# 01438846
HumboldtCountyProperty.com
"Making Real Estate Dreams a Reality."
Cell: 707-498-4429



**KAREN
ORSOLICS**

DRE License# 01200980
ArcataProperty.com
"The best move you'll ever make."
Cell: 707-834-1818



EUREKA 4-PLEX

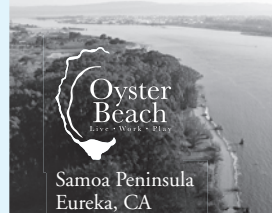
Eureka 4-plex featuring spacious two bedroom units with
patio/deck. Upgrades include newer flooring and paint in
two units. Located close to shopping. \$395,000

Vacation Rentals

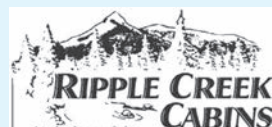
BEACHFRONT VACATION RENTAL

romantic
14 secluded acres
rustic chic

www.oysterbeach.info
(707) 834-6555



Samoa Peninsula
Eureka, CA



At the base of the
TRINITY ALPS
WILDERNESS AREA

Getaway in beautifully
furnished cabins, on
the Upper Trinity River.
Hike, bike, fish or just
relax in seclusion.

OPEN YEAR ROUND

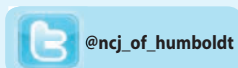
(530) 266-3505
(510) 531-5315

Acreage for Sale



WILLOW CREEK PROPERTY.

1.33 acres, Willow Creek Community Service District Water, underground power & phone at property. R-2 soils report and perk tested. Approved septic system design by Trinity Engineering. Property is zoned RST. Property is located off Highway 299 on private road one mile east of Willow Creek. Ready to build. \$89,900 will consider offers. (530) 629-2031



m.northcoastjournal.com

RESTAURANTS, MUSIC, EVENTS, MOVIE
TIMES, ARTS LISTINGS, BLOGS

Business for Sale



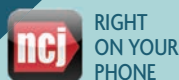
HENDERSON CENTER BICYCLES BUSINESS FOR SALE

New bike sales, repairs, clothing, accessories & parts. Great potential, large local following, owner looking to retire. RE not included. Call Linda Disiere BRE#603876 (707) 845-1215 ljdisiere@gmail.com

Houses for Sale

HOME FOR SALE.

3.5 Bedroom plus loft in Eureka near Henderson Center. \$199,000. Please call (707) 444-8117.



the LAND MAN OFFICE

707.476.0435

315 P STREET
EUREKA, CA 95501
humboldtlandman.com



Charlie Tripodi
Owner,
Land Agent
BRE #01332697
707.834.3241



Kyla Tripodi
Owner,
Realtor/
Land Agent
BRE #01930997
707.834.7979



Brenden Morton
Realtor/
Land Agent
BRE# 01961360
707.845.2702



Katherine Fergus
Realtor/
Residential
Specialist
BRE# 01956733
707.601.1331



NEW LISTING!



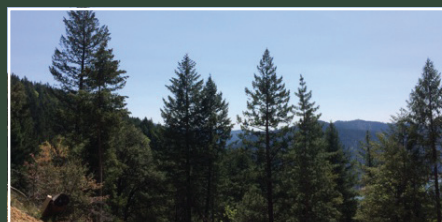
MYERS FLAT VINEYARD/WINERY \$1,685,000

A wonderful opportunity awaits! Own your own ±20 acre vineyard complete with three houses, salt water pool, indoor/outdoor tasting room, pristine ranch style wine making facility full of wine production equipment and much more. This income producing property boasts 10 acres of Dry-Farmed award winning Pinot Noir grapes, 175 young olive trees for oil, a large year round pond, two seasonal ponds, power, water storage tanks & bag, and guest trailer with a deck all located just 15 minutes from the 101! Enjoy breathtaking views while sipping on a glass of your home-produced wine from the comfort and luxury of one of the properties many decks or patios. The main house features a 1,150 square foot cellar, granite countertops, wrap-around deck, hardwood floors and a spacious floor plan. The two recently remodeled cottage style guest houses are a perfect getaway for family and friends or offer excellent rental potential! Don't let this opportunity pass you by!

DINSMORE LAND/PROPERTY \$465,000



This property is ready for anything! Comprised of two separate parcels this property boasts a turn-key one bedroom cabin, mixed timber, additional RV parking with separate septic hook-ups, a generator house with two generators and end of the road privacy. Three separate building sites have been created for you all with water and underground electric.



TRINITY LAKE LAND/PROPERTY \$220,000

This private ±30 Acre property on Bowerman Ridge is ready for you! Composed of three separate parcels, the property boasts tons of water with a year round developed spring and creek, a cleared building site with additional useable flats, two cargo storage containers, moderate timber, slopped topography from 2,800-6,500 feet, and a 15 kilo watt generator.

HYAMPOM LAND/PROPERTY \$150K - \$625K



Six parcels located above the Hyampom Valley off of Route 1. Properties feature roads, terraced topography, year round water and amazing views. Parcel sizes range from ±160 acres to ±615 acres. Call The Land Man Office today for more information!

2850 E St., Eureka
(Henderson Center),

707 **269-2400**

2355 Central Ave.,
McKinleyville

707 **839-9093**

COMMUNITY REALTY



www.communityrealty.net

Hydesville

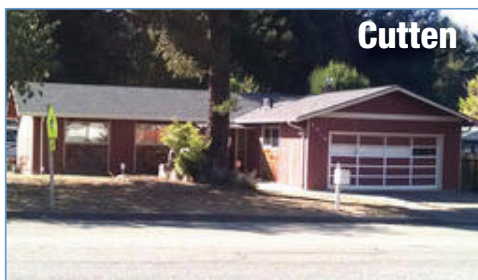


\$537,000

2 bed, 2 bath, 1,856 sq ft custom Hydesville home near end of road privacy with your own forest and creek, situated to get full sunlight, entry atrium, large remodeled kitchen/living area, gazebo

\$239,900

3 bed, 2 bath, 1352 sq ft Cutten home on oversized corner lot, remodeled kitchen and baths, fireplace w/gas insert, partially enclosed patio, newer roof, storage shed & RV access from side street



Cutten



An Association of Independently Owned and Operated Realty Brokerages

OCTOBER PROMOTIONS

WEREWOLF WEDNESDAYS

EVERY
WEDNESDAY
IN
OCTOBER!

EVERY SCRATCH CARD
IS A WINNER!

RECEIVE A SCRATCHER FOR EVERY
750 POINTS EARNED.

ONE ENTRY FOR EVERY HOUR OF
RATED TABLE GAME PLAY.

*Scratch cards must be redeemed on the same
promotion day that the points were earned.*

Guests may only win once during the promotion day.

*Scratch cards are subject to availability.
The promotion is over when the last
scratch card is distributed & redeemed.*



Web of WINNINGS

HALLOWEEN SLOT TOURNAMENT

October 31, 2014 | 6-8pm

WEAVE YOUR WAY TO
WICKEDLY COOL PRIZES!

\$10 BUY-IN | FROM 8AM

COME DRESSED IN COSTUME AND
YOUR BUY-IN WILL BE WAIVED!



RUSH IN. CASH OUT!

DRAWINGS EVERY MONDAY NIGHT | SEPT. 1-DEC. 29

EACH WINNER
WILL RECEIVE A
\$50 GIFT CARD



4 WINNERS AFTER EVERY MONDAY NIGHT GAME!

WE GOT GAME. WANNA PLAY?

800.761.2327 | bearrivercasino.com

Must be 21 years or older to enter Casino, or must be accompanied by an adult. Event and promotional details are subject to change without notice. Management reserves all rights.

BEAR RIVER
CASINO ♦ HOTEL

11 Bear Paws Way | Loleta, CA 95551

